

# Brief 2 Scoring Manual

BRIEF<sup>2</sup>

PARENT FORM

Scoring Summary

Child's name

Gender

Age

Grade

Rater's name

Today's date

Date of birth

Scoring Summary Table

Scale/index/composite	Raw score	T score	90% CI
Inhibit			
Self-Monitor			
ERI			
Shift			
Emotional Control			
ERI			
Initiate			
Working Memory			
Plan/Organize			
Task-Monitor			
Organization of Materials			
ERI			
GEC			

Scoring Instructions

- Remove the perforated strips, and detach the top part of the carbones form to reveal the scoring sheet.
- Transfer the circled score for each item to the box provided in that item row.
- Sum the item scores in each column, and enter the subtotal in the box at the bottom of the column.
- Transfer the scale subtotals for items 1-32 to the appropriate boxes in the row for subtotals at the bottom of the facing page.
- Sum the two subtotals for each scale, and enter the total in the total raw score box above the scale name.
- Transfer each scale raw score to the raw score column in the Scoring Summary Table.
- Sum the raw scores for the Inhibit and Self-Monitor scales to obtain the raw score for the Behavior Regulation Index (BRI).
- Sum the raw scores for the Shift and Emotional Control scales to obtain the raw score for the Emotion Regulation Index (ERI).
- Sum the raw scores for the Initiate, Working Memory, Plan/Organize, Task-Monitor, and Organization of Materials scales to obtain the raw score for the Cognitive Regulation Index (CRI).
- Sum the raw scores for the three indexes (BRI, ERI, CRI) to obtain the raw score for the Global Executive Composite (GEC).
- Locate the appropriate normative table in Appendix A of the BRIEF<sup>2</sup> Professional Manual. Find the raw score for each scale, index, or GEC in the raw score column, and then move across the row to the corresponding T score and percentile. Enter the T score and percentile in the appropriate boxes in the Scoring Summary Table.
- Locate the 90% confidence interval (CI) value for each scale, index, and GEC at the bottom of the appropriate column in the normative table. Calculate the low and high end of the interval, and enter those values in the appropriate spaces in the Scoring Summary Table.

Negativity Scale

- Negativity items are indicated by an **N** in the margin of the scoring sheet. Circle the item number on the right for each Negativity item with a score of 3.
- Count the number of circled items to determine the Negativity score.
- Circle the appropriate protocol classification based on that score.

Negativity score	Percentile	Protocol classification
≤6	≤98	Acceptable
7	99	Elevated
≥8	>99	Highly elevated

Item no.

14.

28.

30.

34.

39.

41.

58.

60.

Negativity score (range 0 to 8)

Infrequency Scale

- Infrequency items are indicated by an **F** in the margin of the scoring sheet. Circle the item number on the right for each Infrequency item with a score of 2 or 3.
- Count the number of circled items to determine the Infrequency score.
- Circle the appropriate protocol classification based on that score.

Infrequency score	Percentile	Protocol classification
0	99	Acceptable
≥1	>99	Questionable

Item no.

18.

36.

54.

Infrequency score (range 0 to 3)

Inconsistency Scale

For each item pair:

- Transfer the item score for each item (marked **I**) in the margin of the scoring sheet to the appropriate box.
- Subtract the smaller number from the larger number and enter the difference in the Difference column.
- Sum the numbers in the Difference column to obtain the Inconsistency score.
- Circle the appropriate protocol classification based on that score.

Inconsistency score	Percentile	Protocol classification
≤6	≤98	Acceptable
7-10	99	Questionable
≥11	>99	Inconsistent

Item no.

Score

Item no.

Score

Difference

Inconsistency score (range 0 to 16)

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BETA VERSION

Printed in the U.S.A.

**Brief 2 scoring manual** is an essential guide for practitioners and researchers who utilize the BRIEF-2 (Behavior Rating Inventory of Executive Function, Second Edition) in their assessments of executive function in children and adolescents. This manual provides a comprehensive overview of the scoring process, interpretation of results, and considerations for using the BRIEF-2 effectively. In this article, we will delve into the components of the BRIEF-2 scoring manual, its significance in evaluating executive functioning, and how it can be applied in various contexts.

# Understanding the BRIEF-2

The BRIEF-2 is a standardized tool designed to assess executive function in children aged 5 to 18 years. Executive functions are cognitive processes that include skills such as planning, organization, problem-solving, and self-regulation. These skills are crucial for academic success and daily functioning. The BRIEF-2 allows parents, teachers, and clinicians to gather insights into a child's executive functioning through subjective reports.

## Components of the BRIEF-2

The BRIEF-2 consists of several key components, each designed to capture different aspects of executive functioning:

1. **Parent Form:** Completed by a parent or guardian, this form provides insights into the child's behavior in home settings.
2. **Teacher Form:** Completed by teachers, this form evaluates the child's behavior in academic environments.
3. **Self-Report Form:** For children aged 8-18, this form allows them to assess their own executive functioning.

