

# Old Navy Mens Pants Fit Guide

MENS SIZE CHART			
	NECK	SLEEVE	CHEST
XXS	12 - 12½	30½ - 31	34 - 35
XS	13 - 13½	31½ - 32	36 - 37
S	14 - 14½	32½ - 33	38 - 39
M	15 - 15½	33½ - 34	40 - 42
L	16 - 16½	34½ - 35	44 - 46
XL	17 - 17½	35½ - 36	48 - 50

MEASURING TIPS

- Measuring Tips**  
Here are some tips to help you order the correct size. If you don't have a measuring tape, use a piece of string and hold it alongside a ruler.
- Neck**  
Measure around the base of your neck. To ensure a comfortable fit, do not pull the measuring tape too tightly.
- Sleeve**  
With your elbow slightly bent, measure the center back of your neck over your shoulder and elbow and down your wrist.
- Chest**  
With your arms relaxed at your sides, measure around the fullest part of your chest.
- Waist**  
Measure around the narrowest part of your natural waist. Keep a finger between your body and the measuring tape for an accurate fit.
- Inseam**  
With no shoes on, measure from the top of your inner thigh down to the floor.

**Old Navy mens pants fit guide** is essential for anyone looking to add stylish and comfortable trousers to their wardrobe. With various styles, fits, and sizes available, it can be overwhelming to navigate the options. This comprehensive guide will help you understand the different types of pants Old Navy offers for men, how to choose the right fit for your body type, and tips on how to care for your new pants to ensure they last.

## Understanding Old Navy's Fit Options

Old Navy provides a diverse range of fits to cater to various body types and personal preferences. Here are the primary fits you can expect:

### 1. Slim Fit

Slim fit pants are designed to offer a tailored look without being too tight. They typically feature a narrower leg opening and a closer fit through the hips and thighs. This style is ideal for those who prefer a modern silhouette.

### 2. Straight Fit

Straight fit pants provide a classic look with a straight cut from the hip to the hem. They offer a comfortable fit that doesn't cling to the body, making them a versatile choice for both casual and formal occasions.

### **3. Relaxed Fit**

For those who prioritize comfort over style, relaxed fit pants are the way to go. They feature a looser cut throughout the hips and thighs, making them perfect for all-day wear. These pants are great for those who prefer a more laid-back look.

### **4. Athletic Fit**

Athletic fit pants cater specifically to those with a more muscular build. They offer extra room in the thighs and seat while tapering down to a narrower leg opening. This fit is perfect for men who want to highlight their physique without sacrificing comfort.

## **Choosing the Right Size**

Selecting the right size is crucial for achieving the best fit. Old Navy provides a size guide to help customers find their perfect fit. Here's how to measure yourself:

### **1. Waist Measurement**

- Use a measuring tape to measure around the narrowest part of your waist.
- Ensure the tape is level and snug but not too tight.

### **2. Inseam Measurement**

- Measure from the top of your inner thigh down to the bottom of your ankle.
- This will help you determine the appropriate length for your pants.

### **3. Hip Measurement**

- Measure around the widest part of your hips, ensuring the tape is level.
- This measurement can help determine if you need to go up a size.

Old Navy typically offers sizes ranging from 28 to 42 in waist and 30 to 34 in inseam. It's important to note that some styles may have limited size availability.

## **Different Styles of Old Navy Mens Pants**

Old Navy features a variety of styles to suit different occasions and personal tastes. Here are some popular options:

## 1. Chinos

Chinos are a versatile option that can be dressed up or down. They are typically made from lightweight cotton and provide a polished look while remaining comfortable. Pair them with a button-up shirt for a smart-casual look.

## 2. Jeans

Old Navy's jeans come in various styles, including skinny, slim, and relaxed fits. They are available in numerous washes and finishes, making them suitable for any casual occasion. The classic denim look never goes out of style.

