

True Rate Me Womens Guide



Extremely attractive (Top 0.5% of women/PSI 6) Extremely rare, this range will consist of some of the best looking women of all time, virtually every facial feature will be top tier such as great bone structure, strong projected jaw and high set and prominent cheekbones, excellent facial symmetry, excellent facial harmony, large almond eyes, full lips, smaller facial features such as a thin nose, eyebrows and chin, all signs of femininity. Excellent long straight/soft hair with a rounder softer face, intact collagen with almost perfectly clear skin all signs of youth and fertility. The face will be perfectly harmonious with majority of the facial features being feminine and working well together.

The women will usually be of a slim/toned physique with almost perfect ratios such as bust, waist, hips, legs. The body will be sexually desirable, and these women will usually be of average 7' not taller than the average woman's height. Extremely high sexual market value, virtually every man will lust after these women, these women are able to date whomsoever they want, when they want and usually consists of supermodels and actresses. Virtually never seen during the daytime and when they are seen, people will be in awe of their beauty and not a day will go by without men thinking this woman out, these women will give off a goddess like aura and will look extremely attractive with and without makeup due to incredible facial harmony and outstanding aesthetic facial features.



Very attractive (Top 2.0-2.5% of women/PSI 7.5-8) Very uncommonly seen, these women will look very attractive with and without makeup due to very high facial aesthetics. These women will have very high sex appeal/PSI and the face will consist of a multitude of attractive and feminine features, rounder large eyes with little upper eyelid exposure, high cheekbones, feminine small chin, overall soft and harmonious facial features. These women will usually have attractive bodies, usually desirable bust and upper body with great ratios/size.

This range will typically consist of the best looking women in the world and they will be desired by almost every man, these women have very broad appeal. The face will not be perfect, there maybe be one or two weaknesses/undesirable features however this is negligible as the face overall will possess good harmony and facial height to width ratio. These women are capable of super modelling, often will have some form of high status such as actresses, musicians or supermodels. Capable of dating any man due to a very attractive face with balanced features and good coloring and the overall package will be very high and wither any average woman.



Good looking (Top 5% of women/PSI 7) Somewhat uncommon and the tip of attractive females seen on a day to day basis, these women will stand out amongst the crowd and are likely to get indicators of interest from men in various social environments. These women are attractive to female model at a low to medium level and most facial features will be feminine/attractive. They may possess a few flaws such as possible bulbous nose tips, slight asymmetry or long eyelids however overall the face will be pleasant to look at and be considered attractive to a large majority of men. These women still boast very high sex and sex appeal and will still be desired by most men. They are also capable of dating the best looking men in the world/ seen on a day to day basis upwards in a hierarchy due to good looks.

Typically, will possess somewhat high social status and a large social circle and lead a very active social life never struggling in the dating environment and may get approached, messaged online or asked out several times per month by various men. Overall will be very good looking to a large majority with an attractive body and face in combination putting them well above the average woman and standing out amongst women in a crowd. Hair, skin, coloring, harmony will all be very good, and these women are often Instagram models, pinbros, attractiveness/facial beauty will be evident.



Above average/notably attractive (Top 10-20% of females/PSI 6) Usually a standard good looking female seen during the day, will possess several positive features and may possess a few negative features. In this range and upwards most women are often or possess an attractive feminine body with good ratios, good clear skin and hair signalling beauty, youth and fertility. These women are desired by many men and will never struggle in the dating scene. The face will be somewhat attractive to a lot of people and these women are also capable of dating upwards amongst the best looking men in the world due to high sex and being attractive. Combined with status these women can magnify their sex due to always being somewhat attractive and status/fame will make the woman appear a lot more attractive/desirable despite not possessing the best of the best facial features. Overall a decent harmonious face with a lot of good features that mesh well combined with a somewhat slim physique put these women well ahead of the average woman and these women will be considered the "better looking" of women seen during the day.



Slightly attractive/average. Majority of women will fall in this range the face will not be attractive per se but combined with makeup to accentuate facial features, the woman will still be considered attractive to a decent amount of people. Body may not be attractive, might be somewhat chubby and lacking good ratios/sex appeal however this woman will still have somewhat high sex and can still date upwards and attain men in the 7-8 range. A few facial flaws may be noticeable such as increased nasolabial, thin lips, asymmetry, excess upper eyelid exposure, excess lower fat, somewhat bad skin however overall the face will be somewhat attractive to a few groups of men. This woman will not stand out or have people lust after them, but they will still be considered attractive and these women are very unlikely to struggle in the dating scene.



