

# Chemistry Designing A Hand Warmer Lab Answers

## Materials (for each lab group)

### Ionic solids:

Set A: Ammonium chloride,  $\text{NH}_4\text{Cl}$ , 15 g  
Calcium chloride, anhydrous,  $\text{CaCl}_2$ , 15 g  
Sodium acetate,  $\text{NaCH}_3\text{CO}_2$ , 15 g  
Set B: Sodium chloride,  $\text{NaCl}$ , 15 g  
Lithium chloride,  $\text{LiCl}$ , 15 g  
Sodium carbonate,  $\text{Na}_2\text{CO}_3$ , 15 g  
Magnesium sulfate, anhydrous,  $\text{MgSO}_4$ , 5 g  
Water, deionized or distilled  
Balance, 0.01-g precision (shared)  
Beaker, 250-mL

Calorimeter (two nested polystyrene cups)  
Graduated cylinder, 100-mL  
Heat-resistant gloves  
Hot plate  
Magnetic stirrer and stir bar, or stirring rod  
Paper towels  
Support stand and ring clamp  
Thermometer, digital  
Timer or stopwatch  
Weighing dishes

## Safety Precautions

*Lithium chloride is moderately toxic by ingestion. Calcium chloride and ammonium chloride are slightly toxic. Magnesium sulfate is a body tissue irritant. Sodium acetate is a body tissue and respiratory tract irritant. Avoid contact of all chemicals with eyes and skin. Wear chemical splash goggles, chemical-resistant gloves, and a chemical-resistant apron. Wash hands thoroughly with soap and water before leaving the laboratory. Please follow all laboratory safety guidelines.*

## Introductory Activity

### Part A. Heat Capacity of the Calorimeter

- Working in pairs, set up a calorimeter consisting of two nested polystyrene cups in a ring clamp attached to a support stand.
- Place a magnetic stirrer below the calorimeter, then lower the ring clamp until the bottom of the cup just sits on the surface of the magnetic stirrer (see Figure 1).
- Measure 100.0 mL of distilled water in a 100-mL graduated cylinder and transfer the water into the calorimeter.
- Add a magnetic stirring bar to the calorimeter, and set the bar spinning slowly. If a magnetic stirrer is not available, use a stirring rod. Do not remove the stirring rod from the calorimeter.
- Measure and record the initial temperature of the water. **20.2 degree celcius**
- Heat approximately 125 mL of distilled water to 60–70 °C in a 250-mL beaker.
- Using heat-resistant gloves, measure 100.0 mL of the hot water in a 100-mL graduated cylinder.
- Measure and record the temperature of the hot water. **54.1 degree celcius**
- Immediately pour the hot water into the room temperature water in the calorimeter.
- Insert the thermometer, and stir the water.
- Record the mixing temperature  $T_{\text{mix}}$  after 20 seconds. **36.8 degree celcius**
- Empty the calorimeter and dry the inside.
- Calculate the calorimeter constant,  $C_{\text{cal}}$ , using  $T_{\text{mix}}$  and Equations 3 and 4 from the Background section.

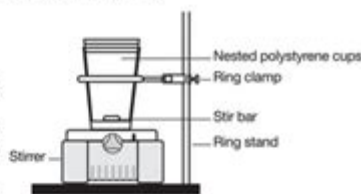


Figure 1.

## Chemistry Designing a Hand Warmer Lab Answers

Hand warmers are fascinating devices that exemplify the principles of chemistry, thermodynamics, and material science. They are widely used in cold weather to provide warmth and comfort. In this article, we will explore the chemistry involved in designing a hand warmer, the types of reactions utilized, the materials used, and answers to common questions regarding a typical hand warmer lab experiment. This comprehensive overview will not only delve into the scientific principles but also guide you through designing your own hand warmer lab experiment.

# Understanding Hand Warmers

Hand warmers operate primarily through exothermic reactions, where energy is released in the form of heat. There are several types of hand warmers, each employing different chemical reactions and materials. The most common types include:

## Types of Hand Warmers

1. Chemical Hand Warmers: These typically contain compounds such as iron powder, salt, and water. When exposed to air, the iron oxidizes, producing heat.
2. Reusable Gel Hand Warmers: These contain a supersaturated solution of sodium acetate. When a metal disc inside the pouch is clicked, the solution crystallizes, releasing heat.
3. Electric Hand Warmers: Battery-operated devices that generate heat through electrical resistance.

Each type presents unique opportunities for experimentation and design in a laboratory setting.

## Designing a Hand Warmer Lab Experiment

When designing a hand warmer lab experiment, it's essential to consider several factors: the type of reaction, the materials used, and the method of heat distribution. This section will guide you through the steps involved in setting up a comprehensive lab experiment.

