

United Way Of The Plains Resource Guide

Fall 2016

Resource Guide



A quick guide to basic services available in Sedgwick County, Kansas

- Information is provided as a community service and does not necessarily constitute endorsement or approval by United Way of the Plains.
- This is not a complete list of resources and information is updated regularly; please call us at 2-1-1 or check online for the most current listings.

Information & Referral

Connecting Point	267-3535
Federal Citizen Information Center.....	(800) 688-9889
Independent Living Resource Center.....	942-6300
Kansas Legal Services.....	265-9681
Parenting or Anger Management Resources.....	2-1-1
Aging and Disability Resource Center	(855)200-2372
Sedgwick County Developmental Disability Org.	660-7630
Center for Community Support & Research (Support Groups) ..	978-3843
Senior Info-Line.....	337-7000
Dept for Children and Families (DCF).....	267-0122
To report abuse.....	(800) 922-5330
Wichita Area Sexual Assault Center.....	263-3002
Wichita Transit Bus Schedule.....	265-7221

Shelter

Homeless Shelters/Transitional Housing

St. Anthony Family Shelter, Catholic Charities, Inc.	264-7233
Homeless Resource Center (Day Shelter).....	265-9371
Harbor House (Domestic Violence).....	263-6000
Inter-Faith Inn, Inter-Faith Ministries.....	264-8051
Salvation Army, Homeless Services.....	263-2196
TiWiconi Safe Haven (Mentally Ill by Referral Only).....	263-0006
Union Rescue Mission (Men Only).....	687-4673
YWCA Women's Crisis Center (Domestic Violence).....	267-7233

Rent & Utilities*

Center of Hope (Call Mondays 9-12 and 1-4 Only).....	267-0222
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*Applicants should be aware that requests often exceed available funding.

Furniture

His Helping Hands (by agency referral only).....	838-8528
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Clothing

Bread of Life (Tues 10am-1:45pm).....	689-6866
Dellrose United Methodist Church (by appt only).....	684-5182
Table of Hope Community Church (Tues 1-4 pm).....	267-1852
His Helping Hands (Sat 9-11:30am).....	838-8528
Immanuel Baptist Church (Thurs 9-11am).....	262-1452
Jehovah Jireh (Thurs/Fri 1-4pm & Sat 9am-12pm).....	312-9903
Klothes Kloseet (Mon, Wed, Fri 9am-2pm).....	265-9371
P.I.N. - People In Need (Wed 11am-1pm).....	263-7623

Food

Food Pantries

Bread of Life (Tues 10am-1:45pm).....	689-6866
Our Daily Bread - CC (8-10am-12pm T-Th & 2 nd /4 th Sat).....	264-8344
Community Food Ministry (M-F 9:00-11:45am & 1:00-3:45pm).....	267-4201
Table of Hope Community Church (Tues 1-4pm).....	267-1852
Helping Hands (2nd and 4th Thurs 1-3pm Jan-Oct).....	262-3425
His Helping Hands (1 st & 3 rd Tues 4:30-6:30pm).....	838-8528
Salvation Army (call for specifics).....	263-2769
Simple House (11am-1:30pm M, 9-10am-12:30pm Tues).....	303-9994
Union Rescue Mission (by appt. only).....	687-4673
Westside Good Neighbor Center (8:30-11:30 Wed & Fri).....	942-7349

Hot Meals/Sack Lunch/Dinner

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
5	1,2,5,7,10	1,5,6,7,11	1,5,7,8	1,3,5,7	1,4,5	5,9,12
1 Homeless Resource Center, 402 E. 2 nd N.....	265-9371					
Lunch served; must sign-up by 11:30 a.m. For homeless only.						
2 College Crest Church of Christ, 2615 N Wellsley.....	686-1981					
Lunch served 11 a.m. - 1 p.m.						
3 Grant Chapel, 2750 N. Hillside.....	685-2682					
Lunch served 12 p.m. - 1 p.m.						
4 St. Paul AME Church, 1756 N. Piatt.....	265-5881					
Lunch served 12 p.m. - 1 p.m.						
5 Lord's Diner, 520 N. Broadway and 2825 S. Hillside.....	266-4966					
Dinner served 5:30 p.m. - 7:30 p.m.						
6 Tabernacle Bible Church, 1817 N. Volusia.....	681-3954					
Lunch served 11:30 a.m. - 12:45 p.m.						
7 Episcopal Social Services, 1010 N. Main.....	269-4160					
Lunch served 11 a.m. - 12 p.m.						
8 P.I.N. - People In Need, 1201 S. Market.....	263-7623					
Lunch served 11 a.m. - 1 p.m.						
9 St. Paul Lutheran Church, 925 N. Waco.....	263-0810					
Breakfast served 8-9:30 am (except 1 st Sat of month)						
10 Chisholm Church of Christ (Heritage Park 115 E. William).....	683-1313					
Hand out dinner 5:00 pm						
11 Grace United Methodist Church, 944 S. Topeka.....	262-6195					
Dinner served at 6:15 pm						
12 First Presbyterian Church, 525 N Broadway St.....	263-0248					
Breakfast served from 8-9:30am on 1 st Saturday of the month						
Discounted Groceries						
Bethany Lutheran (Bread of Hope).....	265-7415					
Prairie Land Food.....	(800) 998-9436					
Call for sign-up and distribution locations. An affordable way to eat healthy for less. Save up to 50% on a variety of food packages.						

www.211kansas.org

Dial 2-1-1 toll free 24/7

United Way of the Plains Resource Guide is a comprehensive tool designed to connect individuals and families in need with essential services and resources in their community. The United Way of the Plains, based in Wichita, Kansas, serves as a vital link between those seeking assistance and the various programs available to support them. This article will provide an in-depth look at the United Way of the Plains Resource Guide, its purpose, the services offered, and how it can make a significant difference in the lives of those who utilize it.

