

# Asam Criteria Cheat Sheet 2020

American Society of Addiction Medicine (ASAM) Criteria Dimensions

	LEVEL I	LEVEL II	LEVEL III	LEVEL IV
	OUTPATIENT TREATMENT (LIVE, 9-5PT)	INTENSIVE OUTPATIENT TREATMENT (LIVE, 9-5PT)	MEDICALLY MONITORED INTENSIVE INPATIENT TREATMENT (LIVE, 11-5PT)	MEDICALLY MANAGED INTENSIVE INPATIENT TREATMENT (LIVE, 24-HR PT MEDICAL DETOX)
Acute Intoxication Withdrawal Potential	No withdrawal risk so likely no alcohol or drugs < 7 wk.	Minimal withdrawal risk	Severe withdrawal risk but manageable in Level III	Severe withdrawal risk.
Biomedical Conditions + & Complications	None or very stable.	None or non- disrupting from addiction treat.	Requires medical monitoring but not intensive.	Requires 24-hour medical nursing care.
Emotional + Behavioral Conditions	None or very stable.	Mild severity not disrupting from recovery.	Moderate severity needing a 24-hour structured setting.	Severe problems requiring 24-hour psychiatric care with concomitant SA treat.
Treatment Acceptance + Resistance	Willing to cooperate but needs motivating and monitoring strategies.	Resistance high enough to require structured prog. but not so high as to render outpt treat ineffective.	Resistance high despite negative consequences + needs intensive motivating strategies in 24-hour structure.	Problems in this dimension do not qualify patient for Level IV treat.
Relapse Potential	Able to maintain abstinence + recovery goals with minimal support.	Internalization of addiction symptoms and high likelihood of relapse w/o close monitoring.	Unable to control use despite active participation in less intensive care + needs 24-hour structure.	Problems in this dimension do not qualify patient for Level IV treat.
Recovery Environment	Supportive environment + pt has skills to cope.	Environment unsupportive but with structure at least some support.	Environment dangerous for recovery + needs removal from it, outpt treat, detoxes.	Problems in this dimension do not qualify patient for Level IV treat.
Referral Process	SART Consult	ATS Consult	ATS Consult	Psych or medical VAMC admission per indiv. case.

## ASAM CRITERIA CHEAT SHEET 2020

THE ASAM CRITERIA, ESTABLISHED BY THE AMERICAN SOCIETY OF ADDICTION MEDICINE, IS A COMPREHENSIVE FRAMEWORK FOR ASSESSING INDIVIDUALS WITH SUBSTANCE USE DISORDERS. IT PROVIDES A STRUCTURED APPROACH TO TREATMENT PLANNING AND ENSURES THAT PATIENTS RECEIVE THE APPROPRIATE LEVEL OF CARE. THE 2020 EDITION OF THE ASAM CRITERIA INCORPORATES UPDATED GUIDELINES AND INSIGHTS INTO THE COMPLEXITIES OF ADDICTION TREATMENT. THIS ARTICLE WILL DELVE INTO THE CORE COMPONENTS OF THE ASAM CRITERIA, HIGHLIGHTING ITS IMPORTANCE IN CLINICAL PRACTICE, ITS ASSESSMENT CRITERIA, AND HOW IT CAN BE EFFECTIVELY UTILIZED IN TREATMENT PLANNING.

## UNDERSTANDING THE ASAM CRITERIA

THE ASAM CRITERIA SERVES AS A VITAL TOOL FOR HEALTHCARE PROFESSIONALS WORKING WITH INDIVIDUALS STRUGGLING WITH ADDICTION. IT CATEGORIZES ADDICTION TREATMENT INTO VARIOUS DIMENSIONS AND LEVELS OF CARE, ENSURING A PERSONALIZED APPROACH TAILORED TO EACH PATIENT'S NEEDS.