## 3. Cargo Pants

For a more utilitarian style, cargo pants are a practical choice. They feature multiple pockets and are often made from durable materials. Cargo pants are perfect for outdoor activities or casual outings.

## 4. Dress Pants

If you need something more formal, Old Navy offers dress pants that are perfect for work or special occasions. These pants typically have a tailored fit and are made from high-quality fabrics for a polished appearance.

## Tips for Finding the Perfect Fit

To ensure you find the perfect fit at Old Navy, consider the following tips:

- **Try Before You Buy:** If possible, visit a physical store to try on different styles and sizes. This will give you a better idea of how each fit feels and looks on your body.
- **Read Reviews:** Online reviews can provide insights into how a specific pair of pants fits. Look for comments on sizing and comfort to help inform your decision.
- **Check the Material:** Different fabrics can affect the fit and comfort of pants. For example, stretchable materials may provide a snugger fit while still allowing for movement.
- **Know Your Body Type:** Understanding your body type can help you choose the right fit. For example, if you have a larger waist but thinner legs, a relaxed fit may work better than a slim fit.

# Caring for Your Old Navy Mens Pants

To ensure your Old Navy pants last as long as possible, proper care is essential. Here are some tips for maintaining their quality:

## 1. Washing

- Always follow the care label instructions for washing.
- Use cold water and a gentle cycle to prevent shrinkage and fading.
- Avoid excessive washing to maintain the fabric's integrity.

## 2. Drying

- Air-drying is the best option to prevent shrinkage. Hang your pants on a line or lay them flat to dry.
- If using a dryer, opt for a low heat setting and remove them while they're still slightly damp.

## 3. Ironing

- If necessary, iron your pants on a low setting while they are slightly damp to remove wrinkles.
- Use a pressing cloth to protect the fabric from direct heat.

## Conclusion

In conclusion, the **Old Navy mens pants fit guide** provides essential information for any man looking to enhance his wardrobe. By understanding the different fits, styles, and care instructions, you can confidently select the perfect pair of pants that suit your body type and lifestyle. Whether you prefer chinos, jeans, or dress pants, Old Navy has a wide range of options to meet your needs. Happy shopping!

## Frequently Asked Questions

### What types of fits does Old Navy offer for men's pants?

Old Navy offers several fits for men's pants, including Slim Fit, Regular Fit, Relaxed Fit, and Loose Fit, catering to different body types and preferences.

### How do I determine my size in Old Navy men's pants?

To find your size in Old Navy men's pants, measure your waist and inseam, then compare those measurements to the size chart provided on their website.

## **What is the difference between Slim Fit and Regular Fit in Old Navy men's pants?**

Slim Fit pants are tailored closer to the body for a modern, streamlined look, while Regular Fit offers a more classic cut with a bit more room through the hips and thighs.

## **Are Old Navy men's pants true to size?**

Generally, Old Navy men's pants run true to size, but it is recommended to check the specific fit guide and customer reviews for individual styles, as sizing can vary.

## **What inseam lengths are available for Old Navy men's pants?**

Old Navy typically offers multiple inseam lengths for men's pants, including short, regular, and tall options to accommodate different heights.

## **Can I find plus sizes in Old Navy men's pants?**

Yes, Old Navy offers a selection of men's pants in extended sizes, including plus sizes, ensuring a wider range of options for all body types.

## **How do Old Navy's performance pants fit compared to standard pants?**

Old Navy's performance pants are designed with a more athletic fit, providing additional stretch and comfort for active wear, compared to standard pants which may have a more traditional cut.

## **What should I consider when choosing between Relaxed Fit and Loose Fit?**

When choosing between Relaxed Fit and Loose Fit, consider how much room you want in the thigh and seat area; Relaxed Fit provides extra room, while Loose Fit offers a more spacious feel overall.

## **Is there a way to try Old Navy men's pants before purchasing?**

Yes, you can visit an Old Navy store to try on men's pants before purchasing, or utilize the free return policy for online orders if you need to exchange sizes.

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