

# Temple Recommend Questions 2023

## Interview Questions for Recommends to Enter a Temple

1. Do you have faith in and a testimony of God the Eternal Father, His Son, Jesus Christ; and the Holy Ghost?
  2. Do you have a testimony of the Atonement of Christ and of His role as Savior and Redeemer?
  3. Do you have a testimony of the Restoration of the gospel in these, the latter days?
  4. Do you sustain the President of The Church of Jesus Christ of Latter-day Saints as the prophet, seer, and revelator and as the only person on the earth who possesses and is authorized to exercise all priesthood keys? Do you sustain members of the First Presidency and the Quorum of the Twelve Apostles as prophets, seers, and revelators? Do you sustain the other General Authorities and local authorities of the Church?
  5. Do you live the law of chastity?
  6. Is there anything in your conduct relating to members of your family that is not in harmony with the teachings of the Church?
  7. Do you support, affiliate with, or agree with any group or individual whose teachings or practices are contrary to or oppose those accepted by The Church of Jesus Christ of Latter-day Saints?
  8. Do you strive to keep the covenants you have made, to attend your sacrament and priesthood meetings, and to keep your life in harmony with the laws and commandments of the gospel?
  9. Are you honest in your dealings with your fellowmen?
  10. Are you a full-tithe payer?
  11. Do you keep the Word of Wisdom?
  12. Do you have financial or other obligations to a former spouse or children? If yes, are you current in meeting those obligations?
  13. If you have previously received your temple endowment:
    - a. Do you keep the covenants that you made in the temple?
    - b. Do you wear the garment both night and day as instructed in the endowment and in accordance with the covenant you made in the temple?\*
  14. Have there been any sins or misdeeds in your life that should have been resolved with priesthood authorities but have not been?
  15. Do you consider yourself worthy to enter the Lord's house and participate in temple ordinances?
- In each interview, emphasize to the applicant the need to safeguard the recommend. It must never be loaned and should be reported immediately to the issuer if lost or stolen. (See "Reporting Lost, Stolen, or Revoked Recommends" on the preceding page.)**

Temple recommend questions 2023 are an essential part of the process for members of The Church of Jesus Christ of Latter-day Saints (LDS Church) who wish to enter the temple. The temple is a sacred place for members, where they participate in ordinances that they believe are vital for their spiritual journey. To obtain a temple recommend, members must answer a series of questions that reflect their faith, adherence to church teachings, and personal conduct. This article will delve into the temple recommend questions, their significance, and the broader context within the LDS faith.

## Understanding Temple Recommends

Before exploring the specific questions, it is crucial to understand what a temple recommend is and why it holds such importance in the LDS faith. A temple recommend is essentially a certificate issued by the local church leaders that allows a member to enter the temple. It reflects the individual's worthiness and commitment to live according to the teachings of Jesus Christ and the doctrines of the LDS Church.

## The Purpose of the Temple

The temple serves several key purposes within the LDS faith:

1. **Sacred Ordinances:** Members believe that certain ordinances, such as baptisms for the dead, eternal marriages, and endowments, can only be performed in the temple.
2. **Spiritual Growth:** The temple is a place for personal revelation, meditation, and spiritual connection with God.
3. **Covenants:** Members enter into sacred covenants with God, committing to live by His commandments in exchange for blessings and guidance.

# Who Needs a Temple Recommend?

Any adult member of the LDS Church who wishes to attend the temple must hold a valid temple recommend. This includes:

- Individuals preparing for a wedding in the temple.
- Members seeking to participate in ordinances for themselves or their ancestors.
- Those engaged in personal spiritual growth and seeking guidance through temple worship.

## The Temple Recommend Interview Process

The process of obtaining a temple recommend typically involves an interview with a church leader, such as a bishop or stake president. This interview is an opportunity for the leader to assess the member's worthiness and commitment to the faith.

### Interview Structure

1. Initial Meeting: The member requests an interview with their bishop or stake president.
2. Discussion of Spiritual Life: The leader may ask about the member's spiritual habits, including prayer, scripture study, and church attendance.
3. Answering Questions: The member will be asked a series of questions designed to assess their worthiness.

