Firefighters Entry Level Study Guide For **Tucson**





FPSI's Test Preparation Manual (TPM) 9th Edition with PST Items for Entry-Level Firefighters Order Form

DO NOT attempt to prepare for this exam with previous editions of our TPM.

Doing so will result in a low test score.

The entry-level firefighter written test consists of two components: a reading ability component and a cognitive ability component. The reading ability component will account for 74% of the total written test weight. All of the test items in the reading ability component will come directly from the Test Preparation Manual (TPM). The TPM 9th Edition consists of five chapters describing information needed to succeed as an entry-level fireflighter. Candidates typically study the Test Preparation Manual for 3 to 6 weeks and then take a multiple-choice test measuring their retention of the material in the Manual. Additionally, the general cognitive ability component will account for 26% of the total test weight (e.g., general math items, word problems, etc.). There is no study manual for the cognitive ability component of this test. Given that 74% of the total test weight will be measured by items taken directly from the TPM, the more familiar the candidate is with the TPM, the higher their score will be on the test. Purchase of the 9th Edition TPM is strongly advised.

TPM PRACTICE TEST (Optional):
The TPM Practice Test contains 50 questions that are similar to those in the actual TPM Test. The Practice Test consists of several questions from each of the five chapters covered in the TPM. This Practice Test is intended to measure the candidates' reading ability skills, not their cognitive ability skills. The answer key for the TPM Practice Test is also included.

- -- To order the TPM Study Guide, please send an \$18.00 --- MONEY ORDER ONLY payable to FPSI and mail to the address below. --- NO personal checks or credit cards accepted.
- --- To order the TPM Practice Test, please send a \$7.00 --- MONEY ORDER ONLY payable to FPSI and mail to the address below. --- NO personal checks or credit cards accepted.

THE ONLY WAY to obtain a TPM and/or a Practice Test is by mailing a MONEY ORDER ONLY (NO Personal Checks or Credit Cards Accepted) made payable to FPSI to the address below. There will be no walk-ins or phone orders allowed.

Fire & Police Selection, Inc. (FPSI) 193 Blue Ravine Rd, Ste 270

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Please ensure that your handwriting is legible as we cannot guarantee ship poorly written contact information. Please allow 5-10 business days for delivery.

FIREFIGHTERS ENTRY LEVEL STUDY GUIDE FOR TUCSON

BECOMING A FIREFIGHTER IS AN ADMIRABLE AND CHALLENGING CAREER PATH THAT REQUIRES DEDICATION, PHYSICAL FITNESS, AND A THOROUGH UNDERSTANDING OF VARIOUS FIREFIGHTING PRINCIPLES. IN TUCSON, ARIZONA, THE JOURNEY TO BECOMING A FIREFIGHTER BEGINS WITH A COMPREHENSIVE ENTRY-LEVEL STUDY GUIDE THAT PREPARES ASPIRING CANDIDATES FOR THE COMPETITIVE TESTING AND HIRING PROCESS. THIS GUIDE COVERS ESSENTIAL TOPICS SUCH AS QUALIFICATIONS, THE APPLICATION PROCESS, TESTING PROCEDURES, AND RESOURCES FOR STUDY, ENSURING CANDIDATES ARE WELL-PREPARED FOR THEIR FUTURE ROLES AS FIREFIGHTERS.

QUALIFICATIONS TO BECOME A FIREFIGHTER IN TUCSON

Before embarking on the journey to becoming a firefighter, candidates must meet specific qualifications. I hese

REQUIREMENTS ENSURE THAT APPLICANTS POSSESS THE NECESSARY SKILLS AND ATTRIBUTES NEEDED IN THIS DEMANDING PROFESSION.

BASIC REQUIREMENTS

To qualify for an entry-level firefighter position in Tucson, candidates must meet the following basic requirements:

- 1. AGE: APPLICANTS MUST BE AT LEAST 18 YEARS OLD.
- 2. EDUCATION: A HIGH SCHOOL DIPLOMA OR GED IS REQUIRED.
- 3. DRIVER'S LICENSE: A VALID ARIZONA DRIVER'S LICENSE IS MANDATORY.
- 4. BACKGROUND CHECK: CANDIDATES MUST PASS A CRIMINAL BACKGROUND CHECK.
- 5. MEDICAL EXAMINATION: A THOROUGH MEDICAL EXAMINATION, INCLUDING A DRUG TEST, IS ESSENTIAL.
- 6. CPR and First Aid Certification: Certification in Cardiopulmonary Resuscitation (CPR) and first aid is often required.