Each form includes a series of statements that respondents rate based on the frequency of specific behaviors.

## Scoring the BRIEF-2

Scoring the BRIEF-2 involves several steps that ensure accurate and meaningful results. The scoring manual outlines these steps in detail.

## Step-by-Step Scoring Process

1. Collecting Responses: Gather completed forms from parents, teachers, or the child.
2. Calculating Raw Scores: For each item on the form, assign a score based on the selected response (e.g., 0 for “Never”, 1 for “Sometimes”, 2 for “Often”).
3. Computing Scaled Scores: Convert raw scores to scaled scores using the scoring tables provided in the manual. Scaled scores allow for comparisons across different age groups.
4. Interpreting Scores: Analyze the scaled scores to identify patterns in executive function strengths and weaknesses. This is where the manual provides guidance on what constitutes typical versus atypical functioning.

## Key Score Types in the BRIEF-2

The BRIEF-2 generates several score types that are crucial for interpreting results:

- Global Executive Composite (GEC): This score reflects overall executive functioning across all areas assessed.
- Behavioral Regulation Index (BRI): This score focuses on a child’s ability to manage their behavior and emotions.
- Metacognition Index (MI): This score assesses a child's ability to plan, organize, and initiate tasks.

Each of these indices helps to provide a nuanced understanding of a child’s executive functioning.

## Interpreting BRIEF-2 Scores

Understanding the meaning behind the scores is vital for effective intervention and support. The BRIEF-2 scoring manual provides clear guidelines for interpreting these scores.

## Understanding Score Ranges

Scores are typically categorized into ranges that indicate the following levels of executive functioning:

- Average Range: Scores that fall within this range suggest typical executive functioning.
- Elevated Range: Scores that are elevated indicate potential difficulties in executive functioning that may warrant further investigation or intervention.
- Very Elevated Range: Scores in this range signify significant concerns regarding executive functioning, often necessitating immediate attention.

## Using Normative Data

The BRIEF-2 scoring manual includes normative data that allows practitioners to compare an individual child's scores against a representative sample. This comparison helps to contextualize a child's performance and determine if their executive functioning is within expected limits for their age and gender.

## Applications of the BRIEF-2 Scoring Manual

The BRIEF-2 scoring manual is not just a tool for scoring; it has practical applications in various settings.

### Educational Settings

In schools, the BRIEF-2 can be instrumental in:

- Identifying Students in Need of Support: Educators can use the BRIEF-2 to identify students who

may benefit from additional support or interventions tailored to their executive functioning needs.

- Developing Individualized Education Plans (IEPs): Results from the BRIEF-2 can inform the development of IEPs for students with identified executive function difficulties.

## Clinical Settings

In clinical settings, the BRIEF-2 assists professionals in:

- Diagnosing Executive Function Disorders: Clinicians can use BRIEF-2 results to help diagnose conditions such as ADHD or learning disabilities.
- Monitoring Progress: By administering the BRIEF-2 over time, clinicians can track changes in a child's executive functioning and adjust interventions accordingly.

## Research Applications

For researchers, the BRIEF-2 provides a standardized measure for examining executive functioning across various populations and settings, making it a valuable tool for studies on child development, psychological assessments, and educational interventions.

## Conclusion

The Brief 2 scoring manual is a vital resource for anyone involved in the assessment of executive functioning in children and adolescents. By understanding the scoring process, interpreting results, and applying findings in educational and clinical settings, practitioners can better support the development of executive functioning skills in young individuals. Whether you are a parent, educator, or clinician, mastering the BRIEF-2 is essential for fostering positive outcomes for children struggling with executive function challenges.

# **Frequently Asked Questions**

## **What is the purpose of the BRIEF 2 scoring manual?**

The BRIEF 2 scoring manual is designed to provide guidance on scoring the Behavior Rating Inventory of Executive Function, Second Edition (BRIEF 2), which assesses executive function and self-regulation in children and adolescents.

## **Who is the BRIEF 2 intended for?**

The BRIEF 2 is intended for parents, teachers, and clinicians to evaluate the executive functions of children and adolescents aged 5 to 18 years.

## **How can the BRIEF 2 scoring manual aid in clinical assessments?**

The scoring manual provides detailed instructions for interpreting scores, which helps clinicians identify areas of executive function that may require intervention or support.

## **What are the main components of the BRIEF 2 assessment?**

The BRIEF 2 includes forms for parents and teachers to rate a child's executive function across different settings, focusing on areas such as inhibition, shifting, emotional control, and working memory.

## **How is the BRIEF 2 scored?**

Scoring for the BRIEF 2 involves calculating raw scores from the responses, converting them to T-scores, and interpreting the results based on normative data provided in the manual.

## **What are some key features of the BRIEF 2 scoring manual?**

Key features include clear scoring guidelines, normative data tables, interpretative guidelines, and examples to assist in understanding the results.

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