

# Best Movies To Watch For Black History Month



**Best movies to watch for Black History Month** are an essential part of understanding the rich and complex narratives of African American history and culture. Each February, Black History Month serves as a time to reflect on the struggles and triumphs of Black individuals throughout history. Films have a unique ability to illuminate these stories, making them accessible and impactful for audiences around the world. This article will explore some of the best movies to watch for Black History Month, showcasing a range of genres, historical contexts, and personal stories that celebrate Black heritage and achievements.

## Historical Biopics

Biopics provide a glimpse into the lives of influential figures who have shaped Black history. Through dramatization, these films offer insight into their struggles and successes.

### 1. 12 Years a Slave (2013)

Directed by Steve McQueen, "12 Years a Slave" is based on the true story of Solomon Northup, a free Black man who was kidnapped and sold into slavery. The film offers a harrowing depiction of the brutality of slavery and the indomitable human spirit. With powerful performances from Chiwetel Ejiofor, Lupita Nyong'o, and Michael Fassbender, it won the Academy Award for Best Picture and is a must-watch for understanding the horrors of slavery in America.

### 2. Selma (2014)

"Selma," directed by Ava DuVernay, chronicles the landmark 1965 voting rights marches from Selma to Montgomery led by Martin Luther King Jr. The film captures the struggle for civil rights and the sacrifices made by countless individuals. David Oyelowo's portrayal of King is both moving and inspiring, making it a vital addition to any Black History Month viewing list.

### **3. Hidden Figures (2016)**

"Hidden Figures," directed by Theodore Melfi, shines a light on three African American women—Katherine Johnson, Dorothy Vaughan, and Mary Jackson—who played pivotal roles at NASA during the space race. This film highlights not only their mathematical brilliance but also their fight against gender and racial discrimination. It's an uplifting story of resilience and teamwork.

## **Documentary Films**

Documentaries present factual accounts and in-depth explorations of historical topics, offering a broader context for understanding Black history.

### **4. 13th (2016)**

Ava DuVernay's documentary "13th" examines the intersection of race, justice, and mass incarceration in the United States. The film argues that the 13th Amendment, which abolished slavery, contains a loophole that has led to the systematic oppression of African Americans through the prison system. Featuring interviews with activists, scholars, and politicians, this documentary is crucial for understanding contemporary issues related to race and justice.

### **5. I Am Not Your Negro (2016)**

Based on James Baldwin's unfinished manuscript, "I Am Not Your Negro" explores the lives and assassinations of Baldwin's friends Medgar Evers, Malcolm X, and Martin Luther King Jr. Directed by Raoul Peck, the documentary weaves together Baldwin's powerful words with historical footage, making it a poignant commentary on race relations in America.

## **Films Addressing Social Issues**

These films tackle important social themes that resonate with both historical and contemporary struggles faced by the Black community.

### **6. Fruitvale Station (2013)**

"Fruitvale Station," directed by Ryan Coogler, tells the true story of Oscar Grant, a young Black man who was fatally shot by police in Oakland, California. The film chronicles Grant's last day alive and highlights issues of police brutality and racial profiling. Michael B. Jordan's performance is heartfelt and haunting, making it an impactful watch during Black History Month.

### **7. The Hate U Give (2018)**

Based on the novel by Angie Thomas, "The Hate U Give" follows Starr Carter, a teenage girl who witnesses the police shooting of her best friend. The film

explores themes of identity, activism, and the Black Lives Matter movement, making it particularly relevant in today's social climate. Amandla Stenberg's performance brings depth to a character navigating the complexities of race and community.

## **Classic Films**

Classic films often provide timeless narratives that have shaped the portrayal of African Americans in cinema.

### **8. Guess Who's Coming to Dinner (1967)**

This groundbreaking film, directed by Stanley Kramer, addresses interracial marriage and societal norms of the 1960s. Starring Sidney Poitier, Katharine Hepburn, and Spencer Tracy, it presents a thought-provoking discussion about race and acceptance. The film remains relevant, providing a historical perspective on racial attitudes in America.

### **9. Malcolm X (1992)**

Directed by Spike Lee, "Malcolm X" is a biographical film that chronicles the life of the civil rights leader Malcolm X, played by Denzel Washington. The film covers his transformation from a troubled youth to a prominent activist, exploring themes of identity, faith, and social justice. Washington's powerful performance earned him an Academy Award nomination and solidified the film's place in American cinema.

## **Modern Dramas**

Contemporary films continue to explore the experiences of Black individuals, often reflecting personal and societal challenges.

### **10. Moonlight (2016)**

"Moonlight," directed by Barry Jenkins, is a coming-of-age drama that follows the life of a young Black man grappling with his identity and sexuality. The film's portrayal of love, vulnerability, and the search for self-acceptance is both poignant and beautifully crafted. It won the Academy Award for Best Picture and is a significant work in modern cinema.

### **11. Black Panther (2018)**

While a superhero film, "Black Panther," directed by Ryan Coogler, tells a rich story rooted in African culture and the African diaspora. It explores themes of heritage, responsibility, and empowerment, with a predominantly Black cast. The film became a cultural phenomenon, inspiring conversations about representation and identity in Hollywood.

## Conclusion

Watching movies during Black History Month is not just about entertainment; it is an opportunity to engage with the stories that have shaped Black history and culture. From powerful biopics to eye-opening documentaries, each film offers valuable insights into the struggles and achievements of Black individuals throughout history. By taking the time to watch these films, viewers can foster a deeper understanding of the past and its implications for the present and future.

As we honor Black history, let these films inspire conversations, provoke thoughts, and encourage exploration of the rich tapestry of African American experiences. Whether you are watching alone or hosting a viewing party, these films are essential viewing for anyone looking to celebrate Black History Month.

## Frequently Asked Questions

### **What are some must-watch films that celebrate black history during Black History Month?**

Some must-watch films include '12 Years a Slave,' 'Selma,' 'Hidden Figures,' 'Malcolm X,' and 'The Help.' These films highlight significant events and figures in black history.

### **Are there any documentaries that focus on black history that I can watch this February?**

Yes, notable documentaries include '13th,' 'I Am Not Your Negro,' 'The Black Power Mixtape 1967-1975,' and 'Eyes on the Prize.' These films provide in-depth perspectives on the struggles and achievements of the black community.

### **Which movies portray the Civil Rights Movement effectively?**

Movies like 'Selma,' 'Malcolm X,' and 'The Butler' effectively portray the Civil Rights Movement, showcasing the fight for equality and the influential figures involved.

### **What animated films can I watch that highlight black culture and history?**

Animated films such as 'Soul,' 'The Princess and the Frog,' and 'Hair Love' celebrate black culture and deliver important messages about identity and representation.

### **Are there any films that focus on contemporary black experiences for Black History Month?**

Yes, films like 'Moonlight,' 'Get Out,' and 'Black Panther' explore contemporary black experiences, addressing themes of identity, race, and resilience in today's society.



