


# Cna State Exam Illinois 2023



## ILLINOIS CNA STATE EXAM QUESTIONS AND ANSWERS COMPLETE EXAM MATERIAL

How do you promote communication with a resident? - asking OPEN ENDED questions- "How are you feeling?" (ch.6)

A resident wants to use the commode, but she needs help... what do you do? - Use a gait belt

What is the temperature of a TEPID bath? - 80-93 °F

What is the temperature of a SITZ bath? - Sitz- seat. The perineal and rectal areas are immersed in WARM or HOT water (93-98-106)

What is the oral temperature? - 97.6-99.6

A male resident wants to use a urinal, what do you tell him to do when he is done? - use call light/call for help promptly or while waiting for help- place in side rails

A doctor comes in and give an order for a new treatment before leaving, what do you do? - Let the doctor speak to the nurse.

How should you be positioned when applying TED hose? - Wide base of support  
Legs between 12-24 inches apart.  
Check ever 2 hours.  
Remove every 8 hours for 30 min

As a CNA, what can you do to help a resident who is being discharged? - Help in packing resident's things away.

You are in a resident's room and you see a bottle of disinfectant that housekeeping left behind, what do you do? - Remove it from the resident's room immediately.

Calculate the resident's total INTAKE for the 3-11 shift  
\*there will be an illustration for this question\* - 1 oz = 30 mL

How do you take a random urine specimen? - Used for routine urinalysis  
No special measures are needed.  
Collected any time during a 24-hour period.  
Pour about 120 mL into the specimen container, place the container in a plastic bag, apply Biohazard Label.

**CNA state exam Illinois 2023** is an essential step for individuals aspiring to become Certified Nursing Assistants in the state of Illinois. As the demand for healthcare professionals continues to rise, understanding the requirements and processes of the CNA state exam is crucial for candidates looking to start their careers in this fulfilling field. This article will guide you through the key aspects of the CNA state exam in Illinois, including eligibility requirements, the examination process, preparation tips, and important resources.

## Eligibility Requirements

Before you can take the CNA state exam in Illinois, you need to meet certain

eligibility criteria. Here are the primary requirements:

- **Age:** You must be at least 16 years old to apply for the exam. However, if you are under 18, you will need parental consent.
- **Education:** A high school diploma or equivalent (GED) is typically required.
- **Training Program:** You must complete a state-approved nursing assistant training program, which includes both classroom instruction and clinical experience.
- **Background Check:** Candidates must undergo a background check, which may include fingerprinting, to ensure safety in the healthcare environment.

## **Understanding the CNA State Exam Structure**

The CNA state exam in Illinois consists of two main components: the written (or oral) examination and the skills demonstration. This structure is designed to assess both your theoretical knowledge and practical skills as a nursing assistant.

### **Written Examination**

The written examination tests your understanding of the fundamental concepts and practices related to nursing assistance. Here are some key points about the written exam:

- **Format:** The exam typically consists of multiple-choice questions.
- **Content:** Questions may cover topics such as patient care, infection control, safety protocols, and basic nursing skills.
- **Duration:** Candidates usually have a set time limit to complete the written portion, often around 90 minutes.

### **Skills Demonstration**

The skills demonstration evaluates your ability to perform specific nursing tasks. Candidates are required to demonstrate a selection of skills, which

may include:

- Handwashing and infection control measures
- Assisting with mobility and transferring patients
- Bathing and personal hygiene tasks
- Measuring vital signs, such as blood pressure and pulse

## Preparing for the CNA State Exam

Preparation is key to succeeding in the CNA state exam. Here are some effective strategies to ensure you are ready for both the written and skills portions of the exam.

### Study Resources

Utilizing the right study materials can significantly enhance your understanding and retention of key concepts. Consider the following resources:

- **Textbooks:** Refer to comprehensive CNA textbooks that cover essential topics in detail.
- **Online Courses:** Enroll in online courses that offer practice tests and interactive learning modules.
- **Study Groups:** Join a study group with fellow nursing assistant trainees to review material and quiz each other.

### Practice Skills

Practical experience is invaluable when preparing for the skills demonstration. Here are some tips for practicing your skills:

1. **Hands-On Practice:** Work with instructors or fellow students to practice various nursing skills in a controlled environment.

2. **Simulation Labs:** If available, utilize simulation labs to replicate real-life scenarios and gain confidence.
3. **Feedback:** Seek constructive feedback from your instructors on your technique and approach during practice.

## Registering for the CNA State Exam

Once you feel prepared to take the CNA state exam, the next step is to register. Here's how you can go about it:

- **Contact Your Training Program:** Your nursing assistant training program will provide guidance on how to register for the exam.
- **Choose a Testing Site:** Select an approved testing site that is convenient for you. Illinois has several locations for the CNA state exam.
- **Complete the Application:** Fill out the required application forms and pay any associated fees. Keep in mind that fees may vary by testing site.

## Exam Day Tips

The day of the exam can be nerve-racking, but being prepared can help alleviate some anxiety. Here are some tips to keep in mind:

- **Arrive Early:** Plan to arrive at the testing site at least 30 minutes prior to your scheduled exam time.
- **Bring Required Materials:** Ensure you have all necessary identification and materials, such as your training completion certificate.
- **Stay Calm:** Take deep breaths and stay positive. Remember, preparation is key, and you've worked hard to get to this point.

# What to Expect After the Exam

After completing the CNA state exam in Illinois, you will receive information on how and when you can expect your results.

## Results Notification

Typically, you can expect to receive your results within a few days to a couple of weeks. Here are the general steps:

- **Pass/Fail Notification:** You will receive a notification indicating whether you passed or failed the exam.
- **Retake Policy:** If you do not pass, you will be informed of the process to retake the exam, including any waiting periods and fees.
- **Certification:** Upon passing the exam, you will receive your CNA certification, allowing you to seek employment as a nursing assistant in Illinois.

## Conclusion

Taking the **CNA state exam Illinois 2023** is a significant milestone for aspiring nursing assistants. By understanding the eligibility requirements, exam structure, and preparation strategies, you can approach the exam with confidence. Utilize available resources, practice diligently, and stay focused on your goals. With determination and preparation, you can successfully pass the exam and embark on a rewarding career in healthcare.

## Frequently Asked Questions

### What is the format of the CNA state exam in Illinois for 2023?

The CNA state exam in Illinois consists of a written test and a skills evaluation. The written test includes multiple-choice questions, while the skills evaluation requires candidates to demonstrate specific nursing assistant skills.

## **How can I register for the CNA state exam in Illinois in 2023?**

To register for the CNA state exam in Illinois, you need to complete an application through an approved training program or directly via the Illinois Department of Public Health's website. Be sure to submit your application along with the required fees.

## **What topics are covered in the CNA written test in Illinois?**

The CNA written test in Illinois covers topics such as basic nursing skills, infection control, patient rights, safety and emergency procedures, and communication. It is important to review these areas before the exam.

## **What is the passing score for the CNA state exam in Illinois?**

In Illinois, candidates must achieve a score of at least 75% on the written test and successfully demonstrate all required skills during the skills evaluation to pass the CNA state exam.

## **Are there any resources available to help prepare for the CNA state exam in Illinois?**

Yes, there are several resources available, including study guides, practice tests, and review courses offered by local community colleges and training programs. The Illinois Department of Public Health also provides information and guidelines for preparation.

## **How long does it take to receive the results of the CNA state exam in Illinois?**

Candidates can typically expect to receive their results for the CNA state exam in Illinois within 7 to 10 business days after completing the exam. Results are usually sent via mail or can be accessed online.

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