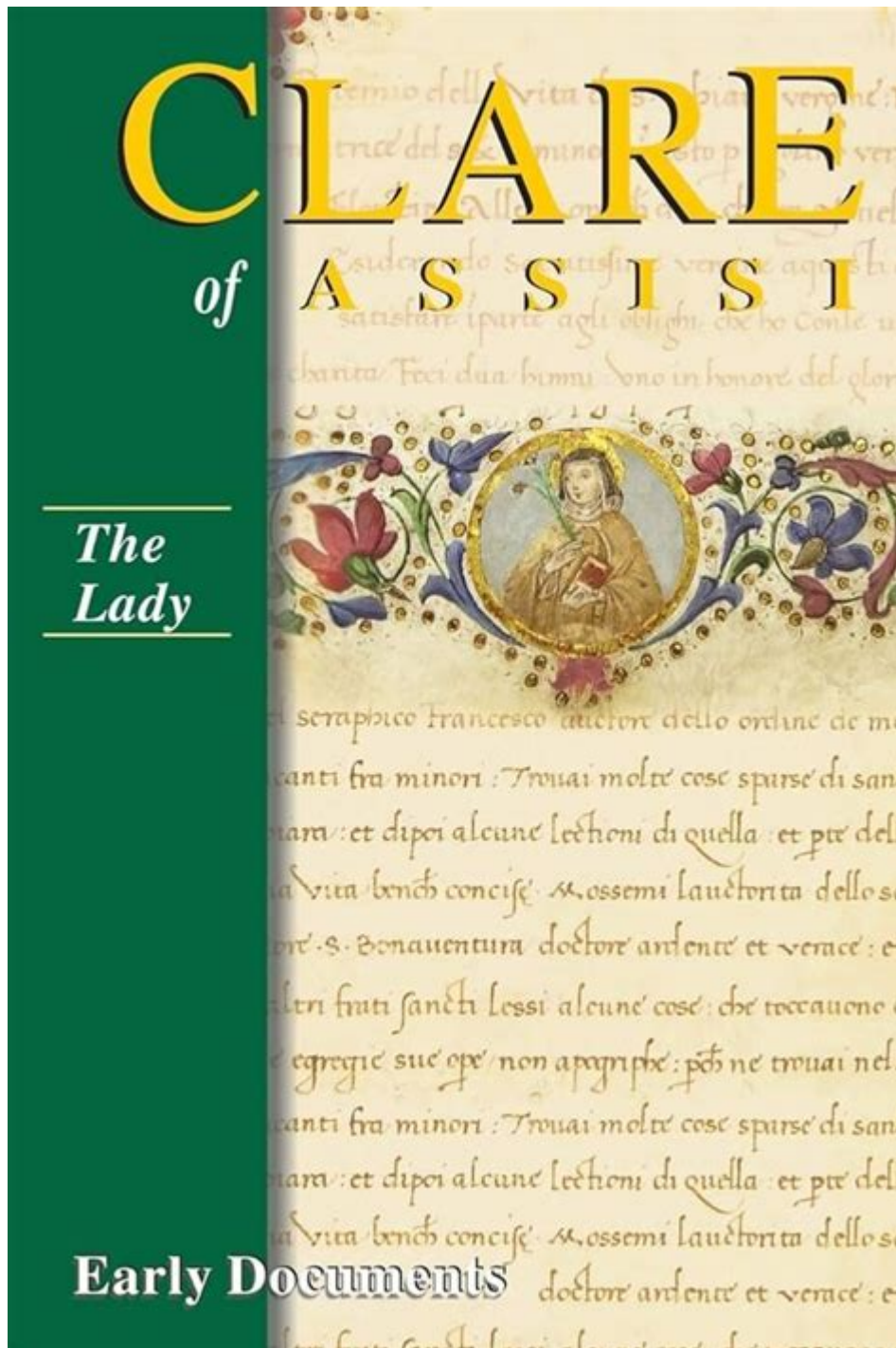


# St Clare Of Assisi The Early Documents



## St. Clare of Assisi: The Early Documents

St. Clare of Assisi is a pivotal figure in the history of the Franciscan movement and the establishment of the Poor Clares, a monastic order rooted in the ideals of poverty and humility championed by St. Francis of Assisi. Her life and teachings have been meticulously documented in various early writings that not only preserve her legacy but also provide insight into the spiritual and social context of her time. This article explores the early documents related to St. Clare, their significance, and the impact they had

on her life and the formation of her order.