PREFERRED QUALIFICATIONS

WHILE NOT MANDATORY, CERTAIN QUALIFICATIONS CAN ENHANCE A CANDIDATE'S APPLICATION:

- FIREFIGHTER | AND | CERTIFICATION: COMPLETION OF THE FIREFIGHTER | AND | COURSES, WHICH PROVIDE FOUNDATIONAL FIREFIGHTING SKILLS.
- EMERGENCY MEDICAL TECHNICIAN (EMT) CERTIFICATION: MANY DEPARTMENTS PREFER OR REQUIRE EMT CERTIFICATION.
- PHYSICAL FITNESS: CANDIDATES SHOULD MAINTAIN A HIGH LEVEL OF PHYSICAL FITNESS, AS THE JOB DEMANDS IT.

THE APPLICATION PROCESS

THE APPLICATION PROCESS FOR BECOMING A FIREFIGHTER IN TUCSON INVOLVES SEVERAL STEPS. UNDERSTANDING EACH PHASE CAN HELP CANDIDATES NAVIGATE THE PATH MORE EFFICIENTLY.

JOB POSTING AND APPLICATION

- 1. JOB ANNOUNCEMENTS: MONITOR THE TUCSON FIRE DEPARTMENT'S WEBSITE AND LOCAL JOB BOARDS FOR FIREFIGHTER RECRUITMENT ANNOUNCEMENTS.
- 2. ONLINE APPLICATION: COMPLETE THE ONLINE APPLICATION FORM, ENSURING ALL REQUIRED DOCUMENTS ARE SUBMITTED.
- 3. APPLICATION FEE: SOME POSITIONS MAY REQUIRE A NON-REFUNDABLE APPLICATION FEE.

TESTING PROCESS

THE TESTING PROCESS TYPICALLY COMPRISES SEVERAL STAGES:

- 1. Written Examination: A written test assessing candidates' critical thinking, reading comprehension, and basic mathematical skills.
- 2. Physical Agility Test: Candidates must demonstrate their physical fitness through a series of tasks that simulate firefighting duties.
- 3. ORAL INTERVIEW: A PANEL INTERVIEW TO EVALUATE CANDIDATES' COMMUNICATION SKILLS, PROBLEM-SOLVING ABILITIES, AND SUITABILITY FOR THE ROLE.
- 4. BACKGROUND INVESTIGATION: A THOROUGH REVIEW OF THE CANDIDATE'S PERSONAL HISTORY, INCLUDING EMPLOYMENT,

EDUCATION, AND CRIMINAL BACKGROUND.

5. MEDICAL EXAMINATION: CANDIDATES WHO PASS THE ABOVE TESTS WILL UNDERGO A MEDICAL EVALUATION AND DRUG SCREENING.

PREPARATION FOR THE WRITTEN EXAMINATION

Preparing for the Written examination is crucial for success. Candidates should focus on several key areas to ensure they are well-prepared.

STUDY TOPICS

CANDIDATES SHOULD CONCENTRATE ON THE FOLLOWING TOPICS:

- BASIC MATHEMATICS: PROFICIENCY IN ADDITION, SUBTRACTION, MULTIPLICATION, DIVISION, AND BASIC ALGEBRA.
- READING COMPREHENSION: ABILITY TO READ AND INTERPRET WRITTEN MATERIALS, INCLUDING TECHNICAL DOCUMENTS.
- FIRE SCIENCE FUNDAMENTALS: UNDERSTANDING BASIC PRINCIPLES OF FIRE BEHAVIOR, EXTINGUISHMENT TECHNIQUES, AND SAFFTY PROTOCOLS.
- EMERGENCY RESPONSE: FAMILIARITY WITH EMERGENCY MEDICAL SERVICES (EMS) PROTOCOLS AND PROCEDURES.
- LEGAL AND ETHICAL CONSIDERATIONS: KNOWLEDGE OF LAWS AND REGULATIONS GOVERNING FIREFIGHTING AND EMERGENCY SERVICES.

STUDY RESOURCES

HERE ARE SOME RECOMMENDED RESOURCES FOR EFFECTIVE STUDY:

- TEXTBOOKS: CONSIDER TEXTBOOKS ON FIRE SCIENCE, EMERGENCY MEDICAL SERVICES, AND FIREFIGHTING TECHNIQUES.
- Online Courses: Websites like FireRescue 1 Academy and the National Fire Academy offer online courses tailored for aspiring firefighters.
- PRACTICE TESTS: UTILIZE PRACTICE EXAMS TO BECOME FAMILIAR WITH THE TEST FORMAT AND TYPES OF QUESTIONS.
- LOCAL FIRE DEPARTMENT: REACH OUT TO TUCSON FIRE DEPARTMENT FOR STUDY MATERIALS OR RECOMMENDED READING LISTS.