## Materials Needed

To conduct a basic chemical hand warmer experiment, gather the following materials:

- Iron powder
- Salt (sodium chloride)
- Water
- Activated charcoal (optional for better heat retention)
- Ziplock bags or small containers
- Thermometer
- Stopwatch
- Measuring spoons
- Safety goggles and gloves

## Procedure

### 1. Preparation:

- Put on safety goggles and gloves to protect yourself during the experiment.
- Measure out the iron powder and salt in a 3:1 ratio (for example, 30 grams of iron powder to 10 grams of salt).
- Mix the iron powder and salt thoroughly in a bowl.

### 2. Creating the Hand Warmer:

- Add a small amount of water to the mixture—just enough to dampen it without creating a paste.
- Transfer the mixture into a Ziplock bag, ensuring it is sealed tightly to prevent any air from escaping.

### 3. Activation:

- Once you are ready to test the hand warmer, expose it to air by opening the bag.
- Monitor the temperature using a thermometer, noting the starting temperature.

### 4. Data Collection:

- Record the temperature at regular intervals (every minute) for at least 10 minutes to observe the heat produced.
- Take notes on how quickly the temperature rises and how long it stays warm.

### 5. Analysis:

- After the experiment, analyze the data collected. Consider factors such as the initial temperature, maximum temperature reached, and the duration of warmth.

## Understanding the Chemistry Behind the Reactions

In the case of a typical chemical hand warmer using iron oxidation, the main reaction can be summarized as follows:

- Oxidation of Iron:
- $\text{Fe (s)} + \text{O}_2 \text{ (g)} \rightarrow \text{Fe}_2\text{O}_3 \text{ (s)} + \text{heat}$

This reaction is exothermic, meaning it releases heat as iron reacts with oxygen in the air, raising the temperature of the hand warmer.

## Factors Influencing Reaction Rate

Several factors can affect the rate of the exothermic reaction in your hand

warmer:

1. Surface Area: Finely powdered iron will react more quickly than larger pieces due to increased surface area exposure to oxygen.
2. Temperature: Higher ambient temperatures can accelerate the reaction rate.
3. Concentration of Salt: Salt enhances the reaction by promoting the ionization of the solution, which can lead to increased efficiency in heat production.
4. Presence of Catalysts: Materials like activated charcoal can act as catalysts to speed up the reaction.

## **Common Questions and Answers**

When conducting a hand warmer lab experiment, you may encounter several questions. Below are some common queries along with their answers.

### **Q1: Why does the hand warmer get warm, and how long does it last?**

The hand warmer gets warm due to the exothermic oxidation reaction of iron with oxygen. The duration of warmth depends on the amount of iron and salt used, the efficiency of the reaction, and the insulation of the materials used.

### **Q2: Can I recharge a chemical hand warmer?**

Chemical hand warmers are generally single-use and cannot be recharged. However, reusable gel hand warmers can be reset by boiling them in water to dissolve the crystals formed after use.

### **Q3: Are there safety concerns when making hand warmers?**

Safety is paramount when conducting experiments. Ensure you wear safety goggles and gloves, and handle all materials carefully. Avoid ingesting any chemicals, and work in a well-ventilated area to prevent inhalation of any dust.

## **Q4: What happens if I use too much water in the reaction?**

Using too much water can dilute the reaction and inhibit the heat production. The mixture should be damp but not overly wet to ensure optimal reaction conditions.

## **Conclusion**

Designing a hand warmer lab provides an excellent opportunity to explore principles of chemistry and thermodynamics. By understanding the types of reactions, materials, and factors influencing heat production, you can create a functional hand warmer while gaining valuable insights into chemical processes. Whether for a school project or personal interest, this hands-on experiment highlights the practical applications of chemistry in everyday life. With careful planning and execution, you can achieve impressive results that will not only warm your hands but also ignite your passion for science.

## **Frequently Asked Questions**

### **What are the key chemical reactions involved in designing a hand warmer?**

The key chemical reactions typically involve exothermic reactions, such as the oxidation of iron or the crystallization of sodium acetate, which release heat upon formation.

### **What materials are commonly used in hand warmer labs?**

Common materials include sodium acetate, iron powder, water, and salt for chemical hand warmers, along with insulated containers to retain heat.

### **How can temperature changes be measured during the hand warmer experiment?**

Temperature changes can be measured using a digital thermometer or temperature probes placed in the reaction mixture to monitor heat release over time.

### **What safety precautions should be taken when**

## conducting a hand warmer lab?

Safety precautions include wearing gloves and goggles, handling chemicals carefully, ensuring proper ventilation, and following waste disposal guidelines for any chemical residues.

## What factors affect the efficiency of a hand warmer's heat output?

Factors affecting efficiency include the concentration of reactants, the surface area of materials, the thermal insulation of the hand warmer, and the ambient temperature during the reaction.

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