Phasmophobia Ghost Behavior Cheat Sheet 2023

Phasmophobia ghost behavior cheat sheet 2023 is an invaluable resource for players looking to enhance their skills in the popular horror game "Phasmophobia." This cooperative multiplayer game places players in the role of ghost hunters tasked with identifying various types of supernatural entities haunting locations. Understanding ghost behavior is crucial for survival and successful identification, and this cheat sheet will provide an overview of the different ghost types, their unique characteristics, and effective strategies for dealing with them.

Understanding Ghost Types

In "Phasmophobia," there are currently 24 different ghost types, each with its own specific behaviors and evidence. These ghosts vary in terms of strength, weaknesses, and unique traits. Here's a breakdown of the primary ghost categories:

1. Common Ghost Types

- Spirit: A basic ghost that can be identified with simple evidence like Spirit Box, Fingerprints, and Ghost Writing. It is generally not violent but can become aggressive if provoked.

- Wraith: Known for its ability to teleport, making it harder to predict. The Wraith will typically avoid leaving footprints, which can be a key identification clue.

- Phantom: This ghost can create a temporary illusion that reduces sanity when seen. Evidence includes Spirit Box, EMF Level 5, and Ghost Orb.

- Banshee: A single-target ghost that will primarily hunt one player at a time. This ghost can be identified through EMF Level 5, Fingerprints, and Freezing Temperatures.

- Revenant: A slow-moving ghost that becomes faster when it is chasing a player. It can be identified through EMF Level 5, Ghost Writing, and Fingerprints.

2. Uncommon Ghost Types

- Mare: This ghost prefers darkness and can cause nightmares. Evidence can be found through Spirit Box, Ghost Orb, and Freezing Temperatures.

- Demon: Known for its aggressive nature, the Demon can hunt at any sanity level. Evidence includes Ghost Writing, Spirit Box, and EMF Level 5.

- Yurei: A ghost that can lower a player's sanity quickly. Identifying it requires Ghost Writing, Freezing Temperatures, and Ghost Orbs.

- Onryo: This ghost has a strong connection to fire and can cause significant damage if a player is holding a lit candle. Evidence includes Spirit Box, Ghost Orbs, and Freezing Temperatures.

3. Rare Ghost Types

- Goryo: A ghost that can only be detected by camera and is less likely to interact with players. Evidence includes EMF Level 5, Ghost Orb, and Fingerprints.

- Obake: Known for its ability to change shape, making it difficult to identify. Evidence includes Ghost Writing, EMF Level 5, and Fingerprints.

- Mimic: This ghost can mimic other ghosts' behavior and evidence. It can be identified through a combination of evidence that does not fit any other ghost type.

Ghost Evidence and Behavior

Understanding ghost behavior and the associated evidence is critical for determining the type of ghost you are dealing with. Here's a detailed overview of the evidence types and what each ghost type exhibits.

1. Types of Evidence

- Spirit Box: A device that allows communication with the ghost. If a ghost responds verbally, it is one of the types that utilize this evidence.

- EMF Reader: This device measures electromagnetic fields. A reading of EMF Level 5 indicates a specific ghost type.

- Ghost Writing Book: Leaving this book in a room allows the ghost to write in it if it is present.

- Fingerprints: Checking doors and windows for fingerprints can help identify certain ghosts.

- Ghost Orbs: These are small floating spheres visible through video cameras and indicate the presence of certain ghost types.

- Freezing Temperatures: If the temperature drops below freezing, it can indicate specific ghost types.

2. Ghost Behavior Patterns

- Aggression Levels: Different ghosts have varying aggression levels. Some like the Demon are always aggressive, while others like the Spirit are generally calm unless provoked.

- Hunting Phase: Ghosts enter a hunting phase when players' sanity drops below a certain threshold. Understanding which ghosts can hunt at what sanity levels is crucial.

- Targeting Players: Some ghosts are more likely to target specific players based on factors like location, actions, or even the player's gender.

- Room Preferences: Each ghost has preferred rooms where they are more likely to exhibit activity. Identifying these hotspots can help in locating the ghost quicker.

