

# What Is The Story Of Diwali



The story of Diwali is rich with cultural significance and tradition, marking one of the most celebrated festivals in India and among Hindu communities worldwide. Diwali, also known as the Festival of Lights, typically occurs in October or November, depending on the lunar calendar. It symbolizes the victory of light over darkness, knowledge over ignorance, and good over evil. The stories behind Diwali are numerous, varying across different regions and communities, each contributing to the festival's colorful tapestry.

## Origins and Historical Significance

The origins of Diwali can be traced back to ancient India, with its roots embedded in various Hindu legends. The festival is celebrated mainly for three reasons, each associated with different deities and significant events in Hindu mythology.

# 1. The Return of Lord Rama

One of the most popular stories associated with Diwali is that of Lord Rama, his wife Sita, and his brother Lakshmana. According to the epic Ramayana:

- Exile and Battle: Lord Rama was exiled from his kingdom of Ayodhya for 14 years, during which time Sita was abducted by the demon king Ravana. Rama, with the help of Hanuman and an army of monkeys, fought a fierce battle against Ravana to rescue Sita.
- Victory and Homecoming: After defeating Ravana, Rama, Sita, and Lakshmana returned to Ayodhya. The citizens of Ayodhya celebrated their return by lighting oil lamps (diyas) to illuminate the path, symbolizing the victory of good over evil.

This story underscores the importance of righteousness and the triumph of good, making it a central theme of Diwali celebrations.

# 2. The Legend of Goddess Lakshmi

Another significant aspect of Diwali is the worship of Goddess Lakshmi, the goddess of wealth and prosperity. According to Hindu belief:

- Creation of the Universe: During the churning of the ocean (Samudra Manthan), Goddess Lakshmi emerged, bringing blessings of wealth and prosperity.
- Welcoming the Goddess: Devotees clean their homes and decorate them with rangoli and lights to welcome Lakshmi into their lives during Diwali. It is believed that she visits homes that are clean and well-lit, bestowing her blessings for the coming year.

This aspect of Diwali emphasizes the importance of cleanliness, prosperity, and the divine blessings that come with it.

### 3. The Myth of Lord Krishna and Narakasura

In some regions, Diwali commemorates the victory of Lord Krishna over the demon Narakasura. The story goes:

- Narakasura's Rule: Narakasura ruled with tyranny, capturing women and spreading fear among the people.
- Defeat by Krishna: Lord Krishna, with the assistance of his wife Satyabhama, fought and defeated Narakasura, freeing the captured women and restoring peace.

The day after Diwali is known as Naraka Chaturdashi, which pays homage to this victory.

## Regional Variations of Diwali

Diwali is celebrated in various forms across India and among the Indian diaspora, with each region adding its unique flavor to the festivities.

### 1. North India

In northern states like Uttar Pradesh and Punjab, Diwali is primarily associated with the return of Lord Rama. Celebrations include:

- Rama Leela: The enactment of the Ramayana through plays.
- Fireworks: Bursting crackers to celebrate the victory over Ravana.
- Puja and Offerings: Devotees perform Lakshmi Puja and make offerings of sweets and fruits.

## 2. South India

In southern India, particularly in Tamil Nadu, Diwali is celebrated with:

- Early Morning Rituals: People wake up before dawn to take an oil bath, believed to purify the body and soul.
- Naraka Chaturdashi: Celebrating the defeat of Narakasura with rituals and prayers.
- Sweets and Savories: Special dishes like sweets made of rice flour and jaggery are prepared.

## 3. West India

In Maharashtra and Gujarat, Diwali is marked by:

- Gudi Padwa: The festival starts with the raising of the Gudi (a decorated pole) symbolizing victory and prosperity.
- Dhanteras: The day before Diwali is celebrated as Dhanteras, marking the beginning of the festival of lights, where people buy gold and silver items as a sign of wealth.

## 4. East India

In West Bengal, Diwali coincides with Kali Puja, where:

- Worship of Goddess Kali: Devotees perform elaborate rituals to honor the fierce goddess.
- Bonfires and Celebrations: The night is illuminated with lamps, and people gather for festive meals.

# Celebratory Practices and Traditions

Diwali is not just about the stories and legends; it is a festival filled with vibrant traditions and practices that bring families and communities together.

