

# Puppy Training 10 Weeks



# puppy training guideline



## 8-10 weeks

- Daily schedule
- Potty training
- Crate training + thresholds
- Redirect chewing + mouthing
- Name recognition
- Commands: Sit + Come
- Socialization: family + close friends

## 10-12 weeks

- Introduce leash + harness
- Doorway thresholds
- Impulse control: food + water bowl
- Commands: Place, Down + Heel (indoors)
- Socialization: common noises



## 3-4 months



- Structured play: tug + fetch
- Heel practice in front or backyard
- Command combinations indoors + hold commands for longer
- Commands: Stay + Drop-It
- Socialization: new pups (after vaccinations)

## 4-6 months

- Heel practice around the neighborhood
- Advance commands outside + in new locations; add 3Ds (distance, distractions + duration)
- Begin to wean off food rewards



## 6 months-1 year



- Continue with a daily schedule, crate training, commands, walks and regular socialization
- Advance commands outside with long-line, increase the 3Ds + work in new locations

**Puppy training 10 weeks** is a crucial step in your furry friend's development. At just ten weeks old, puppies are like little sponges, soaking up knowledge and experiences that will shape their behavior for the rest of their lives. This is the perfect time to start training your puppy because they are highly receptive to learning. Early training sets a strong foundation for good behavior and helps your puppy grow into a well-adjusted adult dog. In this article, we will explore effective techniques, essential commands, and tips for successfully training your puppy at this tender age.

## Understanding Your Puppy's Development

At 10 weeks, your puppy is in a critical stage of socialization and learning. They are beginning to explore their environment and interact with people and other animals. During this time, it's essential to understand a few key aspects of puppy development:

### 1. Socialization

Socialization is the process of exposing your puppy to different people, environments, and experiences. Before they reach 16 weeks, puppies are particularly impressionable. Here are some ways to socialize your puppy:

- Introduce them to new people: Friends, family, and even strangers can help your puppy get used to different human interactions.
- Visit various environments: Take your puppy to parks, pet stores, and busy streets. The more diverse experiences they have, the more adaptable they will become.
- Interact with other dogs: Arrange playdates with vaccinated dogs or enroll in puppy socialization classes.

### 2. Learning Ability

At this age, puppies are highly motivated to learn, making it the ideal time to start training. They can begin to grasp basic commands and associate them with actions. Using positive reinforcement techniques, such as treats and praise, will enhance their learning experience.

## Basic Commands to Teach Your Puppy

Training your puppy involves teaching them essential commands that will not only help with obedience but also ensure their safety. Here are some fundamental commands to start with:

## 1. Sit

Teaching your puppy to sit is one of the easiest commands to start with. Here's how to do it:

- Get your puppy's attention: Hold a treat close to their nose.
- Lift the treat: Slowly move the treat upwards, allowing their head to follow while their bottom goes down.
- Say "Sit": As soon as they sit, reward them with the treat and praise them.

## 2. Stay

The "stay" command is crucial for your puppy's safety. To teach this command:

- Start with "Sit": Once they are sitting, show them a treat.
- Open palm and say "Stay": Step back a few feet while holding your palm out in front of you.
- Reward them: If they stay in place, return and give them the treat. Gradually increase the distance and duration.

## 3. Come

This command is vital for calling your puppy back to you. Here's how to teach it:

- Use a leash: Put your puppy on a leash and let them wander a bit.
- Call them: Use an enthusiastic tone to say "Come" while gently pulling on the leash.
- Reward: When they come to you, offer lots of praise and a treat.

## 4. Leave It

This command teaches your puppy to ignore distractions or potentially harmful items. To teach "Leave It":

- Show a treat: Let your puppy sniff it but don't let them have it.
- Say "Leave It": Close your hand around the treat and wait for them to back off.
- Reward: Once they stop trying to get the treat, praise them and give them a different treat.

## Effective Training Techniques

Training your puppy requires patience and consistency. Here are some effective techniques to make the process smoother:

# **1. Positive Reinforcement**

Using positive reinforcement is one of the most effective training methods. Reward your puppy with treats, praise, or playtime every time they perform the desired behavior. This encourages them to repeat the behavior.

# **2. Short Training Sessions**

Puppies have short attention spans, so keep training sessions brief but frequent. Aim for sessions of 5-10 minutes, multiple times a day. This keeps your puppy engaged and prevents them from becoming bored.

# **3. Consistency is Key**

Use the same commands and gestures every time you train. Consistency helps your puppy understand what you expect from them. Ensure that everyone in your household uses the same commands to avoid confusion.

# **4. Be Patient**

Remember that learning takes time, and every puppy is different. Some may grasp commands quickly, while others may take longer. Be patient and don't get frustrated. If your puppy isn't getting it, take a break and try again later.

## **Common Challenges and How to Overcome Them**

Training a puppy can come with its challenges. Here are some common issues and tips for overcoming them:

### **1. Biting and Nipping**

Puppies often bite or nip as part of their play. To manage this behavior:

- Redirect: Provide appropriate chew toys and redirect their attention when they bite.
- Use a firm "No": If they bite you, say "No" firmly and stop playing for a moment.

### **2. House Training**

House training can be one of the most challenging aspects of puppy training. Here are some tips:

- Establish a routine: Take your puppy outside frequently, especially after eating, drinking, or playing.
- Praise and reward: When they go outside, offer lots of praise and a treat.

### **3. Distractions**

Puppies can get easily distracted, especially in busy environments. To help them focus:

- Practice in quiet areas: Start training in a calm environment and gradually introduce distractions.
- Use high-value treats: Use special treats they don't usually get to keep their attention.

## **Conclusion**

**Puppy training 10 weeks** old is a fundamental part of your puppy's growth and development. By implementing effective training techniques and focusing on socialization, you can help your puppy become a well-behaved and happy companion. Remember to be patient, consistent, and to use positive reinforcement, and you will lay the groundwork for a fulfilling relationship with your furry friend. Enjoy this special time with your puppy, as it lays the foundation for a lifetime of love and companionship.

## **Frequently Asked Questions**

### **What are the basic commands I should teach my 10-week-old puppy?**

At 10 weeks, focus on teaching basic commands such as 'sit', 'stay', 'come', and 'down'. These foundational commands help establish good behavior.

### **How long should training sessions be for a 10-week-old puppy?**

Training sessions should be short, around 5 to 10 minutes, as young puppies have short attention spans. You can have multiple sessions throughout the day.

### **Is it too early to start potty training my 10-week-old puppy?**

No, it's a great time to start potty training. Take your puppy out frequently, especially after meals and naps, and reward them for doing their business outside.

## What types of rewards are best for training a 10-week-old puppy?

Use small, tasty treats, praise, and play as rewards. Find what your puppy enjoys most to keep them motivated during training.

## How can I socialize my 10-week-old puppy?

Socialization is crucial at this age. Introduce your puppy to various people, pets, and environments safely to help them develop confidence and good behavior.

## What should I avoid during puppy training at 10 weeks?

Avoid harsh discipline or negative reinforcement. Focus on positive reinforcement techniques to build trust and a strong bond with your puppy.

## How can I prevent my 10-week-old puppy from biting during training?

Redirect biting behavior by providing appropriate chew toys and using a firm 'no' when they bite. Praise them when they chew on the right items.

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