

# Broly Training With Whis



**Broly Training with Whis** has become a topic of much interest among fans of the Dragon Ball franchise since the introduction of Broly in the recent Dragon Ball Super movie. Whis, known as the angel attendant to Beerus, the God of Destruction, is revered for his extraordinary training methods and combat philosophies. This article delves into the dynamic training sessions between Broly and Whis, exploring Broly's character development, Whis's unique training techniques, and the implications of their partnership on the Dragon Ball universe.

## Understanding Broly's Background

### The Legendary Super Saiyan

Broly is introduced as the Legendary Super Saiyan, a title bestowed upon him due to his immense power and unique fighting capabilities. Unlike other Saiyans, Broly's power is tied to his emotional state, particularly his rage. This makes him an unpredictable force in battle, capable of overwhelming opponents with sheer strength.

### Broly's Journey to Self-Discovery

Initially portrayed as a villain, Broly undergoes significant character development throughout the Dragon Ball Super franchise. His encounters with Goku and Vegeta lead to a greater understanding of his own powers and emotions. However, despite his immense strength, Broly struggles with control

and self-mastery, which is essential for any warrior seeking to reach their full potential.

## **Whis: The Master Trainer**

### **Who is Whis?**

Whis is an angelic being known for his unparalleled fighting skills and wisdom. As the attendant of Beerus, he possesses vast knowledge of martial arts and the intricacies of ki control. Whis's character is often characterized by a calm demeanor and a playful attitude, making him a unique mentor.

### **Whis's Training Philosophy**

Whis's training methods are unconventional compared to traditional martial arts. He focuses on:

1. Ki Control: Teaching students to harness and manipulate their energy efficiently.
2. Mindfulness and Patience: Encouraging mental discipline to enhance physical performance.
3. Adaptability: Training fighters to adapt to any situation or opponent.
4. Physical Conditioning: Employing rigorous physical exercises to build strength and endurance.

## **The Training Sessions**

The training sessions between Broly and Whis are a blend of physical and mental exercises designed to enhance Broly's abilities while teaching him control over his emotions.

### **Initial Training Challenges**

When Broly first begins training with Whis, he faces several challenges:

- Emotional Control: Broly's rage often clouds his judgment, making it difficult for him to focus on training.
- Physical Conditioning: Whis pushes Broly to his limits, requiring him to adapt to rigorous training that tests his endurance.
- Understanding Ki: Broly struggles with the concept of ki control, as his powers have always been linked to raw emotion rather than technique.

### **Progress and Development**

As training progresses, Broly begins to show substantial improvement:

1. **Ki Manipulation:** Under Whis's guidance, Broly learns to control his ki more effectively, enabling him to harness his power without succumbing to rage.
2. **Combat Techniques:** Whis teaches Broly various combat techniques, allowing him to become a more versatile fighter.
3. **Emotional Balance:** Through mindfulness exercises, Broly learns to channel his emotions positively, transforming his anger into a source of strength.

## **The Impact of Whis's Training on Broly**

Whis's training has profound implications for Broly's character and the Dragon Ball universe.

### **Enhanced Combat Abilities**

Broly's growth under Whis's tutelage allows him to reach new heights in combat:

- **Mastery of Ultra Instinct:** Though not fully achieving Ultra Instinct, Broly begins to understand its principles, allowing him to react instinctively in battle.
- **Strategic Thinking:** Whis encourages Broly to think strategically, making him a more formidable opponent.

### **Strengthening Bonds**

The training sessions also foster a bond between Whis and Broly. Whis becomes not only a mentor but also a friend, helping Broly understand his place in the universe and the importance of cooperation with other warriors.

### **Broly's Role in Future Conflicts**

With his enhanced abilities and newfound control, Broly is poised to play a crucial role in future conflicts within the Dragon Ball universe. His character evolution suggests that he may become an ally rather than a foe, potentially teaming up with Goku and Vegeta against greater threats.

## **Conclusion**

The training sessions between Broly and Whis represent a significant turning point for Broly's character. Through Whis's unique training methods, Broly transforms from a berserker driven by rage into a disciplined warrior capable of harnessing his immense power. As fans look forward to future story arcs in the Dragon Ball universe, the evolution of Broly under Whis's guidance promises to add depth and excitement to the ongoing saga. This partnership not only enriches Broly's character but also enhances the overall narrative, showcasing the importance of mentorship, control, and emotional growth in the journey of a warrior.

As Broly continues to train with Whis, it will be fascinating to see how his journey unfolds and what challenges lie ahead for this Legendary Super Saiyan.

## **Frequently Asked Questions**

### **What are the benefits of Broly training with Whis?**

Training with Whis allows Broly to refine his combat techniques, improve his control over his immense power, and learn advanced martial arts skills that he can use in battles.

### **How does Whis's training style differ from traditional training methods?**

Whis employs a unique approach that focuses on enhancing instinctual movements, mental clarity, and fluidity in combat, rather than just brute strength or endurance.

### **What challenges does Broly face while training with Whis?**

Broly struggles with controlling his emotions and immense power during training, often leading to explosive outbursts that Whis helps him manage.

### **How does Broly's Saiyan heritage affect his training with Whis?**

Being a Saiyan, Broly has a natural affinity for combat, but his training with Whis helps him channel his Saiyan instincts more effectively and tap into new levels of power.

### **What techniques does Broly learn from Whis during their training sessions?**

Broly learns techniques such as ultra instinct movements, energy manipulation, and advanced combat strategies that enhance his overall fighting capabilities.

### **Does Broly's power level increase significantly while training with Whis?**

Yes, through consistent training and mentorship from Whis, Broly's power level sees significant increases, allowing him to compete with some of the strongest fighters in the universe.

### **How does Broly's relationship with Whis evolve through their training?**

Initially, Broly is wary of Whis, but as they train together, a bond forms based on trust and respect, allowing Broly to open up and learn more effectively.

## What impact does training with Whis have on Broly's mental state?

Training with Whis helps Broly gain better control over his emotions, leading to a more focused and calmer mindset during battles, which is essential for utilizing his full potential.

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