Osrs 99 Agility Guide

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Achieving level 99 Agility in Old School RuneScape (OSRS) is a commendable endeavor that requires dedication and strategy. Agility is a vital skill that enhances your overall gameplay by allowing you to run longer distances and navigate various courses more efficiently. This guide will provide you with the necessary knowledge, tips, and strategies to reach the coveted level 99 Agility.

Understanding Agility in OSRS

Agility is a skill that enables players to traverse obstacles and gain access to certain areas more quickly. As your Agility level increases, you unlock various shortcuts around Gielinor, which can save time during quests and training. Additionally, higher Agility levels improve your stamina regeneration while running, which is crucial for efficient gameplay.

Benefits of Leveling Agility

Before diving into the training methods, let's discuss the benefits of achieving level 99 Agility:

- **Increased run energy:** Higher Agility levels allow you to run longer before exhausting your run energy.

- **Access to shortcuts:** Many areas in the game have shortcuts that can only

be accessed with a certain Agility level.

- **Experience boosts:** Completing Agility courses provides significant experience points, helping you level up faster.

- **Agility Arena rewards:** Participating in the Agility Arena can yield valuable rewards, including tickets for various items.

Training Methods for OSRS Agility

There are several effective methods to train Agility, each suited for different playstyles and preferences. Below are the most popular training methods to help you reach 99 Agility.

1. Gnome Stronghold Agility Course (Level 1-35)

The Gnome Stronghold Agility Course is the best starting point for Agility training. You can access this course at level 1 Agility, and it allows you to earn experience quickly.

- Location: Gnome Stronghold
- Experience per lap: Approximately 240 experience
- Recommended lap count: Complete around 120 laps to reach level 35

2. Draynor Village Rooftop Course (Level 10-40)

Once you reach level 10 Agility, you can switch to the Draynor Village Rooftop Course. This course is more efficient than the Gnome Stronghold course, especially for players seeking to train Agility alongside other skills.

- Location: Draynor Village
- Experience per lap: Approximately 220 experience
- Recommended lap count: Complete around 120 laps until level 40

3. Varrock Rooftop Course (Level 50-70)

After reaching level 40, the Varrock Rooftop Course becomes available. This course offers better experience rates and is ideal for training Agility to level 70.

- Location: Varrock
- Experience per lap: Approximately 350 experience
- Recommended lap count: Complete around 130 laps until level 70

4. Canifis Rooftop Course (Level 60-80)

At level 60, players can access the Canifis Rooftop Course, which provides good experience rates and is a popular choice among players.

- Location: Canifis
- Experience per lap: Approximately 480 experience
- Recommended lap count: Complete around 130 laps until level 80

5. Ardougne Rooftop Course (Level 70-99)

The Ardougne Rooftop Course is one of the best training methods for Agility from level 70 to 99. This course offers excellent experience rates and the potential for earning Marks of Grace, which can be exchanged for various rewards.

- Location: Ardougne
- Experience per lap: Approximately 670 experience
- Recommended lap count: Complete around 2000 laps to reach level 99

Using the Agility Pyramid (Level 30+) for Alternative Training

The Agility Pyramid, located in the Kharidian Desert, offers a unique way to train Agility while also earning money. Players can earn Agility experience by navigating through the pyramid and collecting Pyramid Plunder loot.

- Experience per pyramid run: Approximately 10,000 experience
- Recommended level: Level 30 and above
- Profit potential: Players can earn significant gold by collecting loot and staying hydrated with waterskins.

Maximizing Your Agility Training

To optimize your Agility training, consider the following tips:

- **Use the Graceful Outfit:** Wearing pieces of the Graceful outfit increases

your run energy regeneration and reduces the weight you carry.

- **Complete Agility-related quests:** Certain quests reward you with Agility experience, which can help you level up faster.

- **Take breaks:** Every once in a while, take breaks to regain your run energy, especially during longer training sessions.

- **Use energy potions:** Energy potions can help you maintain your run energy while training Agility.

Conclusion

Achieving 99 Agility in OSRS is a rewarding yet challenging journey that enhances your overall gameplay experience. By following this guide, you will be well on your way to mastering Agility. Whether you choose to train through the various courses or explore alternative methods such as the Agility Pyramid, remember to stay committed and enjoy the process. Leveling up your Agility not only benefits you personally but also contributes to your overall prowess in Gielinor. Happy training!

Frequently Asked Questions

What are the fastest methods to achieve 99 Agility in OSRS?

The fastest methods include using the rooftop courses, particularly the Ardougne Rooftop Course, and completing the Agility Arena. Utilizing the 'Agility potion' and 'Summer Pies' for temporary boosts can also help speed up the training process.

Are there any specific items or gear that enhance Agility training?

Yes, wearing the Ardougne Cloak, which provides a bonus to Agility, and using the Graceful outfit, which reduces weight, can significantly enhance your training efficiency. Additionally, obtaining the Mark of Grace from rooftop courses can be useful for acquiring the Graceful set.

What is the experience rate for different Agility training methods?

Experience rates can vary: Rooftop courses yield around 20,000 to 40,000 XP per hour, while the Agility Pyramid can offer about 30,000 to 50,000 XP per

hour. The best rates depend on your level and the method you choose.

What are the benefits of reaching level 99 Agility in OSRS?

Achieving level 99 Agility provides several benefits including access to the best Agility courses, the ability to navigate obstacles more efficiently, and the option to use the Agility skillcape, which provides a permanent run energy restoration bonus.

Is there any useful quest that can assist with Agility training?

Yes, completing the quest 'Animal Magnetism' is beneficial as it unlocks the ability to use the 'Aviansie' shortcut in the God Wars Dungeon, which can help in training Agility. Additionally, quests like 'The Underground Pass' provide useful shortcuts as well.

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