Strategies for Ghost Hunting

Having a solid strategy is essential for successfully identifying and dealing with ghosts. Here are some effective tips for ghost hunting in "Phasmophobia":

1. Team Communication

- Use Voice Chat: Always communicate with your team to share findings and coordinate actions.

- Assign Roles: Designate roles such as the communicator, evidence collector, and lookout to streamline your efforts.

2. Equipment Management

- Bring Essential Gear: Prioritize essential equipment based on the ghost type you suspect. For example, if you believe it might be a Wraith, bring salt to track its movement.

- Monitor Sanity Levels: Keep an eye on your sanity levels to avoid triggering aggressive ghost behavior.

3. Safe Zones

- Identify Safe Areas: Find areas in the map where ghosts cannot reach you during hunts. These can serve as temporary retreats.

- Use Hiding Spots: Utilize closets, lockers, and other hiding spots during hunts to avoid detection.

4. Evidence Collection Tips

- Place Items Strategically: Set up cameras and ghost writing books in areas where ghost activity is suspected.

- Document Everything: Keep a record of all evidence collected. This will help you narrow down ghost types quickly.

- Utilize the Journal: Use the journal effectively to keep track of the evidence and ghost behavior patterns.

Conclusion

The phasmophobia ghost behavior cheat sheet 2023 serves as a comprehensive guide to understanding the various ghost types, their behaviors, and the necessary strategies for successful ghost hunting. By familiarizing yourself with the unique characteristics and evidence of each ghost, as well as

employing effective team strategies, you can enhance your gameplay experience. Remember, communication and preparation are key to surviving and thriving in the eerie world of "Phasmophobia." Happy hunting!

Frequently Asked Questions

What are the primary ghost types in Phasmophobia as of 2023?

As of 2023, the primary ghost types in Phasmophobia include Spirit, Wraith, Phantom, Poltergeist, Banshee, Jinn, Mare, Revenant, Shade, Demon, Yurei, and Oni, each with unique behaviors and evidence.

How can I identify a ghost's behavior using the cheat sheet?

The cheat sheet provides a quick reference for ghost behaviors, such as whether they are active during specific events, how they interact with objects, and what evidence they leave behind, enabling players to identify ghost types more efficiently.

What are some signs that indicate a ghost is a Wraith?

Signs that indicate a ghost is a Wraith include the absence of footsteps, the ability to teleport, and the lack of interaction with salt, which can be confirmed using the cheat sheet.

How does the ghost's activity level change based on player actions?

The cheat sheet outlines that ghost activity levels can increase when players are in close proximity, when lights are turned off, or when the ghost is provoked, making it crucial to manage player actions to avoid unnecessary hauntings.

What evidence do I need to confirm a ghost as a Demon?

To confirm a ghost as a Demon, you would typically look for freezing temperatures, ghost writing, and EMF Level 5, as indicated in the cheat sheet.

Can the ghost's behavior change based on the map or

location?

Yes, certain ghosts may exhibit different behaviors based on the map or location due to environmental factors, as detailed in the cheat sheet, which helps players adapt their strategies accordingly.

Find other PDF article:

[Phasmophobia Ghost Behavior Cheat Sheet 2023](#)

phasmophobia - 知乎
VR Phasmophobia Steam 97%，

Phasmophobia Hacks & Cheats - UnKnoWnCheaTs
Jun 29, 2025 · Game hacking for Phasmophobia including ghost ESP, infinite sanity, auto evidence, god mode, speed hacks, memory editing, and anti-cheat bypass tools.