PREPARATION FOR THE PHYSICAL AGILITY TEST

Physical fitness is vital for firefighters. Candidates must prepare for the physical agility test to demonstrate their strength, endurance, and ability to perform firefighting tasks.

COMPONENTS OF THE PHYSICAL AGILITY TEST

THE PHYSICAL AGILITY TEST TYPICALLY INCLUDES SEVERAL EXERCISES AIMED AT MIMICKING ON-THE-JOB TASKS:

- 1. STAIR CLIMB: CARRYING A WEIGHTED PACK UP AND DOWN STAIRS.
- 2. LADDER RAISE: RAISING AND LOWERING A LADDER SAFELY AND EFFICIENTLY.
- 3. Hose Drag: Dragging a fire hose over a distance.
- 4. OBSTACLE COURSE: NAVIGATING THROUGH VARIOUS OBSTACLES TO SIMULATE REAL FIREFIGHTING SCENARIOS.
- 5. DUMMY DRAG: DRAGGING A WEIGHTED DUMMY TO DEMONSTRATE RESCUE SKILLS.

TRAINING RECOMMENDATIONS

TO PREPARE EFFECTIVELY FOR THE PHYSICAL AGILITY TEST, CANDIDATES SHOULD ENGAGE IN A STRUCTURED TRAINING PROGRAM THAT INCLUDES:

- STRENGTH TRAINING: FOCUS ON BUILDING UPPER AND LOWER BODY STRENGTH THROUGH WEIGHTLIFTING AND RESISTANCE
- CARDIOVASCULAR CONDITIONING: ENGAGE IN RUNNING, CYCLING, OR SWIMMING TO IMPROVE ENDURANCE.
- SPECIFIC DRILLS: PRACTICE SPECIFIC DRILLS THAT MIMIC THE COMPONENTS OF THE AGILITY TEST, SUCH AS STAIR CLIMBING AND HOSE DRAGGING.

FINAL PREPARATION AND TIPS

AS CANDIDATES APPROACH THEIR TESTING DATES, IT'S ESSENTIAL TO REFINE THEIR PREPARATION FURTHER.

GENERAL TIPS

- 1. CREATE A STUDY SCHEDULE: DEVELOP A STUDY PLAN THAT ALLOCATES TIME FOR EACH SUBJECT AREA.
- 2. PRACTICE RELAXATION TECHNIQUES: USE TECHNIQUES SUCH AS DEEP BREATHING OR VISUALIZATION TO MANAGE TEST ANXIETY.
- 3. STAY PHYSICALLY ACTIVE: MAINTAIN A CONSISTENT EXERCISE ROUTINE TO STAY IN SHAPE AND BUILD CONFIDENCE.
- 4. NETWORK WITH CURRENT FIREFIGHTERS: SEEK ADVICE AND MENTORSHIP FROM CURRENT FIREFIGHTERS TO GAIN INSIGHTS INTO THE PROFESSION.

FINAL THOUGHTS

BECOMING A FIREFIGHTER IN TUCSON REQUIRES HARD WORK, DETERMINATION, AND THOROUGH PREPARATION. BY UNDERSTANDING THE QUALIFICATIONS, APPLICATION PROCESS, AND TESTING REQUIREMENTS, CANDIDATES CAN SET THEMSELVES UP FOR SUCCESS. UTILIZING THE RESOURCES AND STUDY STRATEGIES OUTLINED IN THIS GUIDE WILL ENHANCE THEIR CHANCES OF BECOMING PART OF TUCSON'S DEDICATED FIREFIGHTING TEAM. REMEMBER, EVERY EFFORT MADE IN PREPARATION IS AN INVESTMENT IN A REWARDING AND IMPACTFUL CAREER.

FREQUENTLY ASKED QUESTIONS

WHAT TOPICS ARE COVERED IN THE TUCSON FIREFIGHTER ENTRY-LEVEL STUDY GUIDE?

THE TUCSON FIREFIGHTER ENTRY-LEVEL STUDY GUIDE TYPICALLY COVERS TOPICS SUCH AS FIRE SCIENCE, FIREFIGHTING TACTICS, SAFETY PROCEDURES, FIRST AID, AND EMERGENCY RESPONSE PROTOCOLS.