## 1. Cleaning and Decorating Homes

In preparation for Diwali:

- Deep Cleaning: Homes are thoroughly cleaned to welcome prosperity.
- Decorations: People adorn their homes with colorful rangoli, flower garlands, and lights.

## 2. Lighting Diyas and Candles

Lighting diyas symbolizes the triumph of light over darkness. Families place them in windows, doorways, and balconies, creating a beautiful display that can be seen from afar.

## 3. Fireworks and Celebrations

Fireworks are an integral part of Diwali celebrations.

- Bursting Crackers: Families often gather to burst crackers, creating a festive atmosphere.
- Public Displays: Many cities hold public firework displays that attract large crowds.

## 4. Sweets and Feasting

Food plays a vital role in Diwali celebrations. Families prepare various sweets and savory snacks:

- Traditional Sweets: Sweets like laddoos, barfis, and jalebis are made and exchanged among friends and relatives.
- Feasting Together: Sharing meals with family and friends strengthens bonds and adds to the festive spirit.

## Modern-Day Observances

With the passage of time, Diwali has evolved, but its core essence remains intact.

### 1. Global Celebrations

Diwali is celebrated by Hindus around the world, including in countries like Nepal, Sri Lanka, Malaysia, and even in Western nations such as the United States, Canada, and the UK.

- Cultural Events: Many communities organize fairs, cultural programs, and religious ceremonies to celebrate Diwali.
- Public Awareness: Cities often light up buildings and hold Diwali events to promote cultural diversity.

### 2. Eco-Friendly Practices

In recent years, there has been a growing emphasis on environmentally friendly practices during Diwali.

- Green Crackers: Many are opting for eco-friendly fireworks that produce less noise and pollution.
- Sustainable Decorations: Using natural materials for decorations is becoming popular.

## **Conclusion**

The story of Diwali is a beautiful amalgamation of mythology, culture, and tradition. It transcends religious boundaries, uniting people in the spirit of joy, hope, and renewal. Regardless of the different stories and regional variations, the essence of Diwali remains the same: a celebration of light, love, and the triumph of good over evil. As families come together to honor their traditions, they not only reinforce bonds with one another but also pass down the rich legacy of this magnificent festival to future generations. Diwali is not just a festival; it is a reminder of the light that exists within each of us, waiting to shine through the darkness.

## **Frequently Asked Questions**

### **What is the origin of Diwali?**

Diwali, also known as the Festival of Lights, has its origins in ancient India and is celebrated by various religions, including Hinduism, Jainism, Sikhism, and Buddhism. Its roots can be traced back to the legend of Lord Rama, who returned to his kingdom of Ayodhya after 14 years of exile and defeating the demon king Ravana.

### **Why is Diwali celebrated by Hindus?**

For Hindus, Diwali symbolizes the victory of light over darkness and good over evil. It particularly commemorates the return of Lord Rama to Ayodhya, the victory of Goddess Durga over the buffalo demon Mahishasura, and the worship of Goddess Lakshmi, the deity of wealth and prosperity.

## **What do people do during Diwali?**

During Diwali, people clean and decorate their homes, light oil lamps (diyas), set off fireworks, perform prayers (puja) to deities like Lakshmi and Ganesh, exchange gifts and sweets, and participate in family gatherings and community celebrations.

## **What is the significance of lighting diyas during Diwali?**

Lighting diyas during Diwali symbolizes the dispelling of darkness and ignorance. It is believed that the light from the diyas invites the goddess Lakshmi into homes, bringing wealth and prosperity.

## **How do different religions celebrate Diwali?**

While Diwali is predominantly a Hindu festival, Jains celebrate it to mark the attainment of moksha by Lord Mahavira, Sikhs commemorate the release of Guru Hargobind Ji from captivity, and Buddhists may observe it as the day of Emperor Ashoka's conversion to Buddhism. Each religion has its unique customs and rituals.

## **What are some traditional Diwali foods?**

Diwali is renowned for its delicious sweets and snacks, including ladoos, barfis, jalebis, and samosas. Families often prepare these treats at home or buy them from sweet shops to share with friends and family.

## **How has Diwali evolved in modern times?**

In modern times, Diwali has become a global festival celebrated by people of various backgrounds. While traditional customs remain, many people also focus on eco-friendly practices, reducing noise and air pollution from fireworks, and promoting charitable activities during the festival.

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