## Historical Context

To understand the early documents concerning St. Clare, it is essential to consider the historical context of her life. Born in 1194 in Assisi, Italy, Clare Offreduccio came from a noble family. However, her life took a radical turn when she encountered St. Francis of Assisi, who inspired her to embrace a life of poverty and service to God. In 1212, she fled her family home to join Francis and his followers, marking the beginning of a new chapter in her life that would lead to the foundation of a new religious order.

## The Role of St. Francis

St. Francis played a crucial role in Clare's spiritual development. His emphasis on living the Gospel in simplicity and humility resonated deeply with her. As she joined the Franciscan movement, Clare became a key figure in the establishment of the female branch of the order. The early documents that detail her life and teachings reflect both her individuality and her commitment to Franciscan ideals.

## The Early Documents: Overview

Several key documents from the early 13th century provide essential insights into the life of St. Clare and the founding of her order. These documents include:

1. The Rule of St. Clare (1253): This foundational text outlines the principles and guidelines for the life of the Poor Clares. It emphasizes absolute poverty, communal living, and a deep commitment to prayer and contemplation.
2. The Letters of St. Clare: Clare's correspondence with her contemporaries, including St. Francis, offers a glimpse into her thoughts, struggles, and the early challenges faced by her community.
3. Biographical Accounts: Various hagiographies and biographical accounts, written shortly after her death, provide context about her life, virtues, and the impact of her work.
4. Testimonies and Canonization Documents: The processes leading to Clare's canonization in 1255 were documented extensively, including testimonies from those who knew her and evidence of her miracles.

# The Rule of St. Clare

One of the most significant early documents associated with St. Clare is the Rule of St. Clare, which was approved by Pope Innocent IV in 1253. This document lays out the foundational principles governing the life of the Poor Clares.

## Key Elements of the Rule

The Rule is characterized by several key elements:

- **Poverty:** Clare insisted on absolute poverty for her community, mirroring the lifestyle of St. Francis. The Rule emphasizes that the sisters should own nothing individually or collectively, relying entirely on God's providence.
- **Community Life:** The importance of communal living is underscored throughout the Rule. The sisters are called to live in harmony, support each other in their spiritual journeys, and share all aspects of their lives.
- **Prayer and Contemplation:** St. Clare placed a strong emphasis on a life devoted to prayer. The Rule outlines the daily schedule of prayer, including the celebration of the Eucharist and the Liturgy of the Hours.
- **Clarity of Governance:** The Rule also establishes a framework for governance within the community, highlighting the role of the abbess and the importance of obedience among the sisters.

## The Letters of St. Clare

St. Clare's letters provide a personal insight into her thoughts and experiences. They reveal her deep spirituality and her commitment to the ideals of poverty and humility.

## Significant Themes in Clare's Letters

1. **Affection for St. Francis:** Many of Clare's letters express her profound respect and affection for St. Francis, highlighting the deep spiritual bond they shared.
2. **Encouragement and Guidance:** Clare often wrote to encourage her sisters, providing spiritual guidance and support during times of difficulty and uncertainty.
3. **Defense of the Order:** In her correspondence, Clare frequently defended the

autonomy of the Poor Clares, emphasizing their commitment to Franciscan ideals.

## **Biographical Accounts**

Numerous biographical accounts were written about St. Clare shortly after her death, contributing to her legacy and the growth of the Poor Clares. These hagiographies serve as vital historical sources.

## **Key Biographical Works**

1. "The Life of St. Clare" by Thomas of Celano: Written in the 1250s, this account details Clare's life, her relationship with Francis, and the founding of her order. Celano's work is one of the earliest and most comprehensive hagiographies of Clare.
2. "The Life of St. Clare" by an Anonymous Author: This work, also known as the "Second Life," was written shortly after Clare's canonization. It emphasizes her virtues and the miracles attributed to her intercession.
3. "The Mirror of Perfection": Although primarily focused on St. Francis, this text includes references to Clare and her role in the Franciscan movement, illustrating her significance in the early Church.