WHERE CAN I FIND THE TUCSON FIREFIGHTER ENTRY-LEVEL STUDY GUIDE?

THE STUDY GUIDE CAN USUALLY BE FOUND ON THE TUCSON FIRE DEPARTMENT'S OFFICIAL WEBSITE, LOCAL FIRE ACADEMIES, OR THROUGH FIRE TRAINING ORGANIZATIONS.

WHAT IS THE FORMAT OF THE TUCSON FIREFIGHTER ENTRY-LEVEL EXAM?

THE EXAM FORMAT GENERALLY INCLUDES MULTIPLE-CHOICE QUESTIONS, SITUATIONAL JUDGMENT TESTS, AND MAY ALSO INCORPORATE PHYSICAL ASSESSMENTS.

HOW CAN I PREPARE EFFECTIVELY FOR THE TUCSON FIREFIGHTER ENTRY-LEVEL EXAM?

EFFECTIVE PREPARATION CAN INCLUDE STUDYING THE OFFICIAL GUIDE, TAKING PRACTICE TESTS, PARTICIPATING IN STUDY GROUPS, AND ATTENDING PREPARATORY COURSES OFFERED BY LOCAL FIRE TRAINING CENTERS.

ARE THERE ANY PREREQUISITES TO TAKE THE TUCSON FIREFIGHTER ENTRY-LEVEL EXAM?

YES, CANDIDATES TYPICALLY NEED TO BE AT LEAST 18 YEARS OLD, POSSESS A VALID DRIVER'S LICENSE, AND MAY NEED TO HAVE A HIGH SCHOOL DIPLOMA OR GED.

WHAT PHYSICAL FITNESS REQUIREMENTS ARE NECESSARY FOR BECOMING A FIREFIGHTER IN TUCSON?

CANDIDATES MUST PASS A PHYSICAL ABILITY TEST THAT INCLUDES ACTIVITIES LIKE STAIR CLIMBING, HOSE DRAGGING, AND OTHER TASKS THAT SIMULATE FIREFIGHTING DUTIES.

HOW OFTEN IS THE TUCSON FIREFIGHTER ENTRY-LEVEL EXAM OFFERED?

THE ENTRY-LEVEL EXAM IS GENERALLY OFFERED ANNUALLY, BUT SPECIFIC DATES CAN VARY, SO IT'S IMPORTANT TO CHECK THE TUCSON FIRE DEPARTMENT'S ANNOUNCEMENTS FOR CURRENT INFORMATION.

WHAT RESOURCES ARE RECOMMENDED FOR STUDYING THE FIREFIGHTER ENTRY-LEVEL MATERIAL?

RECOMMENDED RESOURCES INCLUDE THE NATIONAL FIRE PROTECTION ASSOCIATION (NFPA) GUIDELINES, FIRE SCIENCE TEXTBOOKS, AND ONLINE COURSES SPECIFIC TO FIREFIGHTER TRAINING.

WHAT SKILLS ARE EVALUATED DURING THE TUCSON FIREFIGHTER ENTRY-LEVEL TESTING PROCESS?

Skills evaluated may include problem-solving abilities, teamwork, communication, and technical knowledge related to firefighting and emergency response.

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Osher Lifelong Learning Institute - Drake University

OLLI at Drake is a membership organization, open to all persons interested in lifelong learning. Learn more about becoming an OLLI at Drake Member by clicking the link below.

Fall 2025 Catalog | OLLI at Drake

This single session for both new and returning members will look briefly at the history of OLLI at Drake University. We will look at OLLI at Drake's organizational structure, goals and programs.

Spring 2025 Catalog | Osher Lifelong Learning Institute at Drake ...

As we celebrate the 20th anniversary of OLLI at Drake (formerly known as the RaySociety) this spring, we are delighted to reflect on the enduring legacy of Governor Robert D. Ray and his ...

About OLLI - Drake University

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Spring 2024 OLLI at Drake Course Catalog - Drake University

Aligned with our mission, OLLI at Drake is a volunteer-supported program of Drake University that welcomes individuals seeking opportunities for lifelong learning. Our commitment is to provide ...

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FALL 2024 CLASSES, EVENTS, AND SOCIALS - Drake University

Dennis Kelly, from OLLI at Drake, will interview Terry Strada on Zoom about her personal connection and life mission connected to the tragic events of September 11.

OLLI Leadership - Drake University

The Osher Lifelong Leadership Institute at Drake University (OLLI at Drake) is led by various members of the Drake Campus and community. Current leadership and governance are listed ...

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