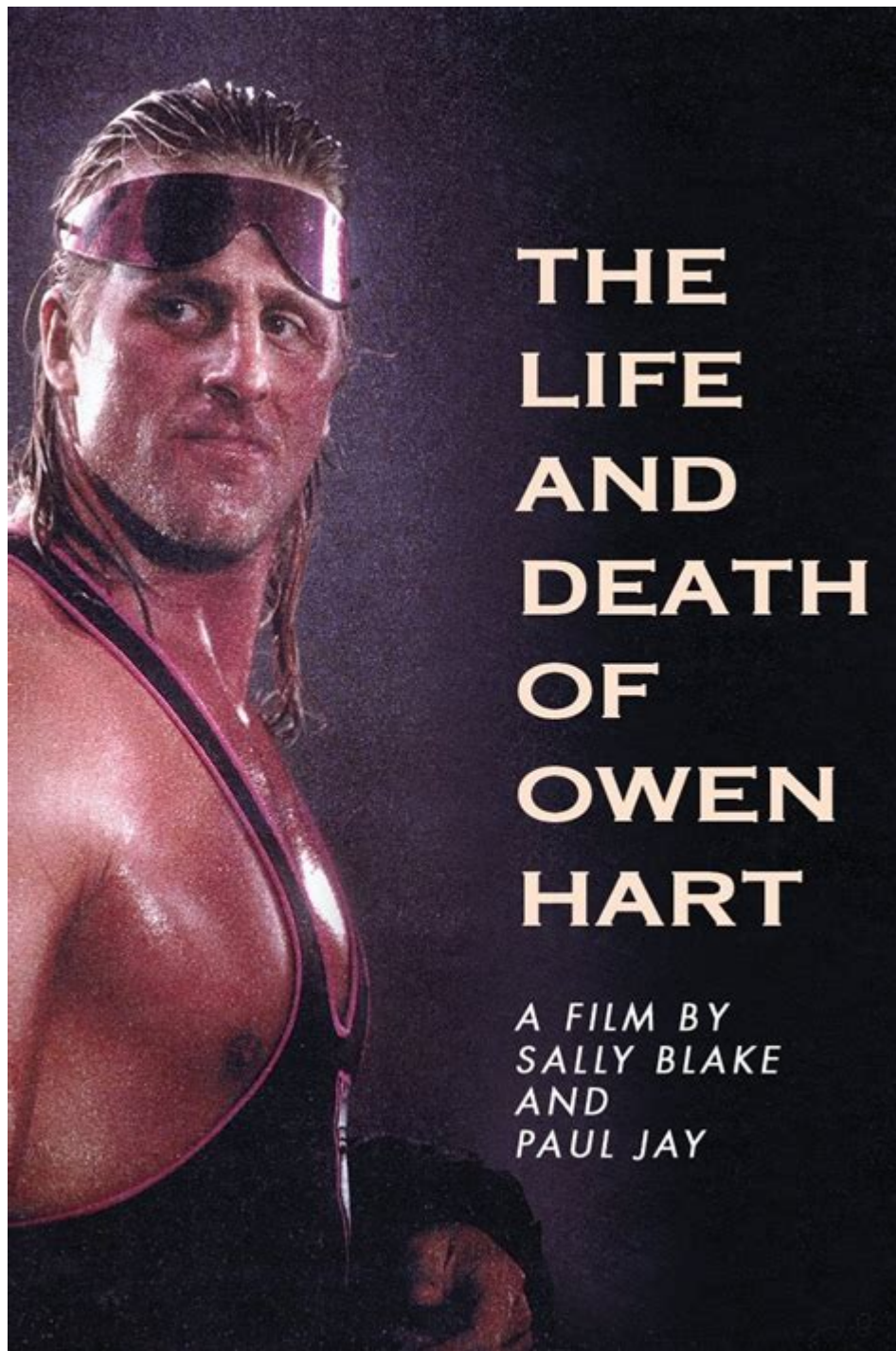


# Life And Death Of Owen Hart



Life and death of Owen Hart is a poignant chapter in the history of professional wrestling that continues to evoke emotions among fans and fellow wrestlers alike. Owen Hart was not just a professional wrestler; he was a son, a brother, a husband, and a father. His life was marked by brilliance in the ring, a strong family legacy, and a tragic end that brought to light the underlying issues of safety in professional wrestling. This article delves into the life and career of Owen Hart, as well as the circumstances surrounding his untimely demise.

