## Hesi 799 Rn Exit Exam

# HESI 799 RN Exit Exam GUIDE. (Version 1 to Version 7// HESI 799 RN Exit Exam

Following discharge teaching, a male client with duodenal ulcer tells the nurse the he will drink plenty of dairy products, such as milk, to help coat and protect his ulcer. What is the best follow-up action by the nurse?

- a. Remind the client that it is also important to switch to decaffeinated coffee and tea.
- b. Suggest that the client also plan to eat frequent small meals to reduce discomfort
- c. Review with the client the need to avoid foods that are rich in milk and cream.
- d. Reinforce this teaching by asking the client to list a dairy food that he might select. Review with the client the need to avoid foods that are rich in milk and cream

Rationale: Diets rich in milk and cream stimulate gastric acid secretion and should be avoided.

A male client with hypertension, who received new antihypertensive prescriptions at his last visit returns to the clinic two weeks later to evaluate his blood pressure (BP). His BP is 158/106 and he admits that he has not been taking the prescribed medication because the drugs make him "feel bad". In explaining the need for hypertension control, the nurse should stress that an elevated BP places the client at risk for which pathophysiological condition?

- a. Blindness secondary to cataracts
- b. Acute kidney injury due to glomerular damage
- c. Stroke secondary to hemorrhage
- d. Heart block due to myocardial damage

# Understanding the HESI 799 RN Exit Exam

The HESI 799 RN Exit Exam is an essential assessment tool designed to evaluate the knowledge and competencies of nursing students as they prepare to graduate from their programs and enter the nursing profession. This exam serves as a capstone assessment, providing both students and

educators with valuable insights into the readiness of graduates to take the NCLEX-RN exam and practice as registered nurses. In this article, we will explore the purpose, structure, preparation strategies, and importance of the HESI 799 RN Exit Exam.

# Purpose of the HESI 799 RN Exit Exam

The HESI 799 RN Exit Exam is primarily aimed at assessing the comprehensive understanding of nursing concepts acquired throughout the educational program. The exam serves several key purposes:

- Predicting NCLEX-RN Success: The results of the HESI exam can help predict a student's
   likelihood of passing the NCLEX-RN, thus serving as an indicator of their readiness for licensure.
- Identifying Knowledge Gaps: It helps identify areas where students may need additional review or study, allowing for targeted preparation before graduation.
- Program Evaluation: Educational institutions can use aggregate data from the exam to evaluate their nursing programs and make necessary adjustments to improve curriculum and student outcomes.

## Structure of the HESI 799 RN Exit Exam

The HESI 799 RN Exit Exam consists of a series of questions that cover a wide range of nursing topics. Understanding the structure of the exam can help students prepare effectively.

# **Exam Format**

The exam typically includes:

Question Types: Multiple-choice questions, select-all-that-apply questions, and case studies.
Content Areas: Questions may cover topics including but not limited to:
1. Medical-Surgical Nursing
2. Pediatrics
3. Maternity and Women's Health
4. Psychiatric Nursing
5. Pharmacology
6. Leadership and Management
Scoring: The HESI exam is scored based on the number of correct answers, and students
typically receive a percentage score along with a performance profile highlighting their strengths
and weaknesses.

#### **Duration of the Exam**

The HESI 799 RN Exit Exam usually lasts around 150 minutes, during which students must complete a set number of questions. Time management is critical during this period to ensure that each section is completed thoroughly.

# Preparing for the HESI 799 RN Exit Exam

Preparation for the HESI 799 RN Exit Exam is crucial for success. Here are some effective strategies that students can employ:

#### 1. Review the Content Areas

Focus your study on the key content areas outlined in the exam structure. Use textbooks, class notes, and online resources to refresh your knowledge in these subjects.

#### 2. Utilize Practice Exams

Taking practice exams can significantly enhance your test-taking skills and familiarity with the exam format. Many resources offer practice questions that mimic the HESI test environment.

## 3. Form Study Groups

Collaborating with fellow nursing students can provide different perspectives and clarify difficult concepts. Group studies can foster discussions that reinforce learning.

#### 4. Seek Faculty Guidance

Don't hesitate to reach out to your instructors for clarification on complex topics. Faculty members can provide valuable insights and may recommend additional resources for preparation.

#### 5. Develop a Study Schedule

Creating a structured study plan can help you manage your time effectively. Allocate specific time blocks for each content area and stick to your schedule to ensure comprehensive coverage of all material.

## Importance of the HESI 799 RN Exit Exam

The HESI 799 RN Exit Exam plays a significant role in nursing education for several reasons:

## 1. Enhancing Student Readiness

The exam helps ensure that students are well-prepared to enter the nursing profession. By identifying strengths and weaknesses, students can focus their efforts more effectively before they graduate.

# 2. Supporting Program Improvement

Aggregated data from the HESI exam can help nursing programs assess the effectiveness of their curriculum. This information can be used to make informed decisions about program enhancements and improvements.

## 3. Building Confidence

Successfully passing the HESI 799 RN Exit Exam can boost students' confidence as they approach the NCLEX-RN. It serves as a final confirmation of their knowledge and skills, which is crucial for their future practice.

## 4. Fostering Lifelong Learning

The exam emphasizes the importance of continuous learning within the nursing profession. Students are encouraged to view the exam not just as a hurdle but as part of their journey toward becoming competent and confident nurses.

#### Conclusion

The HESI 799 RN Exit Exam is a vital component of nursing education that serves to evaluate and enhance the readiness of nursing students for their future careers. By understanding the exam's purpose, structure, and preparation strategies, students can approach this significant milestone with confidence. The insights gained from this assessment not only benefit the individual student but also contribute to the ongoing improvement of nursing programs, ultimately ensuring that graduates are equipped with the necessary knowledge and skills to succeed in their nursing careers. Embracing the challenges of the HESI 799 RN Exit Exam lays the foundation for a promising future in the healthcare field.

# Frequently Asked Questions

#### What is the HESI 799 RN Exit Exam?

The HESI 799 RN Exit Exam is a comprehensive assessment designed for nursing students to evaluate their readiness for the NCLEX-RN exam and ensure they possess the necessary knowledge and skills for safe nursing practice.

#### What topics are covered in the HESI 799 RN Exit Exam?

The exam covers a wide range of topics including nursing fundamentals, pharmacology, medicalsurgical nursing, maternal-child health, psychiatric nursing, and community health.

#### How can students prepare for the HESI 799 RN Exit Exam?

Students can prepare by reviewing core nursing content, taking practice exams, utilizing HESI study guides, and participating in review sessions offered by their nursing programs.

## Is the HESI 799 RN Exit Exam mandatory?

While it is not universally mandatory, many nursing programs require students to take the HESI 799 RN Exit Exam as part of their curriculum to gauge preparedness for the NCLEX-RN.

## What is a passing score for the HESI 799 RN Exit Exam?

The passing score can vary by institution, but a common benchmark is a score of 850 or higher, indicating a strong likelihood of passing the NCLEX-RN exam.

## How does the HESI 799 RN Exit Exam impact nursing students?

The results from the HESI 799 RN Exit Exam can impact students' confidence levels, identify areas that need improvement, and may influence graduation and licensure eligibility in some programs.

## What resources are available for HESI 799 RN Exit Exam preparation?

Resources include HESI study guides, online practice questions, review courses, and study groups.

Many nursing programs also provide access to HESI resources and practice tests.

## Can students retake the HESI 799 RN Exit Exam if they do not pass?

Yes, students typically have the option to retake the HESI 799 RN Exit Exam, but the specific policies regarding retakes may vary by nursing program.

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