

# Sat 2 Literature Practice Test

Practice Test 2

581

## SECTION 1: READING TEST

65 Minutes • 52 Questions

TURN TO SECTION 1 OF YOUR ANSWER SHEET TO ANSWER THE QUESTIONS IN THIS SECTION.

**Directions:** Each passage or pair of passages below is followed by a number of questions. After reading each passage or pair of passages, choose the best answer to each question based on what is stated or implied in the passage or passages and in any accompanying graphics (such as a table, chart, or graph).

### QUESTIONS 1–11 ARE BASED ON THE FOLLOWING PASSAGE AND SUPPLEMENTARY CHART.

*"A Menace to U.S. Public Health" was authored by Rob Wilentz, a member of the National Federation of Professional Trainers (NEFT). The NEFT certifies personal fitness trainers to understand the fundamental exercise science principles in order to provide safe and effective fitness programs to individuals or small groups. The following article is taken from the NEFT's website, <http://www.nft.com>.*

"In the United States, even the Grim Reaper is flabby" – Dr. Frank W. Booth, University of Missouri-Columbia

Being fat and physically inactive now has a name—Sedentary Death Syndrome or "SeDS." Approximately 2.5 million Americans will die prematurely in the next ten years due to SeDS, a number greater than all alcohol, guns, motor vehicles, illicit drug use, and sexual behavior related deaths combined.

Research has identified SeDS as the second largest threat to public health (heart disease remains the number one cause of death for Americans) and is expected to add as much as \$3 trillion to healthcare costs over ten years, more than twice the tax cut recently passed by the U.S. Senate. Frank W. Booth, a professor at the University of Missouri-Columbia, stated that he invented the term SeDS to emphasize his point that, in the United States, even the Grim Reaper is flabby.

Professor Booth's goal is to make the public and the federal government pay more attention and spend more money on

getting the average American to become more physically active. "We knew that these were approximately 250,000 people in the United States each year dying of inactivity-related diseases, but the phrase inactivity-related disease lacks pizzazz," Booth said. Without a catchy name, the condition wasn't getting enough attention, he said. "One day while I was out jogging, it hit me: Why not call it SeDS?"

Approximately two-thirds of American adults are currently overweight or obese according to the Center for Science in the Public Interest (CSPI). Due to the fact that more than one-fourth of Americans are not physically active in their leisure time, obesity has doubled, and Type 2 diabetes (also known as adult-onset diabetes) has increased tenfold. Type 2 diabetes is a devastating disease that may lead to complications such as blindness, kidney failure, heart disease, circulatory problems that can result in amputation, and premature death.

Between 1982–1994, one third of all new cases of Type 2 diabetes were among people ages 10–19. The then-Surgeon General of the United States recently observed that, "We are raising the most overweight youngsters in American history." In 2011–2012, 8.4% of 2- to 5-year-olds had obesity compared with 17.7% of 6- to 11-year-olds, and 30.5% of 12- to 19-year-olds.

Studies indicate that currently about 17% of the nation's children are obese. This is not surprising, considering that the average American child spends 900 hours per year in school but 1,200 hours

[www.petersons.com](http://www.petersons.com)

GO TO THE  
NEXT PAGE

practice test

**sat 2 literature practice test** is an essential resource for students aiming to excel in the SAT Subject Test in Literature. By using practice tests, students can familiarize themselves with the test format, identify their strengths and weaknesses, and develop effective test-taking strategies. In this article, we will explore the importance of SAT Subject Test in Literature, provide tips for preparation, and offer insights into what to expect on the exam.

## Understanding the SAT Subject Test in

# Literature

The SAT Subject Test in Literature assesses a student's understanding and interpretation of literary texts. This test is designed for students who have a strong interest in literature and wish to showcase their skills to colleges. The exam focuses on reading comprehension and literary analysis, requiring students to engage with a variety of literary forms, including poetry, prose, and drama.

## Test Format and Structure

The SAT Subject Test in Literature consists of:

- Total Questions: 60 multiple-choice questions
- Duration: 60 minutes
- Types of Texts: Excerpts from novels, plays, poems, and short stories by various authors

The questions may cover various aspects such as:

- Literary devices and techniques: Understanding how authors use language and structure to convey meaning.
- Themes and motifs: Identifying central ideas and recurring elements in texts.
- Historical context: Recognizing how a work relates to the period in which it was written.

## Why Practice Tests Are Important

Utilizing a **sat 2 literature practice test** is crucial for several reasons:

- Familiarization: Practice tests help students become acquainted with the test format, question types, and timing.
- Self-Assessment: Students can identify areas where they excel and where they need improvement, allowing for targeted study.
- Stress Reduction: By practicing under timed conditions, students can reduce anxiety and build confidence for the actual exam.