# Early Life and Family Background

Owen James Hart was born on May 7, 1965, in Calgary, Alberta, Canada, into the renowned Hart family, known for their significant contributions to the world of professional wrestling. He was the youngest son of Stu Hart and Helen Hart and was part of a wrestling dynasty that included his brothers Bret Hart, Keith Hart, and Bruce Hart, among others.

## Influences and Training

Growing up in the Hart family, Owen was surrounded by wrestling from an early age. He trained in the "Dungeon," a notorious training facility established by his father, where he learned the art of wrestling alongside his siblings. This rigorous training laid the foundation for his future career.

Key influences on Owen's career included:

1. **Family Legacy:** The Hart family's reputation in wrestling provided Owen with both inspiration and a high standard to live up to.
2. **Diverse Styles:** Owen was known for his ability to adapt and incorporate various wrestling styles, influenced by the different wrestling cultures he encountered.
3. **Supportive Environment:** Growing up in a family that valued hard work and perseverance instilled a strong work ethic in Owen.

## Career in Professional Wrestling

Owen Hart made his professional debut in 1983 and quickly gained recognition for his athleticism and in-ring charisma. His career spanned various wrestling promotions, including Stampede Wrestling, World Wrestling Federation (WWF, now WWE), and All Japan Pro Wrestling.

## Key Highlights of His Wrestling Career

- **Stampede Wrestling:** Owen honed his skills in this promotion, where he captured multiple titles and developed his persona.
- **World Wrestling Federation:** Owen joined WWF in 1991, quickly establishing himself as a formidable competitor. He was known for his unique style and ability to connect with audiences.
- **Tag Team Success:** Throughout his career, Owen formed successful tag teams, notably with Yokozuna, with whom he won the WWF Tag Team Championship.
- **Intercontinental Champion:** Owen's rivalry with his brother Bret Hart culminated in a memorable match at WrestleMania X, where he became the Intercontinental Champion.
- **King of the Ring:** In 1994, Owen won the prestigious King of the Ring tournament, further solidifying his status as a top-tier wrestler.

# Character Development

Owen's character evolved significantly over the years. He initially portrayed a heroic figure but later embraced a villainous persona. The "Black Hart" gimmick allowed him to showcase his ability to generate heat from the crowd, which he did with remarkable skill. His comedic timing and ability to engage audiences made him a beloved figure in wrestling, regardless of his alignment.

# Personal Life

Owen Hart was not just a wrestler; he was a devoted family man. He married Martha Hart in 1989, and together they had two children, Oje and Athena. Owen was known for his loving nature, often prioritizing his family over wrestling commitments.

# Balancing Family and Career

Owen's dedication to his family was evident in several ways:

- Supportive Husband: Owen often expressed his desire to have a stable family life, and he worked hard to provide for them.
- Fatherly Role: He was known to be actively involved in his children's lives, taking time off from his wrestling schedule whenever possible to be present for important moments.
- Struggles with Fame: Despite his success, Owen often struggled with the demands of fame and the toll it took on his personal life, leading him to reassess his priorities.

# The Tragic Death of Owen Hart

Owen Hart's life was cut tragically short on May 23, 1999, during a live pay-per-view event titled "Over the Edge" at the Kemper Arena in Kansas City, Missouri.

