

Into The Night Parents Guide



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When it comes to choosing a television series for family viewing, parents often seek guidance to ensure the content is suitable for their children. "Into the Night," a Belgian post-apocalyptic thriller, has gained popularity since its release on Netflix. This article serves as a comprehensive parents guide to "Into the Night," helping families decide if this show aligns with their viewing standards and values.

Overview of "Into the Night"

"Into the Night" is a survival drama that premiered on Netflix in May 2020. The series is inspired by the 2012 novel "The Old Axolotl" by Jacek Dukaj. It follows a group of survivors on a hijacked plane who must flee from the sun, which has become deadly due to a mysterious global phenomenon. As they navigate the dangers of the new world, they face not only external threats but also internal conflicts within their group.

Plot Summary

The plot of "Into the Night" revolves around a flight from Brussels that becomes a desperate race for survival. Following the sudden onset of a solar event that causes the sun to kill anyone exposed to its rays, the passengers and crew must constantly fly at night to avoid the deadly sunlight.

Key elements of the plot include:

1. **Character Development:** The series features a diverse cast, each with their backstories and reasons for being on the flight. This complexity adds depth to the narrative.

2. Survival Themes: The characters face numerous challenges, such as limited resources, personal conflicts, and external threats from other survivors.

3. Mystery and Suspense: The show maintains a tense atmosphere with numerous plot twists that keep viewers engaged and guessing.

Target Audience

"Into the Night" is primarily aimed at older teens and adults due to its themes of survival, tension, and moral dilemmas. Its intense moments and mature themes may not be suitable for younger children, making parental guidance essential.

Content Ratings

The show has received a TV-MA rating, which indicates that it is intended for mature audiences and may not be suitable for children under 17. This rating is based on the following content elements:

Language

The series contains strong language that may not be appropriate for younger audiences. Frequent use of profanity is present, which could be a concern for parents.

Violence

"Into the Night" features intense scenes of violence, including:

- Physical confrontations: Characters engage in fights, and there are scenes of injury and struggle.
- Life-and-death situations: The stakes are high, leading to moments of brutality.
- Character deaths: The series does not shy away from killing off characters, which can be emotionally impactful and potentially distressing for some viewers.

Sexual Content

There are moments of sexual tension and brief sexual scenes in the series. While not the main focus, parents may wish to consider their children's maturity regarding such themes.

Substance Use

Characters occasionally engage in drinking, and there are references to substance use. While not a

central theme, it is present enough to warrant caution.

Positive Themes

Despite its darker elements, "Into the Night" does explore various positive themes that can be valuable for viewers:

- Teamwork and Cooperation: The characters must work together to survive, highlighting the importance of collaboration in times of crisis.
- Resilience and Survival: The series showcases human resilience and the will to survive against overwhelming odds, which can be inspirational.
- Moral Dilemmas: Characters often face tough decisions that challenge their morals, prompting viewers to think critically about ethics and the human condition.

Discussion Points for Parents

When considering "Into the Night" for family viewing, parents might want to discuss the following points with their children:

1. Understanding Consequences: Discuss the consequences of the characters' actions and the moral dilemmas they face.
2. Realism vs. Fiction: Talk about the difference between the fictional scenarios in the show and real-life situations.
3. Fear and Anxiety: Address any fears or anxieties that may arise from watching intense scenes, helping children process their emotions.
4. Teamwork and Trust: Highlight the importance of trust and teamwork in overcoming challenges, drawing parallels to real-life situations.

Conclusion

"Into the Night" is a gripping series that combines elements of thriller, drama, and survival. While it offers valuable themes of teamwork and resilience, the mature content—strong language, violence, and brief sexual scenes—makes it primarily suitable for older teens and adults. Parents should consider their children's maturity levels and discuss the show's themes and content before viewing. By doing so, families can enjoy the thrilling experience of "Into the Night" while fostering open discussions about the complexities of human behavior in extreme situations.

Ultimately, this parents guide aims to equip families with the necessary information to make informed viewing choices regarding "Into the Night," ensuring a suitable and enjoyable watching experience for

all.

Frequently Asked Questions

What is 'Into the Night' about?

'Into the Night' is a Belgian sci-fi thriller series centered around a group of passengers on a hijacked plane who must flee from the sun to survive, as exposure to sunlight leads to death.

Is 'Into the Night' suitable for children?

The series contains mature themes, violence, and intense situations, making it more suitable for older teens and adults rather than younger children.

What age rating is assigned to 'Into the Night'?

'Into the Night' is typically rated TV-MA, indicating that it is intended for mature audiences and may not be suitable for children under 17.

Are there any graphic scenes in 'Into the Night'?

Yes, the series includes some graphic violence and intense scenes that may be distressing for sensitive viewers.

What themes are explored in 'Into the Night'?

The series explores themes of survival, fear, human relationships under pressure, and the moral dilemmas faced by the characters.

Is there any sexual content in 'Into the Night'?

There are instances of sexual content, but they are not the primary focus of the series. It is more centered on survival and suspense.

How many seasons of 'Into the Night' are there?

As of October 2023, 'Into the Night' has two seasons available for streaming, with a total of 12 episodes.

Can parents watch 'Into the Night' with their teens?

Parents may choose to watch it with their teens, but they should be prepared for discussions about the violent and mature content present in the series.

Is 'Into the Night' based on a book or real events?

'Into the Night' is an original series and is not based on a book or real events, although it draws inspiration from common survival thriller motifs.

Where can I watch 'Into the Night'?

'Into the Night' is available for streaming on Netflix, where all episodes of the series can be accessed.

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Red Barnets Vejle Fjord Sommer Camp, Folmersvej 13, 2014.

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