

# How Much Does Axonics Therapy Cost

## NYC Average Therapy Cost by Provider Type



Note: Based on private pay rates among private practice Zencare therapist members in NYC.



Axonics therapy cost is a crucial consideration for many individuals seeking relief from chronic conditions such as urinary incontinence or fecal incontinence. This innovative therapy utilizes a small device implanted in the body to stimulate the nerves that control bladder and bowel functions. While the technology has shown promising results, potential patients must navigate a range of costs associated with the procedure, device, follow-up care, and insurance coverage. This article delves into the various factors influencing the cost of Axonics therapy, helping patients make informed decisions about their treatment options.

## Understanding Axonics Therapy

Axonics therapy involves the implantation of a neurostimulator device, which sends electrical pulses to the sacral nerves, ultimately improving bladder and bowel control. Here's a brief overview of the therapy itself:

### How Axonics Therapy Works

1. **Device Implantation:** The procedure typically begins with the implantation of a small device, similar in size to a pacemaker, under the skin near the tailbone.
2. **Nerve Stimulation:** Once implanted, the device sends mild electrical pulses to the sacral nerves, which communicate with the bladder and bowel.
3. **Control over Symptoms:** Patients often experience significant improvements in their symptoms, including reduced urgency and frequency of bathroom visits.

# Conditions Treated by Axonics Therapy

Axonics therapy is primarily used for treating:

- Overactive bladder (OAB)
- Urinary incontinence
- Fecal incontinence
- Other bladder and bowel disorders

# Cost Breakdown of Axonics Therapy

Understanding the total cost of Axonics therapy involves examining several components, including the initial procedure, device price, follow-up care, and potential insurance reimbursements.

## Initial Procedure Costs

The costs associated with the initial procedure can vary significantly based on several factors:

- Geographic Location: Prices can differ by region; urban centers may have higher costs compared to rural areas.
- Facility Type: The type of medical facility (hospital vs. outpatient clinic) can influence expenses.
- Surgeon Fees: The experience and reputation of the surgeon can also affect the cost.

On average, the initial procedure can range from \$15,000 to \$30,000, which includes:

- Surgical fees
- Anesthesia costs
- Facility fees

## Device Cost

The Axonics device itself is another significant factor in the overall cost. The price for the neurostimulator can range from \$10,000 to \$20,000. This figure may include:

- Device purchase
- Implantation costs
- Programming of the device post-surgery

## Follow-Up Care and Maintenance

After the initial implantation, patients will need to attend follow-up appointments to ensure the device is functioning correctly and to make any necessary adjustments. Costs associated with follow-up care may include:

- Regular check-ups: \$100 to \$300 per visit
- Periodic device adjustments: \$200 to \$500 per session
- Device replacements: Every 5 to 10 years (approximately \$10,000 to \$20,000)

These ongoing costs can add up, making it essential for patients to budget for the long-term management of their therapy.

## **Insurance Coverage for Axonics Therapy**

One of the most significant factors influencing the out-of-pocket costs for Axonics therapy is insurance coverage. Each insurance plan is different, so it is vital for patients to verify their specific coverage.

### **Factors Affecting Insurance Coverage**

1. Plan Type: Different types of insurance plans (HMO, PPO, etc.) may have varying levels of coverage for surgical procedures.
2. Pre-Authorization Requirements: Many plans require pre-authorization before covering the procedure, which may involve providing documentation of previous treatments.
3. In-Network vs. Out-of-Network Providers: Costs can be significantly lower when using in-network providers.
4. Deductibles and Co-Pays: Patients should consider their deductible amounts and any co-pays that will apply.

### **What Patients Can Do**

- Consult with Insurance Providers: Speak directly with insurance representatives to understand what is covered.
- Get a Detailed Estimate: Request a detailed estimate from the healthcare provider, including all associated costs.
- Explore Financial Assistance Programs: Some hospitals and clinics offer financial assistance programs that can help offset costs.

## **Financial Options for Axonics Therapy**

When faced with the high costs of Axonics therapy, patients may consider various financial options to manage their expenses.

### **Payment Plans and Financing Options**

1. Payment Plans: Many healthcare providers offer payment plans that allow patients to spread out the cost over time.
2. Medical Credit Cards: Specialized medical credit cards can help cover the cost of procedures.
3. Personal Loans: Some individuals may opt for personal loans to finance their treatment.

# **Health Savings Accounts (HSAs) and Flexible Spending Accounts (FSAs)**

Using HSAs or FSAs can also help manage costs effectively:

- HSA: Funds can be set aside tax-free for medical expenses, including surgery costs.
- FSA: Similar to HSAs, these accounts allow pre-tax contributions for medical expenses.

## **Conclusion**

In summary, the Axonics therapy cost can range significantly based on numerous factors, including the procedure itself, device price, follow-up care, and insurance coverage. Patients must conduct thorough research and communicate with healthcare providers and insurance representatives to gain a comprehensive understanding of potential expenses. By considering payment options and financial assistance programs, individuals can better manage the costs associated with Axonics therapy, ultimately leading to improved quality of life through effective treatment of their conditions.

## **Frequently Asked Questions**

### **What is the average cost of Axonics therapy?**

The average cost of Axonics therapy typically ranges from \$20,000 to \$30,000, depending on the healthcare facility and geographical location.

### **Does insurance cover Axonics therapy?**

Many insurance plans do cover Axonics therapy, but coverage can vary widely. It's important to check with your insurance provider for specifics regarding your policy.

### **Are there any out-of-pocket expenses for Axonics therapy?**

Yes, patients may incur out-of-pocket expenses such as deductibles, co-pays, and coinsurance, which can vary based on their insurance plan.

### **What factors influence the cost of Axonics therapy?**

Factors influencing the cost include the provider's fees, the complexity of the procedure, post-operative care, and any additional treatments required.

### **Is there a payment plan available for Axonics therapy?**

Many clinics offer payment plans or financing options to help manage the costs of Axonics therapy, making it more accessible for patients.

## **What is included in the cost of Axonics therapy?**

The cost typically includes the device, surgical procedure, hospital fees, and follow-up appointments, but it's essential to confirm with your provider.

## **How does the cost of Axonics therapy compare to other treatments?**

Axonics therapy may be more expensive than traditional medications or conservative treatments but can be more cost-effective in the long run due to its potential to reduce ongoing treatment costs.

## **Are there financial assistance programs for Axonics therapy?**

Yes, some organizations and manufacturers may offer financial assistance programs or grants to help patients afford Axonics therapy.

## **Can I get an estimate for Axonics therapy costs before the procedure?**

Yes, most healthcare providers can give a cost estimate based on your specific situation and insurance coverage prior to the procedure.

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