

# Work And Power Practice Problems

CLASS 807

## Work and Power Practice

\*Please complete all work on your own notebook paper! Please show the formula, how you plugged in the numbers, and your correct answer, boxed, with units!

1. A student lifts a box of books that weighs 185 N. The box is lifted 0.800 m. How much work does the student do on the box?
2. Two students together exert a force of 825 N in pushing a car 35 m.
  - a. How much work do they do on the car?
  - b. If the force were doubled, how much work would they do pushing the car the same distance?
3. A 2.180 kg ball falls 2.5 m. How much work does the force of gravity do on the ball?
4. A forklift raises a box 1.2 m doing 7.0 kJ of work on it. What is the mass of the box?
5. A box that weighs 575 N is lifted a distance of 20.0 m straight up by a cable attached to a motor. The job is done in 30.0 s. What power is developed by the motor in watts and kilowatts?
6. A rock climber weighs 67.5 kg (mass) while scaling a cliff. After 30 minutes, the climber is 6.2 m above the starting point.
  - a. How much work does the climber do on the rope(s)?
  - b. If the climber weighs 645 N, how much work does she do lifting herself and the rope(s)?
  - c. What is the power developed by the climber in part B?
7. An electric motor develops 65 kilowatts of power as it lifts a loaded elevator 17.5 m in 35 s. How much force does the motor exert?
8. If a force of 18.0 N is used to drag a loaded cart along an incline for a distance of 0.90 meters, then how much work is done on the loaded cart?
9. If little Nellie Newton lifts her 40-kg body a distance of 0.25 meters in 2 seconds, then what is the power delivered by little Nellie's muscles?
10. An escalator is used to move 20 passengers every minute from the first floor of a department store to the second. The second floor is located 5-meters above the first floor. The average passenger's mass is 60 kg. Determine the power requirement of the escalator in order to move this number of passengers in this amount of time.

**Work and power practice problems** are essential for students and professionals alike who want to deepen their understanding of physics principles. These concepts are foundational in both academic and real-world applications, impacting fields from engineering to environmental science. Mastering work and power requires not only theoretical knowledge but also the ability to solve a variety of problems. In this article, we will explore essential definitions, formulas, types of problems, and provide practice problems with solutions to enhance your skills in this critical area of physics.

## Understanding Work and Power

### What is Work?

In physics, work is defined as the transfer of energy that occurs when a force is applied over a distance. The formula for calculating work (W) done is:

$$W = F \cdot d \cdot \cos(\theta)$$

Where:

- $(W)$  = Work (measured in Joules)
- $(F)$  = Force applied (in Newtons)
- $(d)$  = Distance moved in the direction of the force (in meters)
- $(\theta)$  = Angle between the force and the direction of motion

For work to be done, the force must cause movement. If the object does not move, or if the force is perpendicular to the direction of motion, then no work is done.

## What is Power?

Power is the rate at which work is done or energy is transferred over time. The formula for power (P) is given by:

$$P = \frac{W}{t}$$

Where:

- $P$  = Power (measured in Watts)
- $W$  = Work done (in Joules)
- $t$  = Time taken (in seconds)

Essentially, power measures how quickly work is done.

## Types of Work and Power Problems

### Common Problem Types

When practicing work and power problems, you may encounter various types, including:

- **Constant Force Problems:** Problems where a constant force is applied, and the distance moved is known.
- **Inclined Plane Problems:** Situations involving objects moving up or down a slope.
- **Variable Force Problems:** Problems where the force changes as the object moves.
- **Power Calculation Problems:** Scenarios where you need to calculate the power based on work done over time.

## Practice Problems

## Problem 1: Constant Force

A person pushes a box with a constant force of 50 N. If the box moves 10 meters in the direction of the force, how much work is done?

Solution:

Using the formula  $( W = F \cdot d )$ :

$$\begin{aligned} & [ \\ W &= 50 \text{ N} \cdot 10 \text{ m} = 500 \text{ J} \\ & ] \end{aligned}$$

## Problem 2: Inclined Plane

A 20 kg crate is pushed up a frictionless ramp that makes a 30-degree angle with the horizontal. If the crate is moved 5 meters up the ramp, how much work is done against gravity?

