

# Behavior Rating Profile Second Edition Brp 2

**Behavior Rating Inventory of Executive Function, Second Edition (BRBIF-2)**  
Administered by: \_\_\_\_\_ Completed by: \_\_\_\_\_  
The BRBIF-2 is a rating scale that assesses a child's executive functioning behavior in eight separate areas including: planning, organizing, inhibiting impulses, emotional control, and flexibility and sustaining working memory. The executive functions are mental processes that direct one's thought, action, and emotion, particularly during active problem solving. T-scores at or above 65 should be considered as having potential clinical significance.

\*T-scores between 65 and 69 are considered to be moderately elevated  
\*\*T-scores 70 and higher are considered clinically significant

Clinical Scales	Parent	Teacher	Common Characteristics of High Scores
<b>Behavior Regulation Index (BRI)</b> Inhibit			<i>Captures the child's ability to regulate and monitor behavior effectively. Composed of the Inhibit and Self-Monitor scales.</i> Ability to not act on an impulse and stop one's behavior at an appropriate time.
<b>Self-Monitor</b> <b>Emotion Regulation Index (ERI)</b> Shift			Checking habits and self-monitoring. <i>Represents the child's ability to regulate emotional responses and to shift set or adjust to changes in environment, people, plans, or demands. Composed of the Shift and Emotional Control scales.</i>
<b>Emotional Control</b> <b>Cognitive Regulation Index (CRI)</b> Initiate			Ability to move easily from one situation or activity to another based on demands. Ability to modulate emotional responses. <i>Reflects the child's ability to control and manage cognitive processes and to problem solve effectively. Composed of the Inhibit, Working Memory, Plan/Organize, Task Monitor, and Organization of Materials scales.</i>
<b>Working Memory</b>			Initiation is the ability to begin a task or activity without being prompted to do so. Key aspects of initiation include the ability to independently generate ideas, responses, or problem-solving strategies. Initiation difficulties typically do not reflect noncompliance or defiance in a specific task. Working memory is the capacity to hold information in mind in order to complete a task, encode and store information, or generate goals. Working memory is essential for carrying out multiple activities, completing mental manipulations such

Behavior Rating Profile Second Edition (BRP-2) is an essential tool for educators, psychologists, and mental health professionals seeking to assess behavioral and emotional functioning in children and adolescents. This comprehensive assessment tool facilitates the identification of a variety of behavioral and emotional issues, enabling practitioners to develop targeted intervention strategies. In this article, we will explore the BRP-2, its purpose, structure, administration, scoring, and its implications for various stakeholders.

## Overview of BRP-2

The Behavior Rating Profile Second Edition (BRP-2) is a standardized assessment that focuses on behavior and emotional problems in children and adolescents aged 2 to 18. It was developed to provide a reliable and valid assessment of both typical and atypical behavior patterns. The tool is particularly useful in educational settings, clinical practice, and research, allowing for greater insight into a child's emotional and behavioral health.

## Purpose of BRP-2

The primary purposes of the BRP-2 include:

1. Identifying Emotional and Behavioral Issues: The BRP-2 helps identify a

range of emotional and behavioral difficulties, including anxiety, depression, aggression, and social withdrawal.

2. Guiding Interventions: The results of the BRP-2 can inform treatment and intervention strategies, ensuring they are tailored to the specific needs of the child.

3. Monitoring Progress: The tool can be used to monitor changes in behavior over time, allowing educators and mental health professionals to assess the effectiveness of interventions.

4. Facilitating Communication: The BRP-2 provides a framework for discussing a child's behavioral and emotional health with parents, teachers, and other stakeholders.

## **Structure of BRP-2**

The BRP-2 consists of several components designed to capture a comprehensive view of a child's behavior:

### **Forms**

1. Parent Form: Completed by the child's parents or guardians, this form gathers insights about the child's behavior in the home environment.

2. Teacher Form: This form is filled out by the child's teachers and focuses on their behavior in the classroom setting.

3. Self-Report Form: For children aged 8 and older, this form allows them to provide their own perspective on their behavior and feelings.

### **Content Areas**

The BRP-2 assesses several key content areas, which include:

- Externalizing Behaviors: Actions that are directed outwardly, such as aggression and defiance.
- Internalizing Behaviors: Behaviors that are directed inward, such as anxiety and depression.
- Social Skills: The ability to interact positively with peers and adults.
- Adaptive Functioning: Skills necessary for daily living, including self-care and academic performance.

