

# East Texas Planting Guide 2022



## EAST TEXAS VEGETABLE PLANTING GUIDE

Crop	SPRING Planting date	FALL Planting date	SEED or PLANT per 100 feet	Inches of Planting Distance	# of days before harvest	Yield Per 100 feet	Average days of Harvest
Asparagus	Mar. 1-15	Nov. 15	1 oz.	18	730	30 lbs.	60
Beans, Bush	March 10	Aug. 1	1/4 lb.	3-4	45-60	120 lbs.	14
Beans, Pole	March 10	Aug. 1	1/4 lb.	4-6	60-70	150 lbs.	30
Beans, Lima	March 10	Aug. 1	1/4 lb.	3-4	80	50 lbs.	40
Beets	Feb. 20	Aug. 1	1 oz.	2	50-60	150 lbs.	30
Broccoli	Feb. 15	July 15	1/4 oz.	14-24	60-80	100 lbs.	40
Brussel Sprouts	Feb. 15	July 10	1/4 oz.	14-24	90-100	75 lbs.	21
Cabbage	Feb. 15	Aug. 1	1/4 oz.	14-24	60-90	150 lbs.	40
Cabbage, Chinese	Feb. 15	Aug. 1	1/4 oz.	8-12	65-70	80 hds.	21
Carrots	Feb. 20	July 1	1/4 oz.	2	70-80	100 lbs.	21
Cauliflower	Feb. 15	July 1	1/4 oz.	14-24	70-90	100 lbs.	14
Chard, Swiss	Feb. 15	July 1	2 oz.	6	45-55	75 lbs.	40
Collard, Kale	Feb. 15	July 1	1/4 oz.	8-16	50-80	100 lbs.	60
Corn, Sweet	March 1	June 1	3-4 oz.	12-18	70-90	10 dz.	10
Cucumber	April 1-15	-----	1/4 oz.	24-28	50-70	120 lbs.	30
Eggplant	April 1-15	Aug. 1	1/8 oz.	18-24	80-90	100 lbs.	90
Garlic	Feb. 15	Nov. 15	1 lb.	2-4	140-150	40 lbs.	-
Kohlrabi	Feb. 15	July 15	1/4 oz.	4-6	55-75	75 lbs.	14
Lettuce	March 1	July 15	1/4 oz.	2-3	40-80	50 lbs.	21
Muskmelon	March 15	-----	1/4 oz.	24-36	85-100	100 ft.	30
Mustard	March 15	July 15	1/4 oz.	6-12	30-40	100 lbs.	30
Okra	April 15	-----	2 oz.	24	55-65	100 lbs.	90
Onion (plants)	Feb. 15	Sept. 1	400- 600 plants	2-3	80-120	100 lbs.	40
Parsley	March 1	July 15	1/4 oz.	2-4	70-90	30 lbs.	90

East Texas Planting Guide 2022 provides a comprehensive overview for gardeners and farmers looking to optimize their planting strategies in the unique climate and soil conditions of East Texas. This region, known for its rich biodiversity and varied ecosystems, offers an abundance of opportunities for growing a wide range of plants. This guide will cover ideal planting times, suitable crops, soil preparation, pest management, and tips for successful gardening in East Texas.

## Understanding East Texas Climate

East Texas experiences a humid subtropical climate, characterized by hot summers and mild winters. This climate influences the types of plants that

can thrive in the region.

## **Temperature and Rainfall**

- Average Temperature: Summer temperatures can reach the high 90s°F, while winter temperatures can dip into the 30s°F.
- Rainfall: East Texas receives approximately 40 to 50 inches of rainfall annually, with the majority occurring in spring and fall.

## **Growing Seasons**

- Spring Planting: Generally begins in late March to early April.
- Fall Planting: Optimal for cool-season crops, typically from late August to early September.

Understanding these climatic nuances is essential for successful planting.

## **Soil Preparation**

Proper soil preparation is crucial for healthy plant growth. The soil in East Texas can vary, but it often consists of clay, sandy loam, or silt loam.

## **Soil Testing**

- Conduct a soil test to determine pH levels and nutrient content.
- Ideal pH for most vegetables is between 6.0 and 7.0.

## **Amending Soil**

To improve soil quality, consider the following amendments:

1. Organic Matter: Incorporate compost or well-rotted manure to enhance soil structure and fertility.
2. Mulch: Use organic mulch to retain moisture and suppress weeds.
3. Fertilizers: Based on soil test results, apply appropriate fertilizers to address nutrient deficiencies.

# Choosing the Right Plants

East Texas is suitable for a wide variety of plants, from vegetables to ornamental flowers. Choosing the right plants for your garden ensures a bountiful harvest.

## Vegetables

Here are some recommended vegetables for East Texas:

1. Tomatoes: Plant transplants in late March.
2. Peppers: Ideal for planting in late April.
3. Okra: Sow seeds directly in the ground in late April.
4. Squash: Plant in late March to early April.
5. Beans: Ideal for sowing in May.