Understanding the United Way of the Plains

The United Way of the Plains is a nonprofit organization that focuses on

improving lives by mobilizing the caring power of communities. With a mission to create lasting change, the organization works with various partners, including local nonprofits, businesses, and government agencies, to address critical issues such as education, health, and financial stability.

The Role of the Resource Guide

The United Way of the Plains Resource Guide serves as a centralized hub for individuals seeking assistance. It provides a wealth of information about available services, helping users navigate the often complex landscape of community resources.

Key Features of the Resource Guide

The Resource Guide offers a variety of features that enhance its usability and effectiveness:

- **Comprehensive Listings:** The guide includes a wide range of services, from food assistance and housing support to health care and educational resources.
- **User-Friendly Format:** The guide is designed to be easy to navigate, allowing users to quickly find the information they need.
- **Updated Information:** Resources are regularly reviewed and updated to ensure that users have access to the most current information.
- **Community Connections:** The guide promotes collaboration among local organizations, fostering a sense of community and support.

Services Available Through the Resource Guide

The Resource Guide encompasses a variety of services, catering to diverse needs within the community. Below are some of the primary categories of assistance available:

1. Basic Needs Assistance

Many individuals and families experience challenges related to basic necessities. The Resource Guide includes:

- **Food Pantries:** Locations where individuals can access free or low-cost food.
- **Clothing Banks:** Organizations that provide clothing and other essential items for those in need.
- **Emergency Financial Assistance:** Resources for those facing unexpected expenses, such as utility bills or rent.

2. Housing Support

Stable housing is crucial for overall well-being. The Resource Guide connects users with:

- **Homeless Shelters:** Temporary housing solutions for individuals and families experiencing homelessness.
- **Transitional Housing Programs:** Services that help people move from homelessness to permanent housing.
- **Rental Assistance Programs:** Financial support for those struggling to pay rent.

3. Health Services

Access to healthcare is fundamental for a thriving community. The Resource Guide provides information on:

- **Community Health Clinics:** Affordable healthcare options for uninsured or underinsured individuals.
- **Mental Health Services:** Resources for counseling and support for mental health issues.
- **Substance Abuse Programs:** Assistance for those recovering from addiction.

4. Educational Resources

Education plays a vital role in breaking the cycle of poverty. The Resource Guide includes:

- **Adult Education Programs:** Opportunities for adults to pursue their education, including GED programs.
- **Child Care Resources:** Information on affordable child care options for working parents.
- **After-School Programs:** Safe and constructive activities for children and youth.

How to Access the Resource Guide

Accessing the United Way of the Plains Resource Guide is simple and can be done through multiple channels:

1. Online Access

The Resource Guide is available online through the United Way of the Plains website. Users can search for specific services or browse by category.

2. Printed Copies

For those who prefer a physical copy, printed versions of the Resource Guide can often be found at community centers, libraries, and various partner organizations.

3. Community Events

United Way of the Plains frequently participates in community events where they distribute Resource Guides and provide information about available services.

Success Stories: Impact of the Resource Guide

The United Way of the Plains Resource Guide has made a lasting impact on many individuals and families in the community. Here are a few success stories that highlight its importance:

1. A Family in Crisis

The Johnson family faced eviction when Mr. Johnson lost his job. Through the Resource Guide, they found emergency financial assistance and were able to secure temporary housing while Mr. Johnson searched for new employment.

2. Overcoming Addiction

After struggling with substance abuse for years, Sarah accessed the Resource Guide and discovered local recovery programs. With support from these resources, she is now on the path to recovery and has reconnected with her children.

3. Educational Advancement

Maria, a single mother, used the Resource Guide to find adult education programs. With flexible class schedules, she was able to earn her GED and is now pursuing a college degree.

Conclusion

The **United Way of the Plains Resource Guide** is an invaluable resource that empowers individuals and families to overcome challenges and improve their lives. By connecting people with essential services in the community, the Resource Guide plays a critical role in fostering a healthier, more stable environment. Whether you are in need of assistance or know someone who is, exploring the Resource Guide can be the first step toward a brighter future. With its comprehensive listings and user-friendly format, the United Way of the Plains Resource Guide remains a beacon of hope for many in the community.

Frequently Asked Questions

What is the United Way of the Plains Resource Guide?

The United Way of the Plains Resource Guide is a comprehensive directory that connects individuals and families in need with local services and resources, including food assistance, housing support, and health services.

How can I access the United Way of the Plains Resource Guide?

You can access the United Way of the Plains Resource Guide online through their official website or by contacting their office for a printed version.

Who can benefit from the United Way of the Plains Resource Guide?

Anyone in the community facing difficulties, including low-income families, individuals experiencing homelessness, and those needing health or educational support can benefit from the guide.

What types of resources are included in the guide?

The guide includes resources for food banks, shelters, mental health services, childcare assistance, job training programs, and financial literacy workshops.

Is the United Way of the Plains Resource Guide updated regularly?

Yes, the United Way of the Plains ensures that the Resource Guide is regularly updated to reflect the latest available services and resources in the community.

Can local organizations contribute to the United Way of the Plains Resource Guide?

Yes, local organizations can submit their services for inclusion in the Resource Guide by contacting United Way of the Plains directly for guidelines.

Does the United Way of the Plains Resource Guide offer online resources?

Yes, the guide includes an online portal where users can search for resources by category, location, and need.

How does the United Way of the Plains Resource Guide help in emergencies?

In emergencies, the guide provides quick access to essential services such as

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Discover the United Way of the Plains Resource Guide

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