## Benefits of Taking Practice Tests

Here are some specific benefits of taking practice tests:

1. Improved Time Management: Students learn to pace themselves throughout the exam.

2. Enhanced Critical Thinking Skills: Analyzing complex texts helps improve comprehension and analytical skills.
3. Feedback and Review: Many practice tests provide answer explanations, helping students understand their mistakes and learn from them.

## How to Prepare for the SAT Subject Test in Literature

Preparation for the SAT Subject Test in Literature involves a combination of studying literary concepts, practicing with real test materials, and developing effective test-taking strategies.

### Study Materials

When preparing for the exam, consider the following study materials:

- Literature Anthologies: These collections provide a wide range of literary works and can help with exposure to different genres and authors.
- Test Prep Books: Many publishers offer comprehensive guides specifically for the SAT Subject Test in Literature, complete with practice questions and strategies.
- Online Resources: Websites like Khan Academy and College Board offer free practice questions and full-length practice tests.

### Effective Study Strategies

To maximize your study efforts, implement the following strategies:

1. Create a Study Schedule: Allocate specific times each week for literature practice and review.
2. Focus on Literary Terms: Familiarize yourself with essential literary terms and concepts, as they often feature in test questions.
3. Read Widely: Engage with a diverse array of texts—poetry, novels, and plays—to broaden your understanding of different styles and themes.
4. Practice Analyzing Texts: Take excerpts from works and practice analyzing them for themes, tone, and literary devices.

### Taking the Practice Test

When taking a **sat 2 literature practice test**, it's important to simulate the actual testing conditions as closely as possible. Here are some tips to consider:

## Test Conditions

- Choose a Quiet Location: Find a distraction-free environment to take your practice test.
- Time Yourself: Use a timer to ensure you complete the test in the same duration as the actual exam.
- Limit Breaks: Avoid taking long breaks to mimic the exam experience.

## After the Practice Test

Once you complete a practice test, take the time to review your answers. Consider the following:

- Analyze Mistakes: Identify which questions you answered incorrectly and why. This will inform your study plan.
- Review Correct Answers: Understand the reasoning behind the correct answers, even for questions you got right.
- Track Your Progress: Keep a log of your scores over time to monitor improvement.

## Additional Tips for Success

Beyond practice tests, there are several strategies that can enhance your performance on the SAT Subject Test in Literature.

## Test-Taking Strategies

1. Read Questions Carefully: Ensure you understand what the question is asking before looking at the answer choices.
2. Eliminate Wrong Answers: Narrow down your options by eliminating clearly incorrect answers, increasing your chances if you need to guess.
3. Pace Yourself: Keep an eye on the time, but don't rush. It's better to answer fewer questions correctly than to rush and guess incorrectly.

## On Exam Day

- Get Plenty of Rest: Ensure you are well-rested before the exam.
- Eat a Healthy Breakfast: Fuel your brain with a nutritious meal to maintain energy and focus.
- Arrive Early: Give yourself plenty of time to reach the test center and settle in before the exam starts.

# Conclusion

Taking the **sat 2 literature practice test** is a critical step in preparing for the SAT Subject Test in Literature. By understanding the test format, utilizing effective study strategies, and practicing under real test conditions, students can enhance their skills and build confidence. With dedication and proper preparation, students can achieve their desired scores and demonstrate their literary knowledge to colleges. Whether you are just starting your study journey or are in the final stages of preparation, remember that consistent practice and a positive mindset are key to success.

## Frequently Asked Questions

### What is the SAT Subject Test in Literature?

The SAT Subject Test in Literature is a standardized exam that evaluates a student's reading comprehension and analytical skills in literature, focusing on poetry, drama, and prose.

### How can I access practice tests for the SAT Literature Subject Test?

Practice tests for the SAT Literature Subject Test can be accessed through official College Board resources, educational websites, or review books specifically designed for SAT Subject Tests.

### What types of texts are included in the SAT Literature Subject Test?

The SAT Literature Subject Test includes a variety of texts such as excerpts from novels, short stories, plays, and poetry from different time periods and authors.

### What strategies can I use to prepare for the SAT Literature Subject Test?

To prepare for the SAT Literature Subject Test, students should read a wide range of literary works, practice analyzing themes and literary devices, and take timed practice tests to improve their speed and comprehension.

### Are there any specific literary movements or authors I should focus on for the SAT Literature Subject Test?

Students should familiarize themselves with major literary movements such as Romanticism, Modernism, and Postmodernism, as well as works by prominent





