

# Tbri Training Online Free 2022



Kids & Families Together



**TBRI®**  
*Caregiver*  
**TRAINING**

Trust-Based Relational Intervention® (TBRI®) is an attachment-based, trauma-informed intervention that is designed to meet the complex needs of vulnerable children. TBRI® uses Empowering Principles to address physical needs, Connecting Principles to address attachment needs, and Correcting Principles to disarm fear-based behaviors.

**Presented by TBRI® Practitioners:**  
Rachel Pletcher, LMFT  
Karina Garcia, MSW





**Dates & Time: 9:30am-3pm**

- September 16: Introduction & Overview
- September 23: Empowering Principles
- September 30: Connecting Principles
- October 7: Correcting Principles

**Location:**  **zoom**

**To Register:** call: 805-643-1446, ext. 175 or  
email: [referrals@kidsandfamilies.org](mailto:referrals@kidsandfamilies.org)

## Understanding TBRI Training: An Overview

**tbri training online free 2022** has gained significant attention as more individuals and organizations recognize the importance of trauma-informed care. TBRI, or Trust-Based Relational Intervention, is a therapeutic approach developed by the Karyn Purvis Institute of Child Development aimed primarily at helping children from hard places, including those who have experienced trauma, neglect, or abuse. This article explores TBRI, the availability of free online training in 2022, and the benefits of implementing these strategies in various settings.

# What is TBRI?

TBRI is a holistic, attachment-based, and trauma-informed intervention designed to meet the complex needs of vulnerable children. It is based on the understanding that a child's behavior is often a reflection of their emotional state, particularly when they have experienced adverse childhood experiences (ACEs). The TBRI framework operates on three key principles:

## 1. Empowering Principles

These principles focus on meeting the physical needs of the child, ensuring they have a safe and secure environment, and providing opportunities for them to gain trust and experience success.

## 2. Connecting Principles

Connecting principles emphasize the importance of building healthy relationships and trust between caregivers and children. This involves using empathy, compassion, and nurturing to foster a safe emotional environment.

## 3. Correcting Principles

These principles provide strategies for addressing behavioral issues without punitive measures. They focus on teaching children the expected behaviors through guidance and support rather than punishment.

# The Importance of TBRI Training

Training in TBRI equips caregivers, educators, and professionals with the tools and knowledge necessary to implement these principles effectively. The benefits of TBRI training include:

- Improved understanding of trauma and its effects on children
- Enhanced skills for building strong, trusting relationships
- Strategies for effectively managing challenging behaviors
- Increased awareness of the emotional and physical needs of children
- Tools for creating a nurturing and supportive environment

# Availability of Free TBRI Training Online in 2022

In 2022, numerous platforms offered free online TBRI training, making it accessible to a wider audience. This accessibility is crucial as many caregivers and professionals may not have the resources to attend in-person workshops or paid training programs.

## Where to Find Free TBRI Training

Here are some notable organizations and platforms that provided free online TBRI training in 2022:

1. **Karyn Purvis Institute of Child Development:** As the originator of TBRI, the Karyn Purvis Institute frequently offers online courses and resources for free, including webinars and video trainings.
2. **National Child Traumatic Stress Network (NCTSN):** This organization provides a variety of resources focused on trauma-informed care, including TBRI training materials and workshops.
3. **Coursera and EdX:** These platforms sometimes host courses related to TBRI and trauma-informed practices, many of which can be audited for free.
4. **Local Community Organizations:** Many nonprofits and community agencies focus on child welfare and may offer free training sessions or workshops on TBRI and related topics.

## Benefits of Online Training

Online TBRI training offers several advantages:

- **Flexibility:** Participants can complete the training at their own pace, allowing them to balance their studies with other responsibilities.
- **Accessibility:** Individuals from various geographical locations can access training without the need for travel.
- **Variety of Learning Materials:** Online platforms often provide diverse formats, including videos, articles, and interactive modules, catering

to different learning styles.

## **Implementing TBRI Strategies**

Once individuals have completed TBRI training, the next step is to effectively implement the strategies learned. Here are some practical tips for incorporating TBRI principles in various settings:

### **1. In the Home**

- Create a Safe Environment: Ensure that the home is a safe haven where children feel secure.
- Build Trust: Use consistent routines and be reliable to build a sense of trust.
- Utilize Play: Engage children in play as a means of connection and learning.

### **2. In Educational Settings**

- Train Staff: Encourage school administrators to provide TBRI training for all staff members.
- Implement a Trauma-Informed Approach: Adapt curricula and classroom management strategies to be more supportive of trauma-affected students.
- Foster Positive Relationships: Create a supportive culture in schools that prioritizes relationships.

### **3. In Professional Practice**

- Integrate TBRI in Therapeutic Practices: Therapists can incorporate TBRI principles to enhance therapeutic relationships and facilitate healing.
- Advocate for Policy Changes: Use knowledge gained from TBRI training to advocate for policies that support trauma-informed practices in various settings.
- Collaborate with Families: Work closely with families to ensure a cohesive approach to care and support.

## **Conclusion**

The demand for effective strategies to support children who have experienced

trauma has never been greater. The availability of **tbri training online free 2022** has opened doors for many caregivers, educators, and professionals to learn and implement trauma-informed practices in their work. By understanding and applying the principles of TBRI, individuals can significantly improve the outcomes for children who have faced adversity, fostering resilience and healing in meaningful ways.

As society continues to evolve in its understanding of trauma and its effects, the importance of TBRI and similar approaches will only grow. Investing time in free online training and integrating these strategies into daily practices can lead to profound changes in the lives of children and families, creating a brighter future for all.

## **Frequently Asked Questions**

### **What is TBRI training?**

TBRI (Trust-Based Relational Intervention) training is a therapeutic approach designed to help children from hard places, focusing on building trust and nurturing relationships.

### **Where can I find free TBRI training online for 2022?**

Free TBRI training resources can be found on the official TBRI website, as well as platforms like YouTube, where various organizations share training videos and webinars.

### **Is TBRI training effective for parents and caregivers?**

Yes, TBRI training is specifically designed for parents and caregivers, providing strategies to help support children with trauma histories and improve their relationships.

### **What topics are covered in TBRI training?**

TBRI training covers topics such as understanding trauma, building trust, effective communication, and practical strategies for caregiving.

### **Can I receive a certificate for completing TBRI training online?**

While some free online resources may not offer a certificate, many organizations provide certificates for completing their TBRI courses, often for a fee.

## **How long does it take to complete TBRI training online?**

The duration of TBRI training varies by program; some courses can be completed in a few hours, while more comprehensive programs may take several weeks.

## **Are there any prerequisites for TBRI training?**

There are no formal prerequisites for TBRI training, but familiarity with trauma-informed care concepts can be beneficial.

## **Is TBRI training suitable for teachers and educators?**

Absolutely! TBRI training is beneficial for educators, helping them understand and support students who have experienced trauma.

## **What is the difference between TBRI and other trauma-informed approaches?**

TBRI is unique in its focus on building trust and connection through relationship-focused strategies, whereas other approaches may emphasize more traditional behavioral techniques.

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