## KEY COMPONENTS OF THE ASAM CRITERIA

1. DIMENSIONS: THE ASAM CRITERIA CONSISTS OF SIX DIMENSIONS THAT ASSESS VARIOUS ASPECTS OF AN INDIVIDUAL'S LIFE AND SUBSTANCE USE. THESE DIMENSIONS INCLUDE:

- DIMENSION 1: ACUTE INTOXICATION AND/OR WITHDRAWAL POTENTIAL - EVALUATES THE INDIVIDUAL'S CURRENT PHYSICAL STATE CONCERNING INTOXICATION OR WITHDRAWAL SYMPTOMS.
- DIMENSION 2: BIOMEDICAL CONDITIONS AND COMPLICATIONS - ASSESSES ANY CO-OCCURRING MEDICAL ISSUES THAT MAY IMPACT TREATMENT.
- DIMENSION 3: EMOTIONAL, BEHAVIORAL, OR COGNITIVE CONDITIONS AND COMPLICATIONS - CONSIDERS PSYCHOLOGICAL FACTORS, INCLUDING MENTAL HEALTH DISORDERS THAT MAY AFFECT THE INDIVIDUAL'S RECOVERY.

- DIMENSION 4: READINESS TO CHANGE - EXAMINES THE INDIVIDUAL'S MOTIVATION AND WILLINGNESS TO ENGAGE IN TREATMENT.
- DIMENSION 5: RELAPSE, CONTINUED USE, OR CONTINUED PROBLEM POTENTIAL - IDENTIFIES THE LIKELIHOOD OF RELAPSE OR CONTINUED SUBSTANCE USE BASED ON PAST BEHAVIORS AND TRIGGERS.
- DIMENSION 6: RECOVERY ENVIRONMENT - ANALYZES SOCIAL SUPPORT SYSTEMS AND ENVIRONMENTAL FACTORS THAT MAY AID OR HINDER RECOVERY.

2. LEVELS OF CARE: THE ASAM CRITERIA OUTLINES VARIOUS LEVELS OF CARE, RANGING FROM OUTPATIENT SERVICES TO INTENSIVE INPATIENT TREATMENT. THESE LEVELS ARE DESIGNED TO MATCH THE SEVERITY OF AN INDIVIDUAL'S ADDICTION AND THEIR SPECIFIC TREATMENT NEEDS.

## IMPORTANCE OF THE ASAM CRITERIA

THE ASAM CRITERIA IS CRUCIAL FOR SEVERAL REASONS:

- STANDARDIZATION: IT PROVIDES A STANDARDIZED FRAMEWORK FOR ASSESSING AND TREATING SUBSTANCE USE DISORDERS, WHICH ENHANCES COMMUNICATION AMONG HEALTHCARE PROVIDERS.
- COMPREHENSIVE ASSESSMENT: BY ADDRESSING MULTIPLE DIMENSIONS OF A PATIENT'S LIFE, THE ASAM CRITERIA ENSURES A HOLISTIC ASSESSMENT THAT CONSIDERS BOTH MEDICAL AND PSYCHOSOCIAL FACTORS.
- PERSONALIZED TREATMENT PLANS: THE CRITERIA FACILITATE THE DEVELOPMENT OF INDIVIDUALIZED TREATMENT PLANS, INCREASING THE LIKELIHOOD OF SUCCESSFUL OUTCOMES.
- IMPROVED OUTCOMES: UTILIZING THE ASAM CRITERIA IN TREATMENT PLANNING HAS BEEN ASSOCIATED WITH BETTER PATIENT OUTCOMES AND HIGHER RATES OF RECOVERY.

## UTILIZING THE ASAM CRITERIA IN PRACTICE

IMPLEMENTING THE ASAM CRITERIA IN CLINICAL PRACTICE INVOLVES SEVERAL KEY STEPS:

### 1. COMPREHENSIVE ASSESSMENT

AT THE ONSET, HEALTHCARE PROVIDERS MUST CONDUCT A THOROUGH ASSESSMENT USING THE SIX DIMENSIONS OUTLINED IN THE ASAM CRITERIA. THIS MAY INVOLVE:

- CONDUCTING INTERVIEWS WITH THE PATIENT TO GATHER INFORMATION ABOUT THEIR SUBSTANCE USE HISTORY, MEDICAL CONDITIONS, AND PSYCHOLOGICAL STATUS.
- UTILIZING STANDARDIZED ASSESSMENT TOOLS AND QUESTIONNAIRES TO QUANTIFY THE SEVERITY OF THE ADDICTION AND RELATED ISSUES.
- INVOLVING FAMILY MEMBERS OR SIGNIFICANT OTHERS IN THE ASSESSMENT PROCESS TO GAIN A BROADER UNDERSTANDING OF THE INDIVIDUAL'S ENVIRONMENT AND SUPPORT SYSTEMS.