## Temple Recommend Questions for 2023

As of 2023, the temple recommend questions have been updated to reflect the ongoing needs and spiritual focus of the church. While the exact wording may vary slightly across different congregations, the core questions remain largely the same. Here are the primary questions:

1. Do you have faith in and a testimony of God the Father, His Son Jesus Christ, and the Holy Ghost?
2. Do you have a testimony of the Atonement of Christ and of His role as your Savior?
3. Do you strive to keep the commandments of God?
4. Do you follow the teachings of the Church regarding the Word of Wisdom?
5. Do you pay a full tithe?
6. Do you live the law of chastity?
7. Do you support the leaders of the Church?
8. Are you honest in your dealings with your fellow men?

9. Have you been involved in any serious sins that are not resolved?
10. Do you keep the Sabbath day holy?
11. Do you actively participate in the work of the Church?

## Exploration of Key Questions

Let's explore some of these questions in more detail:

- Faith and Testimony: This foundational question aims to ensure that the member has a personal belief in the core tenets of the faith, including the nature of God and the divinity of Jesus Christ.
- Atonement of Christ: Understanding and accepting the Atonement is central to LDS theology. Members are encouraged to reflect on how this doctrine impacts their lives.
- Word of Wisdom: This question relates to health practices outlined in church teachings, including abstaining from alcohol, tobacco, and harmful substances.
- Law of Chastity: This question emphasizes the importance of sexual purity, which is a significant aspect of LDS teachings.
- Tithing: Members are expected to contribute ten percent of their income to church funds, which supports various church programs and initiatives.

## The Importance of Personal Reflection

Answering the temple recommend questions requires more than just a yes or no response. Members are encouraged to engage in personal reflection regarding their beliefs, behaviors, and spiritual health.

## Preparing for the Interview

To prepare for the interview and answer the questions authentically, members can:

- Engage in Prayer: Seeking divine guidance can help clarify personal beliefs and readiness.
- Study Scriptures: Reviewing relevant scriptures can strengthen understanding and resolve.
- Self-Assessment: Members should consider how their actions align with their beliefs.

# Consequences of Worthiness

Holding a temple recommend is not merely a privilege; it comes with responsibilities. Members who obtain a recommend are expected to live in a manner consistent with the teachings of the church.

## Benefits of Being Temple Worthy

1. **Spiritual Blessings:** Members believe that attending the temple brings spiritual growth and enlightenment.
2. **Community Engagement:** Being temple-worthy fosters a sense of belonging within the church community.
3. **Family Connections:** Many temple ordinances focus on eternal families, creating lasting bonds beyond this life.

## Challenges and Considerations

Obtaining a temple recommend can sometimes be challenging, especially for those who are struggling with specific commandments. Church leaders are encouraged to provide support and guidance to help members work through their challenges.

## Conclusion

Temple recommend questions 2023 reflect a commitment to personal faith, ethical living, and community support within the LDS Church. By participating in the temple recommend interview process, members not only affirm their beliefs but also enhance their spiritual lives and commitments. The temple stands as a beacon of hope, growth, and eternal blessings for Latter-day Saints, and the questions serve as a guide for personal refinement and spiritual development. As members continue to seek worthiness and understanding, they contribute to a vibrant, faith-driven community united in purpose and belief.

## Frequently Asked Questions

**What are the main categories of questions in the 2023 temple recommend**

interview?

The main categories include belief in God, Jesus Christ, and the Holy Ghost; adherence to the commandments; understanding and living the teachings of the Church; and commitment to service and the covenants made with God.

## **How have the temple recommend questions changed in 2023 compared to previous years?**

The 2023 questions have been streamlined for clarity, focusing more on personal faith, commitment to the teachings of the Church, and less on specific behavioral checklists.

## **Are there any new questions added to the temple recommend interview in 2023?**

No new questions were added in 2023; however, existing questions were revised for better understanding and reflection on personal faith.

## **What should individuals do if they struggle to answer a temple recommend question in 2023?**

Individuals are encouraged to speak openly with their bishop or branch president for guidance, reflection, and support in understanding the question and their own beliefs.

## **Is there a focus on mental health in the 2023 temple recommend questions?**

While mental health isn't explicitly addressed in the questions, the Church encourages members to seek help and support as part of their overall well-being and spiritual growth.

## **How often should members seek a new temple recommend according to the 2023 guidelines?**

Members are encouraged to seek a new temple recommend at least annually, but they can do so more frequently if they feel the need for personal reflection and growth.

## **Can someone with doubts about their faith still obtain a temple recommend in 2023?**

Yes, members who are struggling with doubts are encouraged to discuss these with their leaders, as the focus is on sincerity of heart and intent rather than absolute certainty.

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