

# New York State Emt Exam Questions

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## NEW YORK STATE EMT EXAM PREP QUESTIONS WITH COMPLETED ANSWERS.

First Stage of Labor Answer- the first stage of labor occurs from the onset of the onset of the true labor contractions until dilation and effacement of the uterus.

2nd stage of labor Answer- the hallmark finding in the second stage of labor is the complete delivery of the baby

3rd stage of labor Answer- the third stage of labor occurs when the placenta is delivered.

ligaments connect Answer- bone to bone

tendons connect Answer- bone to muscle

start triage 1st step Answer- start triage begins by asking patients to get up and walk to a collection point

START Triage 2nd step Answer- respirations are assessed

start triage 3rd step Answer- if the patient is not breathing, the airway is opened.

start triage 4th step Answer- Pulse is then assessed

start triage 5th step Answer- Check mental status

rule of 9's- Child: back Answer- child's back represents 18% of his body surface area

Rule of 9's:Child: Both Legs (Front & Back) Answer- the front and back of both legs each represent 7%

Rule of 9's:Child:Torso (Front & Back) Answer- child's anterior and posterior torso would represent 36%

Primary blast stage Answer- also known as the pressure wave, damages hollow, gas containing organs of the body such as lungs, GI system, inner ears and sinuses.

**New York State EMT Exam Questions** are an essential aspect of the certification process for emergency medical technicians (EMTs) in New York. The EMT exam is designed to test the knowledge and skills necessary to provide emergency medical care in a variety of situations. This article will explore the structure of the exam, types of questions, preparation strategies, and resources available to aspiring EMTs in New York.

## Understanding the EMT Exam Structure

The New York State EMT exam is structured to assess a candidate's competency in various areas of

emergency medical services (EMS). The exam typically consists of two main components:

## 1. Written Examination

The written examination is composed of multiple-choice questions that evaluate a candidate's understanding of medical concepts, protocols, and procedures relevant to EMTs. The topics covered in this portion of the exam include:

- Medical Terminology: Understanding medical language is crucial for effective communication in emergency situations.
- Anatomy and Physiology: Basic knowledge of the human body systems is essential for assessing and managing patients.
- Patient Assessment: EMTs must accurately assess a patient's condition to provide appropriate care.
- Trauma Management: Questions related to the management of traumatic injuries, including bleeding control and spinal immobilization.
- Medical Emergencies: Topics such as respiratory distress, cardiac emergencies, and diabetic emergencies.
- Pharmacology: Understanding the medications that EMTs are authorized to administer.

## 2. Practical Skills Examination

In addition to the written exam, candidates must demonstrate their practical skills in a hands-on scenario. This portion of the exam typically involves performing specific skills in a controlled environment, such as:

- Patient Assessment Skills: Demonstrating the ability to perform a thorough patient assessment.
- Airway Management: Techniques for ensuring a patent airway, such as using airways adjuncts or bag-valve-mask ventilation.
- Cardiopulmonary Resuscitation (CPR): Executing proper CPR techniques on an adult, child, and infant.
- Trauma Skills: Applying dressings and bandages, performing splinting, and managing spinal injuries.

## Types of Questions on the EMT Exam

The types of questions found on the New York State EMT exam can vary in format and complexity. Candidates can expect to encounter:

### Multiple-Choice Questions

These questions present a scenario followed by several answer choices. Candidates must select the most appropriate answer. For example:

- Scenario: A 55-year-old male presents with chest pain, shortness of breath, and diaphoresis. What is

the most appropriate initial action?