## **Testimonies and Canonization Documents**

St. Clare was canonized by Pope Alexander IV in 1255, and the process leading to her canonization involved thorough documentation and testimonies from her contemporaries.

## **Significance of the Canonization Process**

- Witness Accounts: The testimonies collected during the canonization process highlight Clare's remarkable life, her dedication to poverty, and the miracles attributed to her intercession.
- Spiritual Influence: These documents demonstrate Clare's impact on the Franciscan movement and her role as a model for women in the Church.
- Enduring Legacy: The canonization documents solidified her status as a saint and ensured that her teachings and example would inspire future generations.

# **The Impact of Early Documents on the Poor Clares**

The early documents related to St. Clare have had a lasting influence on the Poor Clares and the wider Franciscan movement. They serve as foundational texts for the order, guiding its members in their spiritual and communal lives.

## **Continuing Relevance**

1. Guidance for Contemporary Poor Clares: The Rule and letters continue to be relevant for modern-day Poor Clares, providing a framework for their lives and spirituality.
2. Historical Understanding: These documents offer historians and scholars a window into the early Church and the role of women in religious life, contributing to a deeper understanding of the dynamics of faith during the medieval period.
3. Inspiration for Future Generations: The life and teachings of St. Clare serve as an enduring source of inspiration for those seeking to live a life of simplicity, humility, and devotion to God.

## **Conclusion**

The early documents concerning St. Clare of Assisi are invaluable resources that illuminate her life, teachings, and the founding of the Poor Clares. Through the Rule, letters, biographical accounts, and canonization documents, we gain insight into her deep spirituality and her unwavering commitment to the principles of poverty and community. St. Clare's legacy endures, inspiring countless individuals to pursue a life of faith and service in the spirit of St. Francis. These early documents not only honor her memory but also serve as guiding lights for future generations seeking to follow her path.

## **Frequently Asked Questions**

### **Who was St. Clare of Assisi?**

St. Clare of Assisi was a close follower of St. Francis of Assisi and the founder of the Order of Poor Ladies, later known as the Poor Clares. She dedicated her life to living in poverty and serving God.

## **What are the early documents related to St. Clare?**

The early documents related to St. Clare include her Rule of Life, letters, and hagiographies that provide insights into her spirituality, leadership, and the establishment of her order.

## **Why are the early documents of St. Clare significant?**

The early documents of St. Clare are significant as they offer a glimpse into the early Franciscan movement, the role of women in the Church, and the development of monastic life during the 13th century.

## **What does St. Clare's Rule of Life emphasize?**

St. Clare's Rule of Life emphasizes radical poverty, humility, and a deep commitment to prayer and community life, reflecting her dedication to following Christ.

## **How did St. Clare influence the Franciscan order?**

St. Clare influenced the Franciscan order by establishing a female branch that adhered to the principles of St. Francis, promoting a life of poverty and service while also ensuring the inclusion of women in the religious community.

## **What challenges did St. Clare face in her early documents?**

St. Clare faced challenges such as opposition from church authorities regarding her commitment to poverty, as well as struggles to maintain the integrity of her order amidst societal pressures.

## **How are St. Clare's early documents preserved today?**

St. Clare's early documents are preserved through various manuscripts held in monasteries and archives, as well as in published collections of historical texts related to the Franciscan movement.

## **What role did St. Clare's early letters play in her legacy?**

St. Clare's early letters played a crucial role in her legacy by communicating her spiritual insights, guiding her followers, and establishing her authority as a leader within the Poor Clares.

## **What is the significance of the 'Testament' of St. Clare?**

The 'Testament' of St. Clare is significant as it encapsulates her final

wishes and spiritual reflections, serving as a guiding document for her followers and emphasizing her commitment to the ideals of poverty and prayer.

## How do modern interpretations of St. Clare's early documents impact contemporary spirituality?

Modern interpretations of St. Clare's early documents impact contemporary spirituality by inspiring current movements focused on simplicity, community life, and a deeper relationship with God, reflecting her enduring influence.

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