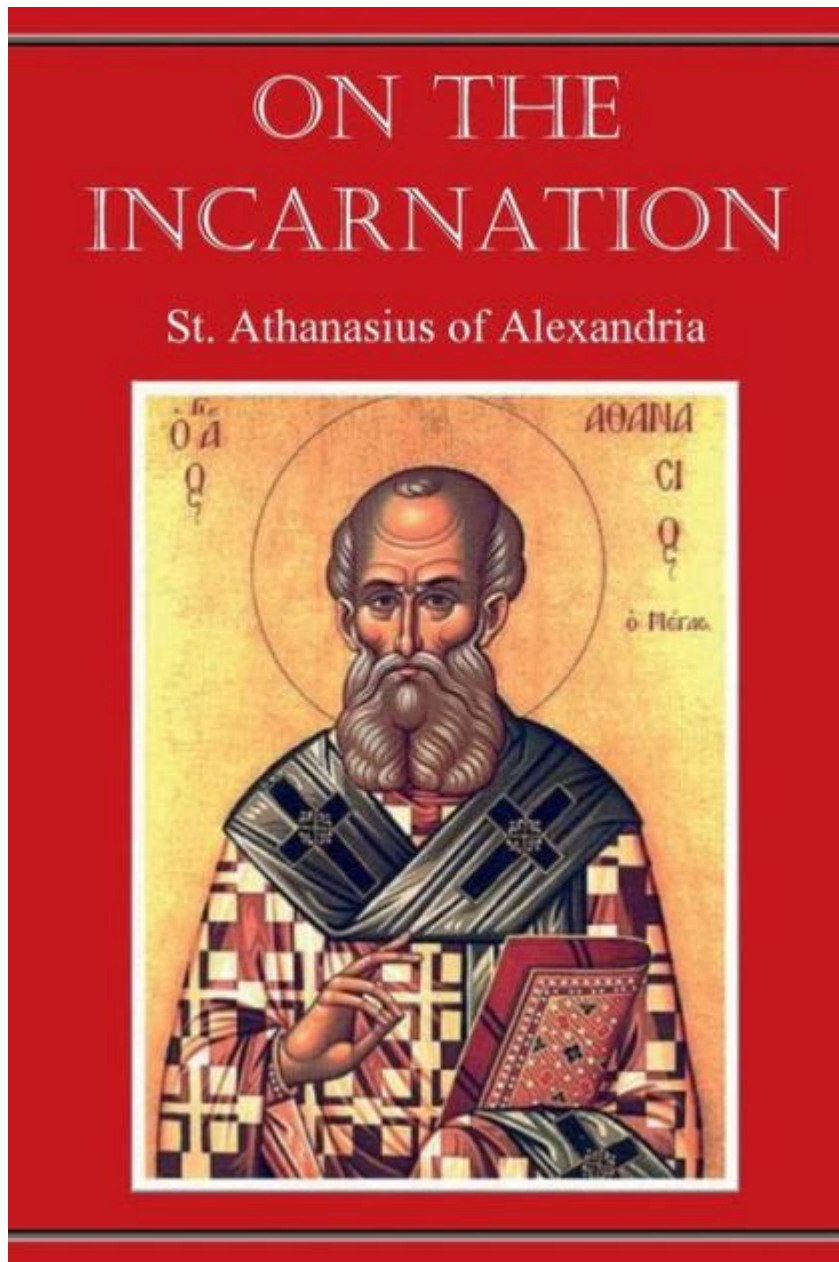


# St Athanasius On The Incarnation



**St. Athanasius on the Incarnation** is a profound exploration of one of the most pivotal doctrines in Christian theology. St. Athanasius, a fourth-century theologian and bishop of Alexandria, played a crucial role in shaping early Christian thought, particularly regarding the nature of Christ and the significance of His incarnation. This article delves into Athanasius's perspectives on the incarnation, its implications for salvation, and its relevance for contemporary Christianity.

## Historical Context of St. Athanasius

St. Athanasius was born around 296 AD in Alexandria, Egypt. His life and

works occurred during a tumultuous period in Christian history, characterized by intense theological disputes and political strife. A staunch defender of Nicene orthodoxy, Athanasius faced numerous challenges, including exile and opposition from Arianism, a belief that denied the full divinity of Christ.

## **The Nicene Creed and Arian Controversy**

The Arian controversy, ignited by the teachings of Arius, posited that Jesus Christ was not of the same substance as God the Father. This theological dispute culminated in the First Council of Nicaea in 325 AD, where the Nicene Creed was established to affirm the full divinity of Christ. Athanasius was a key figure in this council and later became its greatest proponent, emphasizing the importance of Christ's incarnation as vital to salvation.

## **Athanasius's Understanding of the Incarnation**

Athanasius articulated his views on the incarnation primarily in his work, "On the Incarnation," written around 318 AD. This seminal text lays out his arguments and theological reflections regarding why the Word (Logos) became flesh.

## **The Necessity of the Incarnation**

Athanasius argued that the incarnation was essential for several reasons:

1. **Restoration of Humanity:** Through the fall of Adam and Eve, humanity lost its original righteousness. Athanasius believed that only God could restore this state, and thus, God became man to redeem humanity.
2. **Manifestation of God's Love:** The incarnation demonstrates God's profound love for humanity. God did not abandon His creation but chose to enter into it fully, emphasizing His desire for relationship and redemption.
3. **Victory Over Death:** Athanasius posited that death entered through sin, and thus, to overcome death, a sinless being was required. By becoming incarnate, Christ could face death and, through His resurrection, conquer it for all of humanity.

