

# The Secret Life Of Walter Mitty Story



The Secret Life of Walter Mitty is a captivating narrative that explores the themes of escapism, adventure, and the search for identity. Written by James Thurber, the short story was originally published in *The New Yorker* in 1939. It tells the tale of Walter Mitty, an ordinary man who frequently escapes into a vivid fantasy life to cope with the mundaneness of his real existence. This article delves into the intricacies of the story, its characters, themes, and its impact on popular culture.

# Overview of the Story

Walter Mitty is a middle-aged man who leads a lackluster life characterized by a lack of assertiveness and a domineering wife. The narrative unfolds through a series of daydreams that Walter experiences, which transport him into thrilling and heroic roles. Each daydream serves as a stark contrast to his dull reality, highlighting his yearning for adventure and purpose.

## Structure of the Narrative

The story is structured around a series of vignettes that alternate between Walter's mundane life and his imaginative escapades. This juxtaposition serves to:

1. Illustrate Walter's Dissatisfaction: The stark contrast between his fantasies and reality emphasizes his unhappiness and unfulfilling life.
2. Highlight His Imagination: Walter's daydreams showcase his creative mind, allowing readers to see the rich inner world he inhabits.
3. Build Empathy: By presenting Walter's struggles, readers can relate to his desire for something greater, fostering a deeper connection with the character.

## Character Analysis

Walter Mitty is the central figure of the story, but several other characters contribute to the dynamics of his life and fantasies.

### Walter Mitty

Walter is depicted as a timid and ineffectual man who is often overshadowed by others, particularly his wife. His daydreams reveal his longing for courage and recognition. Some key characteristics include:

- Timid: Walter often allows his wife to dictate his actions and decisions.
- Imaginative: His vivid fantasies showcase a rich imagination that contrasts sharply with his reality.
- Lonely: Walter's escapism is a coping mechanism for his feelings of isolation and inadequacy.

### Mrs. Mitty

Walter's wife serves as a foil to his character. She is portrayed as practical and somewhat domineering, which exacerbates Walter's feelings of inadequacy. Her character highlights:

- Control: Mrs. Mitty often takes charge, leaving Walter feeling powerless.
- Lack of Understanding: She fails to recognize Walter's need for escapism and creativity, viewing him as merely ineffectual.

## Supporting Characters

Other characters, such as the doctors and the soldiers in Walter's fantasies, serve to enrich the narrative. These characters often represent authority or societal expectations that Walter feels pressured by, contributing to his desire to escape.

## Thematic Exploration

The story is rich in themes that resonate with readers, reflecting universal human experiences.

### Escapism

At its core, *The Secret Life of Walter Mitty* is a story about escapism. Walter's fantasies allow him to break free from his mundane existence and experience life as a hero. Key points related to this theme include:

- Coping Mechanism: Walter's daydreams serve as a way for him to cope with the frustrations of his daily life.
- Contrast with Reality: The stark differences between his fantasies and reality highlight the limitations of his current existence.

### Identity and Self-Discovery

Walter's journey is also one of self-discovery. Through his daydreams, he begins to confront his fears and desires. This theme can be explored through:

- The Search for Purpose: Walter's fantasies reflect his longing for a meaningful life.
- Transformation: As the narrative unfolds, Walter's character evolves, indicating a potential for change and growth.

### Conformity vs. Individuality

Walter's character embodies the struggle between societal expectations and personal desires. His fantasies are a rebellion against the conformist pressures he faces:

- Societal Expectations: Walter is often pressured to conform to the roles expected of him, such as being a dutiful husband.
- Desire for Freedom: His daydreams represent his desire to break free from these constraints and assert his individuality.

# Literary Techniques

Thurber employs various literary techniques that enhance the story's impact.

## Imagery and Symbolism

- Imagery: Thurber's use of vivid imagery brings Walter's fantasies to life, allowing readers to experience the thrill of each adventure.
- Symbolism: Walter's daydreams symbolize a longing for freedom and fulfillment, contrasting with the restraint of his everyday life.

## Humor and Satire

Thurber infuses humor throughout the narrative, often using satire to critique societal norms:

- Exaggeration: Walter's fantasies are exaggerated to the point of absurdity, highlighting the contrast with his mundane life.
- Irony: The irony of Walter's inability to assert himself in reality, despite being a hero in his fantasies, adds a comedic layer to the story.

## Impact on Popular Culture

The Secret Life of Walter Mitty has transcended its original publication, inspiring adaptations and interpretations across various media.

## Film Adaptation

In 2013, a film adaptation directed by Ben Stiller brought Walter Mitty's story to a new audience. This version expanded on the original narrative, offering a visually stunning portrayal of Walter's adventures. Key aspects of the film include:

- Visual Storytelling: The film uses breathtaking cinematography to bring Walter's fantasies to life in a way that resonates with contemporary audiences.
- Character Development: The film delves deeper into Walter's character, exploring his personal journey and the transformation he undergoes.

## Influence on Literature and Art

The story has inspired numerous authors and artists, serving as a reference for themes of escapism and imagination. Its influence can be seen in:

- Literature: Many contemporary writers draw on the theme of ordinary people leading extraordinary inner lives.
- Art: Various artists have created works that explore the dichotomy between reality and fantasy, echoing the central themes of Thurber's story.

## **Conclusion**

The Secret Life of Walter Mitty remains a timeless exploration of the human condition. Through the lens of Walter's life, Thurber captures the essence of what it means to dream and aspire for something greater. The story's themes of escapism, identity, and the struggle against conformity continue to resonate with readers today. As we navigate our own lives, Walter's journey serves as a reminder of the importance of imagination and the pursuit of one's true self. Whether through literature, film, or other forms of art, Walter Mitty's secret life encourages us to embrace our dreams and seek adventure, no matter how mundane our realities may seem.

## **Frequently Asked Questions**

### **What is the main theme of 'The Secret Life of Walter Mitty'?**

The main theme revolves around the contrast between mundane reality and the adventurous life of imagination, highlighting the importance of stepping out of one's comfort zone.

### **Who is the author of the original story?**

The original short story 'The Secret Life of Walter Mitty' was written by James Thurber and first published in 1939.

### **How does the character of Walter Mitty change throughout the story?**

Walter Mitty evolves from a timid, daydreaming man to someone who takes real-life risks, embracing adventure and challenging his own limitations.

### **What role does daydreaming play in Walter Mitty's life?**

Daydreaming serves as an escape for Walter Mitty, allowing him to cope with his mundane life and envision himself as a hero in various thrilling scenarios.

### **In what ways does the film adaptation differ from the original story?**

The film adaptation expands on Walter's character, adding more depth to his backstory, relationships, and personal journey, while also incorporating more visual adventure compared to the short story's narrative style.

## **What does Walter Mitty's character symbolize?**

Walter Mitty symbolizes the everyman who yearns for a more exciting life, representing the struggle between dreams and reality that many people face.

## **What is the significance of the title 'The Secret Life of Walter Mitty'?**

The title signifies the hidden, imaginative world that Walter creates for himself, contrasting sharply with his uninspiring real life and showcasing the duality of his existence.

## **How does the setting influence Walter Mitty's adventures?**

The settings in both the story and the film, ranging from his dull workplace to exotic locations, play a crucial role in contrasting his mundane life with his vivid fantasies, motivating his transformation.

## **What lessons can be learned from Walter Mitty's journey?**

Walter Mitty's journey teaches the importance of embracing life, pursuing one's dreams, and taking risks to achieve personal growth and fulfillment.

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