

# Arc'teryx Atom Lt Hoody Washing Instructions



Arc'teryx Atom LT Hoody washing instructions are essential for maintaining the quality and longevity of this versatile outdoor garment. The Atom LT Hoody is designed to provide warmth, breathability, and exceptional performance in a variety of conditions. However, like all technical fabrics, it requires special care when it comes to washing and maintenance. In this article, we will explore the best practices for washing your Atom LT Hoody, to keep it in optimal condition for all your adventures.

## Understanding Your Atom LT Hoody

Before diving into the washing instructions, it's essential to understand the materials that make up the Atom LT Hoody. This knowledge will help you appreciate why specific washing and care instructions are necessary.

## Materials Used

The Atom LT Hoody is constructed from several high-quality materials:

1. **Coreloft Insulation:** This synthetic insulation is lightweight, compressible, and provides excellent warmth even when wet.
2. **Tyono 20 Denier Nylon:** The outer fabric is a durable, lightweight nylon that is both water-resistant and breathable.
3. **DWR Treatment:** The Durable Water Repellent (DWR) finish helps to repel moisture and keeps you dry in light rain.

These materials contribute to the hoody's performance but also require careful handling during washing.

## **Washing Instructions**

Proper washing of the Atom LT Hoody is crucial to maintain its insulation properties, water resistance, and overall appearance. Here's a step-by-step guide to ensure that your hoody remains in top condition.

### **Pre-Washing Preparation**

Before you toss your Atom LT Hoody into the washing machine, follow these preparatory steps:

1. **Check the Care Label:** Always start by reading the care label on your hoody. This label provides specific instructions tailored to the garment.
2. **Empty Pockets:** Make sure to check and empty all pockets. Any small items left behind can damage the fabric during washing.
3. **Close Zippers and Velcro:** To prevent snagging, zip up all zippers and secure any Velcro straps.
4. **Turn Inside Out:** Turning the hoody inside out can help protect the outer fabric from abrasion during washing.

### **Machine Washing Instructions**

When washing your Atom LT Hoody, it is recommended to use a front-loading washing machine, as top loaders can be harsher on delicate fabrics. Follow these instructions:

1. **Use Cold Water:** Set your washing machine to a cold water cycle. Hot water can damage the insulation and fabric.
2. **Select a Gentle Cycle:** Opt for a gentle or delicate cycle to minimize agitation.
3. **Use a Mild Detergent:** Choose a detergent that is free of bleach, fabric softeners, and additives. A technical wash specifically designed for outdoor gear is ideal.
4. **Avoid Fabric Softeners:** Fabric softeners can leave a residue that compromises the water repellency of the DWR treatment.

### **Hand Washing Instructions**

If you prefer to hand wash your Atom LT Hoody, here's how to do it properly:

1. Fill a Basin with Cold Water: Use a clean basin or bathtub, and fill it with cold water.
2. Add Detergent: Dissolve a small amount of mild detergent in the water.
3. Submerge the Hoody: Immerse the hoody in the soapy water, gently agitating it with your hands.
4. Rinse Thoroughly: After washing, drain the soapy water and rinse the hoody under cold running water until all detergent is removed.

## **Drying Your Atom LT Hoody**

Proper drying is just as important as washing when it comes to maintaining the performance of your Atom LT Hoody.

### **Machine Drying**

If you choose to machine dry your hoody, follow these guidelines:

1. Use a Low Heat Setting: Set the dryer to a low heat or air-dry setting. High heat can damage the insulation and fabric.
2. Add Dryer Balls: To help restore loft to the insulation, consider adding a couple of clean tennis balls or dryer balls to the dryer. They will help break up any clumps of insulation during the drying process.
3. Monitor the Drying Process: Check periodically to ensure that the hoody is not overheating or getting too dry.

### **Air Drying**

Air drying is another effective option:

1. Lay Flat or Hang: Lay the hoody flat on a clean, dry surface or hang it up to dry. Ensure it is in a well-ventilated area.
2. Avoid Direct Sunlight: Direct sunlight can fade colors and degrade the fabric, so choose a shaded area for drying.

## **Reactivating the DWR Treatment**

Over time, the DWR treatment on your Atom LT Hoody may wear off, especially after several washes. Reactivating this treatment is crucial for maintaining water resistance.

### **How to Reactivate DWR**

To reactivate the DWR finish, you can either tumble dry the hoody on a low heat setting for about 20

minutes or use a DWR spray treatment. Here's how to do it:

1. Tumble Drying: After washing, tumble dry the hoody on a low setting for approximately 20 minutes. The heat will help reactivate the DWR treatment.
2. DWR Spray Treatment: If you choose to use a spray, follow these steps:
  - Clean the hoody as per the washing instructions.
  - Spray the DWR treatment evenly on the outer fabric.
  - Allow it to dry completely before wearing.

## **Additional Care Tips**

To keep your Atom LT Hoody in excellent shape, consider the following tips:

1. Store Properly: When not in use, store your hoody in a cool, dry place. Avoid compressing it into a tight space, as this can damage the insulation.
2. Avoid Ironing: Do not iron your hoody, as high heat can damage the fabric and insulation.
3. Limit Washing Frequency: Only wash your hoody when necessary. Frequent washing can wear down the materials and treatments.

## **Conclusion**

Following the proper Arc'teryx Atom LT Hoody washing instructions is crucial for prolonging the life of your garment and ensuring it performs at its best. By understanding the materials, adhering to washing and drying guidelines, and reactivating the DWR treatment as needed, you can enjoy the warmth and functionality of your Atom LT Hoody for many adventures to come. By investing a little time and care into its maintenance, you ensure that your hoody remains a reliable companion in the great outdoors.

## **Frequently Asked Questions**

### **Can I machine wash my Arc'teryx Atom LT Hoody?**

Yes, you can machine wash your Arc'teryx Atom LT Hoody on a gentle cycle using cold water.

### **What detergent should I use for washing the Atom LT Hoody?**

Use a mild, non-detergent soap or a specific technical wash designed for synthetic fabrics to avoid damaging the insulation.

### **Should I wash the Atom LT Hoody with other clothes?**

It is recommended to wash the hoody separately or with similar lightweight and synthetic fabrics to prevent any potential damage.

## Can I tumble dry the Arc'teryx Atom LT Hoody?

Yes, you can tumble dry on a low heat setting, but it's best to remove it while slightly damp and air dry to maintain its loft.

## How often should I wash my Atom LT Hoody?

Wash your hoody after several uses or when it becomes visibly soiled or loses its odor control, but avoid excessive washing to prolong its lifespan.

## Is it safe to use fabric softeners on the Atom LT Hoody?

No, avoid using fabric softeners as they can coat the fabric and reduce breathability and moisture-wicking properties.

## Can I iron my Arc'teryx Atom LT Hoody?

No, do not iron the hoody as high temperatures can damage the fabric and insulation; instead, use a steam setting if necessary to remove wrinkles.

## How do I ensure my Atom LT Hoody maintains its insulation after washing?

To maintain insulation, make sure to dry the hoody thoroughly and fluff it gently to restore its loft after washing.

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