### 2. TREATMENT PLANNING

BASED ON THE ASSESSMENT RESULTS, HEALTHCARE PROVIDERS CAN DEVELOP A TAILORED TREATMENT PLAN THAT ALIGNS WITH THE PATIENT'S NEEDS. KEY ELEMENTS OF THE TREATMENT PLAN MAY INCLUDE:

- IDENTIFYING APPROPRIATE LEVELS OF CARE, SUCH AS OUTPATIENT THERAPY, INTENSIVE OUTPATIENT PROGRAMS, OR RESIDENTIAL TREATMENT.
- SETTING MEASURABLE GOALS AND OBJECTIVES TO TRACK PROGRESS THROUGHOUT TREATMENT.
- INCORPORATING EVIDENCE-BASED INTERVENTIONS THAT ADDRESS BOTH SUBSTANCE USE AND ANY CO-OCCURRING MENTAL HEALTH DISORDERS.

### 3. CONTINUOUS MONITORING AND REEVALUATION

THE ASAM CRITERIA EMPHASIZES THE IMPORTANCE OF ONGOING EVALUATION THROUGHOUT THE TREATMENT PROCESS. HEALTHCARE PROVIDERS SHOULD:

- REGULARLY ASSESS THE PATIENT'S PROGRESS AND MAKE NECESSARY ADJUSTMENTS TO THE TREATMENT PLAN.
- MONITOR FOR SIGNS OF RELAPSE OR COMPLICATIONS THAT MAY REQUIRE A CHANGE IN THE LEVEL OF CARE.
- FACILITATE OPEN COMMUNICATION WITH THE PATIENT TO ADDRESS ANY EMERGING CONCERNS OR CHALLENGES.

### CHALLENGES IN IMPLEMENTING THE ASAM CRITERIA

DESPITE ITS EFFECTIVENESS, THERE ARE CHALLENGES IN IMPLEMENTING THE ASAM CRITERIA IN PRACTICE:

- TRAINING AND EDUCATION: HEALTHCARE PROVIDERS MAY REQUIRE ADDITIONAL TRAINING TO EFFECTIVELY UTILIZE THE ASAM CRITERIA AND UNDERSTAND ITS NUANCES.
- RESOURCE LIMITATIONS: LIMITED AVAILABILITY OF COMPREHENSIVE TREATMENT OPTIONS CAN HINDER THE IMPLEMENTATION OF INDIVIDUALIZED CARE PLANS.
- STIGMA AND MISUNDERSTANDING: STIGMAS ASSOCIATED WITH ADDICTION MAY AFFECT PATIENT WILLINGNESS TO ENGAGE IN ASSESSMENT AND TREATMENT.

### CONCLUSION

THE ASAM CRITERIA CHEAT SHEET 2020 SERVES AS AN INVALUABLE RESOURCE FOR HEALTHCARE PROFESSIONALS WORKING WITH INDIVIDUALS FACING SUBSTANCE USE DISORDERS. BY INCORPORATING ITS STRUCTURED ASSESSMENT DIMENSIONS AND LEVELS OF CARE, PROVIDERS CAN ENSURE A COMPREHENSIVE, PERSONALIZED APPROACH TO ADDICTION TREATMENT. THE ONGOING EVALUATION AND ADAPTATION OF TREATMENT PLANS BASED ON THE ASAM CRITERIA ULTIMATELY LEAD TO IMPROVED OUTCOMES AND SUPPORT FOR INDIVIDUALS ON THEIR JOURNEY TO RECOVERY. EMBRACING THE PRINCIPLES OUTLINED IN THE ASAM CRITERIA IS ESSENTIAL FOR ADVANCING THE FIELD OF ADDICTION MEDICINE AND FOSTERING A MORE EFFECTIVE, COMPASSIONATE APPROACH TO TREATMENT.