## **The Dual Nature of Christ**

Athanasius emphasized the dual nature of Christ—fully divine and fully human. He articulated that:

- Divine Nature: As the Word of God, Christ possesses the same divine essence as the Father, a crucial point against Arianism. This divine nature is essential for the efficacy of salvation.

- Human Nature: By taking on human flesh, Christ became a true man capable of suffering and death. This aspect of His incarnation allows Him to empathize with human struggles and provide a model of righteousness.

## **Theological Implications of the Incarnation**

Athanasius's teachings on the incarnation carry profound theological implications that shaped the understanding of Christian doctrine for centuries.

## **Salvation and Redemption**

Athanasius posited that through the incarnation, Christ offered humanity a path to salvation. The key points include:

- Economic Salvation: The incarnation is central to the economy of salvation, where God's plan to redeem humanity unfolds through Christ's life, death, and resurrection.

- Participation in Divine Life: Athanasius believed that through the incarnation, humanity could participate in divine life. This transformative aspect of salvation emphasizes the restoration of the relationship between God and humanity.

## **Christian Anthropology**

Athanasius's thoughts on the incarnation also influenced Christian anthropology—understanding human nature in light of Christ's dual natures:

- Dignity of Humanity: By becoming incarnate, Christ elevated human nature, affirming its inherent dignity and worth. This view counters any notion that human beings are inherently worthless due to sin.

- Call to Holiness: The incarnation serves as a model for Christian living. Followers of Christ are called to emulate His example, striving for holiness and reflecting divine love in their lives.

# Athanasius's Legacy and Influence

The enduring impact of St. Athanasius's teachings on the incarnation can be seen throughout Christian history.

## Ecumenical Councils and Creeds

Athanasius's defense of the Nicene faith laid the groundwork for subsequent ecumenical councils, which further clarified the doctrine of the incarnation. His insights were instrumental in shaping the language used in later creeds, which affirmed the nature of Christ and His role in salvation.

## Influence on Later Theologians

The theological framework established by Athanasius influenced numerous theologians throughout history, including:

- St. Augustine: Augustine drew heavily from Athanasius's writings, particularly in understanding the nature of sin and grace.
- Thomas Aquinas: Aquinas's synthesis of faith and reason reflects Athanasius's influence, especially regarding the nature of God and humanity.
- Modern Theologians: Contemporary theologians continue to engage with Athanasius's insights, recognizing their relevance in discussions of Christology and soteriology.

## Conclusion: The Enduring Relevance of St. Athanasius on the Incarnation

St. Athanasius's teachings on the incarnation remain foundational to Christian theology. His arguments not only defended the doctrine against heretical views but also enriched the understanding of God's love, the significance of Christ's dual nature, and the hope of salvation. For modern believers, Athanasius's insights invite a deeper appreciation of the mystery of the incarnation and its implications for faith and practice.

As Christians reflect on the incarnation, they are reminded of the profound truth that God chose to enter into human existence, offering redemption and inviting all to partake in divine life. The legacy of St. Athanasius continues to inspire and challenge believers to live out the implications of Christ's incarnation in their daily lives.

# Frequently Asked Questions

## **What is the central theme of St. Athanasius's work 'On the Incarnation'?**

The central theme of 'On the Incarnation' is the doctrine that the Word of God became flesh in the person of Jesus Christ to redeem humanity from sin and death.

## **How does St. Athanasius explain the necessity of the Incarnation?**

St. Athanasius argues that the Incarnation was necessary for salvation because humanity had fallen into sin and needed a divine Savior who could restore the relationship between God and man.

## **What role does the concept of the 'Logos' play in Athanasius's theology?**

In Athanasius's theology, the 'Logos' (Word) is the pre-existent second person of the Trinity who took on human nature to accomplish the redemption of humanity.

## **How does St. Athanasius address the relationship between Christ's divinity and humanity in 'On the Incarnation'?**

St. Athanasius emphasizes that Christ is fully divine and fully human, asserting that these two natures are united in the one person of Jesus Christ without confusion or separation.

## **What is the significance of the resurrection in St. Athanasius's argument for the Incarnation?**

The resurrection is significant because it demonstrates Christ's victory over sin and death, affirming that through the Incarnation, believers can also attain eternal life.

## **How does St. Athanasius refute the idea that the Incarnation was unnecessary?**

Athanasius counters the idea of the Incarnation being unnecessary by illustrating that only through the divine intervention of God in human form could true redemption and reconciliation be achieved.

# What impact did 'On the Incarnation' have on Christian theology?

'On the Incarnation' had a profound impact on Christian theology, solidifying the understanding of Christ's nature and the importance of the Incarnation in the context of salvation.

# How does St. Athanasius use Scripture to support his arguments in 'On the Incarnation'?

St. Athanasius uses various Scripture passages to support his arguments, citing both Old and New Testament texts that foreshadow and affirm the necessity of the Incarnation.

# What does St. Athanasius say about the nature of sin and its consequences in 'On the Incarnation'?

Athanasius explains that sin leads to death and separation from God, highlighting that the Incarnation was God's response to restore humanity and conquer sin through the sacrifice of Christ.

# How is St. Athanasius's view of the Incarnation relevant to contemporary Christian belief?

Athanasius's view of the Incarnation remains relevant today as it underpins core Christian beliefs about Jesus's nature, the purpose of His coming, and the hope of salvation for believers.

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