[Release] PhasmoMenu By PappyG - UnknownCheats
Jan 14, 2022 · PhasmoMenu v0.1 By PappyG Requires:CheatEngine 7.3 https://prnt.sc/26dqfz8 Features: NewName (Create a multiplayer private lobby, Type a new name unde

UnKnoWnCheaTs - Multiplayer Game Hacking and Cheats
4 days ago · The best site for game hacks, game cheats, and game hacking tools. Download game hacks and game cheats, explore expert game hacking tutorials, and join the #1 game hacking …

[Discuss] Does phasmophobia actually have anti-cheat?
Dec 25, 2024 · I would like to know if phasmophobia actually has anti cheat? Or it's all based on the reports you get as for instance if you get reported only then y

[Release] PhasmoMenu By PappyG - Page 68 - UnknownCheats
Page 68 - PhasmoMenu v0.1 By PappyG Requires:CheatEngine 7.3 https://prnt.sc/26dqfz8 Features: NewName (Create a multiplayer private lobby, Type a new name unde

[Information] Event/Trophy Savegame Keys - UnknownCheats
Dec 30, 2023 · I'm really tired of lazy people not being able to use the forum search function to find certain information. On top of that, some posts made by myself

[Coding] Phasmophobia mod menu - UnknownCheats
Jun 15, 2025 · Working on a new cheat containing these features: Main Menu & UI A main menu that can be toggled on and off (default key is F1). The entire UI has

Phasmophobia Hacks & Cheats - UnKnoWnCheaTs - Page 5
Jun 29, 2025 · Page 5 - Game hacking for Phasmophobia including ghost ESP, infinite sanity, auto evidence, god mode, speed hacks, memory editing, and anti-cheat bypass tools.

[Release] Asthmaphobia update - UnknownCheats
Nov 22, 2024 · updated Asthmaphobia couldnt fix the speedhax tho but has alot of good stuff enjoy credit eve <3 https://imgur.com/a/ViRXrSU download https://www.u

phasmophobia恐鬼症 - 知乎
VR Phasmophobia恐鬼症 ，Steam 97%。

Phasmophobia Hacks & Cheats - UnKnoWnCheaTs
Jun 29, 2025 · Game hacking for Phasmophobia including ghost ESP, infinite sanity, auto evidence, god mode, speed hacks, memory editing, and anti-cheat bypass tools.

[Release] PhasmoMenu By PappyG - UnknownCheats
Jan 14, 2022 · PhasmoMenu v0.1 By PappyG Requires:CheatEngine 7.3 https://prnt.sc/26dqfz8 Features: NewName (Create a multiplayer private lobby, Type a new name unde

UnKnoWnCheaTs - Multiplayer Game Hacking and Cheats
4 days ago · The best site for game hacks, game cheats, and game hacking tools. Download game hacks and game cheats, explore expert game hacking tutorials, and join the #1 game …

[Discuss] Does phasmophobia actually have anti-cheat?
Dec 25, 2024 · I would like to know if phasmophobia actually has anti cheat? Or it's all based on the reports you get as for instance if you get reported only then y

[Release] PhasmoMenu By PappyG - Page 68 - UnknownCheats
Page 68 - PhasmoMenu v0.1 By PappyG Requires:CheatEngine 7.3 https://prnt.sc/26dqfz8 Features: NewName (Create a multiplayer private lobby, Type a new name unde

[Information] Event/Trophy Savegame Keys - UnknownCheats
Dec 30, 2023 · I'm really tired of lazy people not being able to use the forum search function to find certain information. On top of that, some posts made by myself

[Coding] Phasmophobia mod menu - UnknownCheats
Jun 15, 2025 · Working on a new cheat containing these features: Main Menu & UI A main menu that can be toggled on and off (default key is F1). The entire UI has

Phasmophobia Hacks & Cheats - UnKnoWnCheaTs - Page 5
Jun 29, 2025 · Page 5 - Game hacking for Phasmophobia including ghost ESP, infinite sanity, auto evidence, god mode, speed hacks, memory editing, and anti-cheat bypass tools.

[Release] Asthmaphobia update - UnknownCheats
Nov 22, 2024 · updated Asthmaphobia couldnt fix the speedhax tho but has alot of good stuff enjoy credit eve <3 https://imgur.com/a/ViRXrSU download https://www.u

Unlock the secrets of ghost behavior with our comprehensive Phasmophobia ghost behavior cheat sheet 2023. Learn more and enhance your gameplay today!

[Back to Home](#)