# Details of the Incident

The circumstances surrounding Owen's death were harrowing:

- Stunt Gone Wrong: Owen was scheduled to make a dramatic entrance to the ring as his alter ego, "The Blue Blazer." The plan involved him being lowered from the rafters, but the rigging failed, resulting in Owen falling approximately 78 feet into the ring.
- Immediate Aftermath: Medical personnel attempted to revive him, but he was pronounced dead shortly after. The incident shocked the wrestling community and left fans reeling.

# Investigations and Controversies

The aftermath of Owen's death raised numerous questions regarding safety in professional wrestling:

1. **Lawsuits:** Martha Hart filed a wrongful death lawsuit against the WWF, which led to a legal battle that highlighted safety concerns within the industry.
2. **Safety Protocols:** Owen's death prompted discussions about the need for improved safety measures in wrestling, particularly regarding high-risk stunts.
3. **Criticism of WWF:** The incident raised significant criticism against WWF for its practices and the pressure it placed on performers to engage in dangerous stunts.

## The Legacy of Owen Hart

Owen Hart's legacy extends beyond his in-ring accomplishments. His death served as a catalyst for change in the wrestling industry, prompting a closer examination of performer safety.

## Impact on Professional Wrestling

- **Increased Safety Measures:** In the years following Owen's death, many wrestling promotions began to implement stricter safety protocols to protect their performers.
- **Tributes and Memorials:** Owen's influence is still felt today, with numerous wrestlers citing him as a major inspiration. His memory is honored through various tributes, including the annual "Owen Hart Foundation" events.
- **Documentaries and Literature:** Owen's life and career have been the subject of documentaries and books, ensuring that his story continues to resonate with fans and new generations of wrestlers.

## Personal Reflections

Many wrestlers and fans remember Owen as a kind-hearted individual who had a unique ability to connect with people. His humor and talent left an indelible mark on the wrestling world, and he is often remembered for his contributions to the industry and the love he had for his family.

## Conclusion

The life and death of Owen Hart is a story filled with triumph and tragedy. From his early days in the Hart family to his rise as a wrestling superstar, Owen's journey is a testament to his talent and dedication. However, his untimely death serves as a stark reminder of the risks involved in professional wrestling. Owen Hart will forever be remembered not only for his incredible contributions to the sport but also for the lessons learned in the wake of his passing. His legacy continues to inspire a commitment to safety and a deep appreciation for the art of professional wrestling.

# **Frequently Asked Questions**

## **What were the circumstances leading to Owen Hart's tragic death?**

Owen Hart died on May 23, 1999, during a WWE event when a harness malfunction caused him to fall approximately 78 feet from the rafters of the Kemper Arena in Kansas City, Missouri, while he was performing a stunt as part of his character.

## **How did Owen Hart's death impact the professional wrestling industry?**

Owen Hart's death led to significant changes in safety protocols within the wrestling industry, including stricter regulations regarding stunts and harnesses, as well as increased scrutiny on the safety measures employed by wrestling promotions.

## **What were some of Owen Hart's notable achievements in wrestling before his death?**

Before his death, Owen Hart was a two-time intercontinental champion, a tag team champion, and a member of the Hart family wrestling dynasty, known for his technical skill, charisma, and contributions to various wrestling storylines.

## **How did the wrestling community honor Owen Hart after his passing?**

The wrestling community honored Owen Hart through tributes during events, the establishment of the Owen Hart Foundation, and the inclusion of his legacy in the WWE Hall of Fame, as well as annual memorial events by fans and fellow wrestlers.

## **What legal actions were taken following Owen Hart's death?**

After Owen Hart's death, his widow, Martha Hart, filed a lawsuit against WWE for negligence, which was settled out of court. The incident also raised awareness about workplace safety and the responsibilities of employers in the wrestling industry.

## **How has Owen Hart's legacy continued to influence wrestling today?**

Owen Hart's legacy continues to influence wrestling today through the recognition of his contributions to the sport, the ongoing discussions about wrestler safety, and the inspiration he provides to new generations of wrestlers who admire his talent and dedication.

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