Average/less attractive. A lot of women will fall into this range, the woman will not be considered attractive, but she will not be considered ugly either. A few noteworthy flaws will be noticeable such as a poor flat body, excess masculine facial features such as bushy eyebrows, large nose and strong chin. The face will be lacking in harmony and possess several negative facial features detracting from the woman's beauty. Might possess somewhat of a niche bold/unconventional face or style however these women are still capable of attaining men in the 6 range or so due to still having relatively high sex. These women are unlikely to struggle in the dating scene and will have immeasurable success on dating apps such as Tinder.



Unattractive/ugly. These women will be considered slightly below average or somewhat unattractive by majority of people. Many facial flaws will be noticeable, the clinically obese or overweight women will fall into this range by default. These women could still date average looking guys however they are very unlikely to be approached and messaged on a consistent basis. Overall lacking in sex appeal with many poor facial and body features detracting from sex appeal/beauty. They will not be popular, but they will still use sex appeal/good features in the face and dating will still be somewhat of a challenge, the best they could attain is an average looking guy due their low desirability.



Ugly/hidicous Every facial feature will be below average, body will more than likely be unattractive, these women will be considered ugly by most of the population, dating will be challenging for these women. There will be several critical facial flaws such as skin tone, considerable facial asymmetry, poor hair quality and the face will be lacking in any facial harmony. Consisting of ugly women likely to be avoided during the day and garner somewhat high attention due to their society outcast status.



Hidicous/monstrous Genetically deformed, will be a repulsive looking face, this woman is likely to be avoided if ever spotted during the day. Very rare and not commonly seen, every facial feature will be poor, with significant deformities and a monstrous appearance likely to repel almost every person. Dating is nearly impossible at this stage.

True Rate Me Women's Guide is a resource for women navigating the often challenging landscape of online dating and self-esteem. In an era where social media and dating apps dominate interpersonal connections, understanding how to evaluate one's worth and how to present oneself authentically can be crucial. This guide aims to empower women by providing insights into effective self-presentation, self-assessment, and the art of dating in the digital age.

Understanding Self-Assessment

Self-assessment is a critical first step in any journey of personal development, especially for women engaging in the dating scene. Knowing who you are and what you bring to the table can significantly impact your dating experience.

The Importance of Self-Reflection

Self-reflection allows individuals to understand their strengths and weaknesses. Here are some methods to facilitate self-assessment:

1. **Journaling:** Regularly write down your thoughts, feelings, and experiences. This practice can help clarify your emotions and desires.
2. **Feedback from Friends:** Seek opinions from trusted friends about your strengths and areas for improvement. Their perspectives can provide valuable insights.
3. **Personality Tests:** Consider taking personality assessments such as the Myers-Briggs Type Indicator or the Enneagram to gain a deeper understanding of your traits and preferences.

Recognizing Your Worth

Recognizing your worth is essential in the dating world. Here's how to cultivate a strong sense of self-worth:

- **Affirmations:** Use positive affirmations to reinforce your self-esteem. Remind yourself of your unique qualities and achievements.
- **Setting Boundaries:** Understand what you will and will not accept in relationships. This clarity helps you maintain self-respect.
- **Celebrate Achievements:** Regularly acknowledge and celebrate your accomplishments, no matter how small they may seem.

Building a Compelling Online Profile

In the realm of online dating, your profile serves as your first impression. Crafting a compelling online persona is vital.

Choosing the Right Photos

Your photos are the first thing potential matches will see. Here are some tips to select the best images:

- **Quality Over Quantity:** Use high-resolution images. Aim for 3-5 well-chosen photos rather than a large number of mediocre ones.
- **Showcase Your Personality:** Include pictures that reflect your hobbies and interests. Whether it's hiking, painting, or traveling, let your personality shine.
- **Natural Smiles:** Choose photos where you look happy and approachable. A genuine smile can attract potential matches.

Writing an Engaging Bio

A well-written bio can make a significant difference. Consider the following tips:

- **Be Authentic:** Write in your voice and be honest about who you are. Authenticity resonates with people.
- **Highlight Interests:** Mention your passions and hobbies. This can serve as a conversation starter.
- **Keep It Light:** While it's essential to be genuine, infusing humor can make your profile more engaging.