# Administration of BRP-2

Administering the BRP-2 involves several straightforward steps:

1. Selection of Forms: Depending on the age of the child and the context, the administrator selects the appropriate forms (parent, teacher, self-report).
2. Instructions: Clear instructions are provided to the respondents, explaining how to complete the forms accurately and honestly.
3. Completion: The forms can be filled out in a paper format or completed online, depending on the preferences of the administrator and respondents.
4. Time Frame: Completing the forms typically takes between 15 to 30 minutes.

## Scoring the BRP-2

The scoring process for the BRP-2 is systematic and provides quantitative data that can be interpreted easily.

### Scoring Process

1. Raw Scores: Once the forms are completed, raw scores are calculated based on the responses.
2. Standard Scores: These raw scores are then converted into standard scores, allowing for comparison to normative data.
3. Interpretation: The scores are interpreted in the context of normative data, which is stratified by age and gender, providing insights into the child's behavioral and emotional functioning relative to peers.

### Reporting Results

The results are typically presented in a report format that includes:

- Summary of Findings: A brief overview of the child's strengths and areas of concern.
- Graphical Representations: Charts or graphs that illustrate the child's performance across different scales.
- Recommendations: Tailored recommendations for interventions, strategies, and resources based on the findings.

# Implications for Stakeholders

The BRP-2 has significant implications for various stakeholders involved in a child's development and well-being.

## For Educators

- Targeted Interventions: Educators can use the information from the BRP-2 to implement specific classroom strategies tailored to the needs of individual students.
- Collaboration: The assessment fosters collaboration among teachers, special education staff, and mental health professionals to support students effectively.

## For Mental Health Professionals

- Diagnosis and Treatment Planning: The BRP-2 can assist in diagnosing behavioral and emotional disorders, guiding clinicians in developing effective treatment plans.
- Progress Monitoring: Mental health professionals can use the BRP-2 to monitor a child's progress and adjust treatment strategies as needed.

## For Parents

- Informed Decision-Making: Parents gain insight into their child's behavior, which can guide their decisions regarding interventions or support.
- Communication with Professionals: The BRP-2 results can facilitate discussions with educators and mental health professionals, enhancing the collaborative approach to their child's care.

## Conclusion

The Behavior Rating Profile Second Edition (BRP-2) is a valuable tool for assessing and understanding the emotional and behavioral functioning of children and adolescents. By providing a structured framework for evaluation, the BRP-2 empowers educators, mental health professionals, and parents to identify issues early, implement targeted interventions, and monitor progress effectively. Its comprehensive nature and easy administration make it an indispensable resource in supporting the developmental needs of children and adolescents. As the field of child psychology and education continues to evolve, tools like the BRP-2 will remain critical in guiding effective practices and fostering the well-being of young individuals.

# **Frequently Asked Questions**

## **What is the Behavior Rating Profile Second Edition (BRP-2)?**

The BRP-2 is a comprehensive assessment tool designed to evaluate behavioral and emotional functioning in children and adolescents. It provides insights into a child's social skills, emotional regulation, and behavioral challenges.

## **Who can administer the BRP-2?**

The BRP-2 can be administered by qualified professionals such as psychologists, counselors, and educators who are trained in psychological assessment and interpretation.

## **What age group is the BRP-2 designed for?**

The BRP-2 is designed for children and adolescents aged 2 to 18 years, allowing for a wide range of developmental assessments.

## **How is the BRP-2 scored?**

The BRP-2 is scored using standardized scoring procedures, which involve analyzing the responses from teachers, parents, or caregivers to generate a profile of the child's behavior in various contexts.

## **What are the key components of the BRP-2?**

The BRP-2 includes several key components such as social skills, behavioral concerns, emotional functioning, and developmental history, providing a holistic view of the child's behavior.

## **Can the BRP-2 be used for identifying specific behavioral disorders?**

Yes, the BRP-2 can help in identifying specific behavioral disorders by highlighting patterns of behavior that may indicate issues such as ADHD, anxiety, or depression.

## **What are the benefits of using the BRP-2 in educational settings?**

Using the BRP-2 in educational settings helps educators understand students' behavioral and emotional needs, enabling them to create tailored interventions and support strategies for improved academic and social outcomes.

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