

# Puppy Obedience Training Schedule



# puppy training guideline



## 8-10 weeks

- Daily schedule
- Potty training
- Crate training + thresholds
- Redirect chewing + mouthing
- Name recognition
- Commands: Sit + Come
- Socialization: family + close friends

## 10-12 weeks

- Introduce leash + harness
- Doorway thresholds
- Impulse control: food + water bowl
- Commands: Place, Down + Heel (indoors)
- Socialization: common noises



## 3-4 months



- Structured play: tug + fetch
- Heel practice in front or backyard
- Command combinations indoors + hold commands for longer
- Commands: Stay + Drop-It
- Socialization: new pups (after vaccinations)

## 4-6 months

- Heel practice around the neighborhood
- Advance commands outside + in new locations; add 3Ds (distance, distractions + duration)
- Begin to wean off food rewards



## 6 months-1 year



- Continue with a daily schedule, crate training, commands, walks and regular socialization
- Advance commands outside with long-line, increase the 3Ds + work in new locations

**Puppy obedience training schedule** is essential for any new dog owner looking to establish a well-mannered and well-behaved pet. A structured training schedule not only helps in teaching basic commands but also strengthens the bond between the puppy and its owner. In this article, we will explore the components of an effective puppy obedience training schedule, the benefits of consistent training, and tips for successful implementation.

## **Understanding Puppy Development Stages**

Before diving into a training schedule, it's crucial to understand the developmental stages of a puppy. Typically, puppies go through several key phases that can influence their training.

### **1. Neonatal Stage (0-2 weeks)**

During this stage, puppies are entirely dependent on their mother. They cannot see or hear and rely on touch and smell.

### **2. Transitional Stage (2-4 weeks)**

Puppies begin to open their eyes and ears. This is when they start to interact with their littermates.

### **3. Socialization Stage (4-12 weeks)**

This is the most critical period for socialization. Puppies are highly receptive to new experiences, people, and other animals. This stage is when you should begin your training schedule.

### **4. Juvenile Stage (3-6 months)**

Puppies become more independent and may test boundaries. Consistent training during this period is crucial.

### **5. Adolescent Stage (6-18 months)**

Behavioral issues may arise as puppies reach adolescence. Training must adapt to their growing independence.

## **Components of a Puppy Obedience Training**

# Schedule

A well-structured obedience training schedule consists of several key components. Each element plays a significant role in ensuring that the puppy learns effectively.

## 1. Daily Training Sessions

Training should be conducted daily, with sessions lasting between 5 to 15 minutes. Here's a suggested breakdown:

- Morning: Focus on basic commands (sit, stay, come).
- Afternoon: Reinforce learned commands and introduce new ones.
- Evening: Engage in play and practice commands during playtime.

## 2. Consistency is Key

Use the same commands and cues consistently. For instance, always use "sit" instead of sometimes saying "sit down." This will avoid confusion for your puppy.

## 3. Positive Reinforcement

Always reward your puppy with treats, praise, or play when they successfully follow a command. This encourages them to repeat the behavior.

## 4. Socialization Opportunities

Include socialization experiences in your training schedule. Introduce your puppy to various environments, people, and other animals. This can occur during walks, puppy playdates, or training classes.

## Sample Puppy Obedience Training Schedule

Here's a sample weekly training schedule to help you get started. This schedule is designed for a puppy aged 8-16 weeks.

## **Week 1**

- Day 1: Introduce “sit” (2 sessions)
- Day 2: Practice “sit” and introduce “stay” (2 sessions)
- Day 3: Reinforce “sit” and “stay” (2 sessions)
- Day 4: Introduce “come” (2 sessions)
- Day 5: Practice “sit,” “stay,” and “come” (2 sessions)
- Day 6: Socialization day - visit a park
- Day 7: Review all commands in a relaxed environment

## **Week 2**

- Day 1: Introduce “down” (2 sessions)
- Day 2: Reinforce “down” and practice “sit” (2 sessions)
- Day 3: Introduce “leave it” (2 sessions)
- Day 4: Practice “leave it” with distractions (2 sessions)
- Day 5: Review “sit,” “stay,” “come,” “down,” and “leave it” (2 sessions)
- Day 6: Socialization day - meet other puppies
- Day 7: Playtime and practicing commands during play

## **Weeks 3-4**

Continue to build on the commands learned in the first two weeks. Gradually introduce new commands such as “heel” and “wait.” Incorporate longer training sessions, increasing to 15-20 minutes as your puppy grows more focused.

## **Benefits of a Structured Puppy Obedience Training Schedule**

Establishing a consistent training schedule comes with numerous benefits:

- **Improved Behavior:** Consistent training leads to better behavior in public and at home.
- **Strengthened Bond:** Spending time training your puppy deepens the bond and enhances trust.
- **Social Skills:** Regular socialization helps your puppy develop into a well-adjusted adult dog.
- **Reduced Anxiety:** A structured schedule can provide a sense of security for your puppy.

## Tips for Successful Puppy Obedience Training

To maximize the effectiveness of your training schedule, consider the following tips:

### 1. Keep It Fun

Make training enjoyable for your puppy. Use games, toys, and positive reinforcement to create a positive atmosphere.

### 2. Be Patient

Puppies learn at their own pace. If they struggle with a command, take a step back and reinforce foundational skills.

### 3. Limit Distractions

Choose a calm environment for training sessions to help your puppy focus. Gradually introduce distractions as they become more proficient.

### 4. End on a Positive Note

Always finish training sessions with a positive experience, such as playtime or a favorite treat, to keep your puppy eager for the next session.

# Conclusion

In summary, a well-planned **puppy obedience training schedule** is vital for developing a well-behaved and confident dog. By understanding your puppy's developmental stages, implementing a consistent daily routine, and utilizing positive reinforcement, you can set the foundation for a lifelong partnership built on trust and respect. Remember to be patient, keep training fun, and enjoy the journey of raising your puppy!

## Frequently Asked Questions

### What is a typical daily schedule for puppy obedience training?

A typical daily schedule for puppy obedience training includes short sessions of 5 to 10 minutes, 3 to 5 times a day. This can include basic commands like sit, stay, and come, along with playtime and socialization.

### How often should I train my puppy each week?

You should aim to train your puppy at least 5 days a week, allowing for rest and play days to keep the training fun and engaging.

### What are the best times of day to train my puppy?

The best times to train your puppy are when they are most alert and focused, typically after a nap or meal, and before playtime.

### How do I structure a training session for my puppy?

Structure a training session by starting with a warm-up, followed by the main training activities focusing on specific commands, and finishing with a fun activity or playtime to reinforce a positive experience.

### Can I train my puppy too much?

Yes, training too much can lead to frustration and burnout. Keep sessions short and positive, and watch for signs of fatigue or boredom.

### What commands should I prioritize in my puppy's training schedule?

Prioritize basic commands such as sit, stay, come, down, and heel, as well as socialization skills with people and other dogs.

## How can I make obedience training more effective?

Make obedience training more effective by using positive reinforcement, keeping sessions short and fun, being consistent with commands, and gradually increasing distractions as your puppy improves.

## Should I include socialization in my puppy's training schedule?

Absolutely! Socialization should be a key component of your puppy's training schedule, helping them learn to interact positively with various environments, people, and other animals.

## How long should I wait before introducing new commands to my puppy?

Wait until your puppy has mastered a command before introducing a new one, which generally takes about 1 to 2 weeks of consistent practice for each command.

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Establish a successful puppy obedience training schedule with our expert tips! Discover how to create a routine that ensures your pup learns effectively. Learn more!

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