- A) Administer nitroglycerin
- B) Obtain a 12-lead ECG
- C) Provide high-flow oxygen
- D) Perform CPR

## **True/False Questions**

Some questions may require candidates to determine whether a statement is true or false. For instance:

- Statement: An EMT is authorized to administer aspirin to a patient experiencing chest pain.
- Answer: True

## **Scenario-Based Questions**

These questions require candidates to analyze a situation and apply their knowledge to determine the best course of action. For example:

- Scenario: You arrive at the scene of a motor vehicle collision. One patient is unresponsive, with a strong odor of alcohol on their breath. What should your first priority be?
- A) Assess the patient's airway
- B) Call for law enforcement
- C) Obtain a blood glucose level
- D) Begin CPR

## **Preparation Strategies for the EMT Exam**

Preparing for the New York State EMT exam requires a dedicated study plan and access to quality resources. Here are some effective strategies to enhance your preparation:

### **1. Enroll in a State-Approved EMT Course**

The first step is to enroll in a state-approved EMT training program. These courses provide comprehensive training and cover the necessary material for the exam. Look for programs that include both theoretical and practical components, ensuring a well-rounded education.

### **2. Utilize Study Guides and Practice Tests**

Invest in study guides specifically designed for the New York State EMT exam. Many organizations and educational institutions provide practice tests that simulate the actual exam experience. These

resources can help familiarize you with the question formats and topics covered.

### 3. Create a Study Schedule

Establish a study schedule that allocates time for each subject area. Break down your studying into manageable sections, focusing on one topic at a time. Consistency is key, so set aside dedicated time each week to review materials.

### 4. Form a Study Group

Joining a study group can provide support and motivation. Collaborating with peers allows you to discuss difficult concepts, quiz each other, and share valuable resources. Teaching others is also a great way to reinforce your own understanding.

### 5. Review Practical Skills Regularly

Since the practical skills examination is a critical component of the EMT certification process, practice your skills regularly. Work with classmates in a lab setting or volunteer at local EMS agencies to gain hands-on experience.

## Resources for EMT Exam Preparation

There are numerous resources available to help candidates prepare for the New York State EMT exam. Here are some recommended options:

- **New York State Bureau of Emergency Medical Services:** This official website provides essential information about EMT certification, including exam scheduling and requirements.
- **Textbooks and Reference Materials:** Look for textbooks specifically written for EMT training, such as "Emergency Care" by Daniel Limmer and Michael F. O'Keefe.
- **Online Courses:** Websites like EMS1 Academy and the National Registry of Emergency Medical Technicians (NREMT) offer online training modules and practice questions.
- **Mobile Apps:** Several apps are available for EMT exam preparation, offering flashcards, quizzes, and study aids that can be accessed on the go.

# Conclusion

In conclusion, the New York State EMT exam is a vital step in becoming a certified emergency medical technician. Understanding the structure of the exam, the types of questions, and effective preparation strategies can significantly increase your chances of success. By utilizing the right resources and dedicating time to your studies, you will be well-equipped to tackle the EMT exam and embark on a rewarding career in emergency medical services. Whether you are a first-time test-taker or looking to refresh your knowledge, thorough preparation is key to achieving your certification goals.

## Frequently Asked Questions

### **What topics are covered in the New York State EMT exam?**

The exam covers various topics including patient assessment, airway management, medical emergencies, trauma, and EMS operations.

### **How can I prepare for the New York State EMT exam?**

Preparation can include studying the New York State EMT curriculum, taking practice exams, and participating in review courses.

### **What is the passing score for the New York State EMT exam?**

The passing score for the New York State EMT exam is typically around 70%, but it's best to check with the New York State Department of Health for the latest requirements.

### **Are there any prerequisites to take the New York State EMT exam?**

Yes, candidates must complete an approved EMT training program and be at least 18 years old to sit for the exam.

### **How long is the New York State EMT exam?**

The New York State EMT exam typically lasts about 2 hours, consisting of multiple-choice questions.

### **What is the format of the New York State EMT exam?**

The exam consists of multiple-choice questions that assess knowledge and skills related to emergency medical services.

### **Where can I find practice questions for the New York State EMT exam?**

Practice questions can be found in study guides, online resources, and through EMT training programs that offer exam preparation materials.



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