Solution:

First, calculate the gravitational force acting on the crate:

$$\begin{aligned} & [ \\ F_g &= m \cdot g = 20 \text{ kg} \cdot 9.81 \text{ m/s}^2 = 196.2 \text{ N} \\ & ] \end{aligned}$$

The work done against gravity (W) is given by:

$$\begin{aligned} & [ \\ W &= F_g \cdot d \cdot \sin(\theta) = 196.2 \text{ N} \cdot 5 \text{ m} \cdot \sin(30^\circ) \\ & ] \end{aligned}$$

Since  $( \sin(30^\circ) = 0.5 )$ :

$$\begin{aligned} & [ \\ W &= 196.2 \text{ N} \cdot 5 \text{ m} \cdot 0.5 = 490.5 \text{ J} \\ & ] \end{aligned}$$

## Problem 3: Variable Force

A spring exerts a force of 100 N when compressed by 0.5 m. If the spring is compressed further to 1 m, calculate the work done on the spring.

Solution:

The work done on a spring can be calculated using the formula:

$$\begin{aligned} & [ \\ W &= \frac{1}{2} k x^2 \\ & ] \end{aligned}$$

Where  $( k )$  is the spring constant. To find  $( k )$ :

$$\begin{aligned} & [ \\ F &= kx \rightarrow k = \frac{F}{x} = \frac{100 \text{ N}}{0.5 \text{ m}} \\ & = 200 \text{ N/m} \\ & ] \end{aligned}$$

Now calculate work done when compressed from 0.5 m to 1 m:

```
\[
W = \frac{1}{2} k (x_f^2 - x_i^2) = \frac{1}{2} \cdot 200 \, \text{N/m} \cdot
(1^2 - 0.5^2)
\]
\[
W = 100 \cdot (1 - 0.25) = 100 \cdot 0.75 = 75 \, \text{J}
\]
```

## Problem 4: Power Calculation

A machine does 2000 J of work in 10 seconds. What is the power output of the machine?

Solution:

Using the power formula:

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\[
P = \frac{W}{t} = \frac{2000 \, \text{J}}{10 \, \text{s}} = 200 \, \text{W}
\]
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## Conclusion

Understanding and practicing work and power problems is crucial for anyone studying physics. These concepts are not only significant in theoretical discussions but also play a vital role in practical applications across various fields. By working through problems such as those presented above, students can gain confidence and proficiency in applying these foundational principles. Keep practicing, and soon you'll find yourself adept at tackling even the most challenging work and power problems!

## Frequently Asked Questions

### What is the relationship between work, power, and energy in physics?

Work is defined as the energy transferred when a force is applied to an object over a distance. Power is the rate at which work is done or energy is transferred, typically measured in watts (Joules/second). The relationship can be expressed as  $\text{Power} = \text{Work} / \text{Time}$ .

### How do you calculate the work done by a force acting on an object?

The work done ( $W$ ) by a force can be calculated using the formula  $W = F \times d \times \cos(\theta)$ , where  $F$  is the magnitude of the force applied,  $d$  is the distance moved by the object in the direction of the force, and  $\theta$  is the angle between

the force and the direction of motion.

**If a 10 kg object is lifted to a height of 5 meters, what is the work done against gravity?**

The work done against gravity can be calculated using  $W = m \times g \times h$ , where  $m$  is the mass (10 kg),  $g$  is the acceleration due to gravity (approximately  $9.81 \text{ m/s}^2$ ), and  $h$  is the height (5 m). Thus,  $W = 10 \text{ kg} \times 9.81 \text{ m/s}^2 \times 5 \text{ m} = 490.5 \text{ Joules}$ .

**What is the difference between average power and instantaneous power?**

Average power is the total work done divided by the total time taken, while instantaneous power is the power at a specific moment in time. Instantaneous power can be calculated using the formula  $P = F \times v$ , where  $F$  is the force applied, and  $v$  is the velocity of the object at that moment.

**How can power be expressed in terms of kinetic energy?**

Power can be expressed in terms of kinetic energy (KE) using the formula  $P = d(KE)/dt$ , indicating that power is the rate of change of kinetic energy with respect to time. If an object is accelerating, the change in kinetic energy can be related to the work done and thus to the power output.

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