## Fruits

Consider these fruit-bearing plants:

- Blueberries: Require acidic soil; best planted in early spring.
- Blackberries: Thrives in well-drained soil; plant in early spring.
- Peaches: Best suited for planting in late winter or early spring.

## Flowers and Ornamentals

Adding flowers can enhance your garden's aesthetic and attract pollinators:

- Coneflowers: Drought-tolerant and bloom from summer into fall.
- Zinnias: Easy to grow and available in various colors.
- Mexican Sage: Attracts butterflies and thrives in full sun.

## Planting Techniques

Adopting proper planting techniques can lead to healthier plants and better yields.

## Direct Seeding vs. Transplants

- Direct Seeding: Suitable for crops like beans and corn; sow seeds directly

into the soil.

- Transplants: Ideal for crops like tomatoes and peppers; start indoors and transplant outdoors after the risk of frost.

## **Spacing and Depth**

- Follow seed packet instructions for spacing and planting depth.
- Generally, larger seeds should be planted deeper than smaller seeds.

## **Pest and Disease Management**

Pests and diseases can threaten your plants. Implementing an integrated pest management (IPM) approach can help mitigate these risks.

### **Common Pests in East Texas**

- Aphids: Small sap-sucking insects that can weaken plants.
- Caterpillars: Can defoliate crops; hand-picking can be effective.
- Spider Mites: Thrive in dry conditions; increase humidity to deter them.

## **Preventive Measures**

1. Crop Rotation: Helps prevent soil-borne diseases.
2. Companion Planting: Certain plants can repel pests; for example, marigolds can deter nematodes.
3. Regular Monitoring: Check plants regularly for signs of pests or disease.

## **Watering Practices**

Watering is a critical component of successful gardening in East Texas, particularly during hot summer months.

### **Watering Schedule**

- Frequency: Water deeply once or twice a week, depending on rainfall.
- Best Time: Early morning is the best time to water to reduce evaporation.

## Methods of Watering

- Drip Irrigation: Efficiently delivers water directly to the roots.
- Soaker Hoses: Allows for slow, deep watering without waste.

## Harvesting and Storage

Knowing when and how to harvest your crops is essential for maximizing yield and flavor.

### Harvest Times

- Vegetables: Most crops are best harvested in the morning when temperatures are cooler.
- Fruits: Harvest when they are fully ripe for the best flavor.

### Storage Tips

- Cool, Dark Places: Store harvested vegetables in a cool, dark area to prolong freshness.
- Refrigeration: Certain fruits and vegetables, like berries and leafy greens, should be refrigerated.

## Conclusion

The East Texas Planting Guide 2022 aims to empower local gardeners and farmers with the knowledge and tools necessary for successful planting in this diverse region. By understanding the climate, preparing the soil, selecting appropriate plants, managing pests, and implementing effective watering and harvesting techniques, you can cultivate a flourishing garden that thrives in East Texas. Whether you are a seasoned gardener or a beginner, following these guidelines will help maximize your garden's potential and yield. Happy planting!

## Frequently Asked Questions

**What are the best vegetables to plant in East Texas**

## **in 2022?**

Some of the best vegetables to plant in East Texas include tomatoes, peppers, okra, squash, and cucumbers. These crops thrive in the warm climate and can be planted after the last frost date.

## **When is the ideal planting time for East Texas gardens in 2022?**

The ideal planting time for East Texas gardens typically ranges from mid-March to early June for warm-season crops. Cool-season crops can be planted from late February to early March.

## **What soil type is recommended for planting in East Texas?**

East Texas generally has clay or sandy loam soils. It's recommended to amend the soil with organic matter like compost to improve drainage and nutrient content.

## **How can I protect my plants from pests in East Texas?**

To protect plants from pests, consider using organic pest control methods such as neem oil, insecticidal soap, and companion planting. Regular monitoring and maintaining plant health are also crucial.

## **What fruits can I grow in East Texas in 2022?**

Fruits that can be successfully grown in East Texas include blueberries, blackberries, figs, peaches, and citrus trees. It's important to select varieties that are well-suited to the local climate.

## **Are there any specific planting techniques recommended for East Texas gardeners?**

Yes, techniques like raised bed gardening, drip irrigation, and mulching are recommended to improve drainage, conserve moisture, and suppress weeds in East Texas gardens.

## **What are the common diseases affecting plants in East Texas?**

Common diseases in East Texas include root rot, powdery mildew, and leaf spot. Regularly inspecting plants and practicing crop rotation can help mitigate these issues.

# Where can I find local resources for gardening in East Texas?

Local resources include the Texas A&M AgriLife Extension Service, local gardening clubs, and community gardening workshops. These organizations provide valuable information and support for East Texas gardeners.

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