Navigating Online Dating Platforms

Once your profile is set, the next step is to navigate various online dating platforms effectively.

Selecting the Right Platform

Different dating platforms cater to different demographics and purposes. Consider these popular options:

1. **Tinder:** Best for casual dating and quick connections.
2. **Bumble:** Women make the first move, promoting a more empowering environment.
3. **Hinge:** Focuses on building meaningful relationships with prompts that encourage deeper conversations.

Communicating Effectively

Communication is key in any relationship. Here's how to communicate effectively online:

- **Start with a Question:** Begin conversations with open-ended questions to encourage engagement.
- **Be Responsive:** Timely responses show interest and investment in the conversation.
- **Know When to Move On:** If a conversation feels forced or unproductive, it's okay to disengage.

Understanding and Setting Expectations

Setting realistic expectations can help mitigate disappointments in the dating process.

What to Expect from Online Dating

Online dating can be unpredictable. Here's what to keep in mind:

- **Diverse Experiences:** Every person you meet will offer a different experience. Be open to learning and growing from each encounter.
- **Potential for Miscommunication:** Text-based communication can lead to misunderstandings. Don't hesitate to clarify intentions if needed.
- **Rejection is Normal:** Not every match will lead to a connection. Embrace rejection as a part of the dating process.

Communicating Your Intentions

Being upfront about your intentions can help align expectations. Here's how to do it:

- **State Your Goals:** Whether you're looking for something casual or a serious relationship, communicate this early on.
- **Discuss Deal Breakers:** Share any non-negotiables to avoid potential conflicts down the line.
- **Be Honest About Your Feelings:** If your feelings change, communicate openly to maintain respect and clarity.

Strategies for Successful Dates

Once you've established a connection, preparing for the date can enhance your experience.

Planning the Date

A well-thought-out date can make a lasting impression. Consider these ideas:

- **Choose Comfortable Locations:** Opt for venues where you feel at ease. A coffee shop or a casual restaurant can provide a relaxed atmosphere.
- **Engage in Activities:** Consider dates that involve activities, such as bowling or visiting a museum, to foster interaction.
- **Be Flexible:** While planning is essential, be open to spontaneous changes that may lead to unexpected fun.

Post-Date Follow-Up

The follow-up after a date can set the tone for future interactions. Here are

some tips:

- Express Gratitude: Thank your date for their time and company.
- Be Honest: If you enjoyed the date, let them know. If not, it's okay to communicate that respectfully.
- Plan the Next Step: If you felt a connection, suggest another meeting to keep the momentum going.

Conclusion

The True Rate Me Women's Guide serves as a comprehensive resource for women navigating the complexities of dating in the modern world. By focusing on self-assessment, building a compelling online profile, effectively communicating, setting expectations, and strategizing for successful dates, women can empower themselves to approach dating with confidence and authenticity. Ultimately, understanding oneself and presenting that true self to potential partners can lead to more meaningful connections and fulfilling relationships. Remember, the journey of dating is as important as the destination, so embrace the process with an open heart and mind.

Frequently Asked Questions

What is the purpose of the 'True Rate Me Women's Guide'?

The 'True Rate Me Women's Guide' aims to help women understand their worth and receive constructive feedback on their appearance, personality, and overall presence, promoting self-confidence and personal growth.

How can women use the guide to improve their self-image?

Women can use the guide by engaging with the feedback provided, reflecting on their strengths and areas for improvement, and applying the insights to enhance their self-image and personal style.

Is the feedback provided in the True Rate Me Women's Guide anonymous?

Yes, the feedback in the guide is typically anonymous, allowing women to receive honest evaluations without the influence of personal biases or social pressures.

Can the guide help women navigate social media pressures?

Absolutely, the guide offers strategies for women to critically assess social media influences, helping them distinguish between unrealistic standards and their own unique beauty and value.

What are some common misconceptions about using the True Rate Me Women's Guide?

A common misconception is that the guide promotes superficial judging; however, it actually encourages deeper self-reflection and understanding of personal worth beyond just physical appearance.

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Unlock the secrets of self-assessment with our 'True Rate Me Women's Guide.' Learn how to boost self-confidence and embrace your unique beauty. Discover how!

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