### FREQUENTLY ASKED QUESTIONS

#### WHAT ARE THE ASAM CRITERIA?

THE ASAM CRITERIA ARE A SET OF GUIDELINES USED FOR ASSESSING AND TREATING INDIVIDUALS WITH SUBSTANCE USE DISORDERS, FOCUSING ON THEIR NEEDS AND THE APPROPRIATE LEVEL OF CARE.

#### WHAT DOES ASAM STAND FOR?

ASAM STANDS FOR THE AMERICAN SOCIETY OF ADDICTION MEDICINE, WHICH DEVELOPED THE CRITERIA TO STANDARDIZE THE ASSESSMENT AND TREATMENT OF ADDICTION.

#### WHAT IS THE SIGNIFICANCE OF THE 2020 UPDATE TO THE ASAM CRITERIA?

THE 2020 UPDATE TO THE ASAM CRITERIA REFLECTS THE LATEST RESEARCH AND CLINICAL PRACTICES IN ADDICTION TREATMENT, IMPROVING THE ACCURACY AND EFFECTIVENESS OF ASSESSMENTS.

#### HOW MANY DIMENSIONS ARE INCLUDED IN THE ASAM CRITERIA?

THE ASAM CRITERIA INCLUDE SIX DIMENSIONS THAT HELP IN ASSESSING AN INDIVIDUAL'S NEEDS AND DETERMINING THE APPROPRIATE LEVEL OF CARE.

## WHAT ARE THE SIX DIMENSIONS OF THE ASAM CRITERIA?

THE SIX DIMENSIONS ARE: 1) ACUTE INTOXICATION AND WITHDRAWAL POTENTIAL, 2) BIOMEDICAL CONDITIONS AND COMPLICATIONS, 3) EMOTIONAL, BEHAVIORAL, OR COGNITIVE CONDITIONS, 4) READINESS TO CHANGE, 5) RELAPSE POTENTIAL, AND 6) RECOVERY ENVIRONMENT.

## HOW CAN THE ASAM CRITERIA BE UTILIZED BY HEALTHCARE PROFESSIONALS?

HEALTHCARE PROFESSIONALS CAN USE THE ASAM CRITERIA TO CREATE PERSONALIZED TREATMENT PLANS, MONITOR PROGRESS, AND ADJUST CARE LEVELS BASED ON AN INDIVIDUAL'S CHANGING NEEDS.

## IS THERE A SPECIFIC TOOL OR CHEAT SHEET AVAILABLE FOR THE ASAM CRITERIA?

YES, THERE ARE CHEAT SHEETS AND TOOLS AVAILABLE THAT SUMMARIZE THE ASAM CRITERIA, MAKING IT EASIER FOR PRACTITIONERS TO APPLY THE GUIDELINES DURING ASSESSMENTS.

## WHERE CAN I FIND RESOURCES FOR THE ASAM CRITERIA CHEAT SHEET?

RESOURCES FOR THE ASAM CRITERIA CHEAT SHEET CAN TYPICALLY BE FOUND ON THE AMERICAN SOCIETY OF ADDICTION MEDICINE'S OFFICIAL WEBSITE OR THROUGH ADDICTION TREATMENT TRAINING PROGRAMS.

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## Asam Criteria Cheat Sheet 2020

### **Colmenar de Oreja - Wikipedia, la enciclopedia libre**

Colmenar de Oreja es un municipio y localidad española del sureste de la Comunidad de Madrid. Ubicado en la llamada comarca de Las Vegas, cuenta con una población de 8888 habitantes (INE ...

*Aytocdo - Ayuntamiento de Colmenar de Oreja*

Sep 4, 2024 · Convenio de colaboración entre la Comunidad de Madrid y el Ayuntamiento de Colmenar de Oreja para la ejecución de proyectos con cargo a los Fondos Europeos procedentes ...

Qué ver y hacer en Colmenar de Oreja - La vida son dos viajes

¿Quieres conocer los imprescindibles que ver y hacer en Colmenar de Oreja? No te pierdas su Plaza Mayor y el Museo de Ulpiano Checa.

### **Colmenarte - Web de Turismo del Ayto de Colmenar de Oreja**

Mar 23, 2021 · Déjate seducir por la historia y el patrimonio de esta ciudad milenaria acompañado por nuestros guías expertos. Conoce los rincones más emblemáticos de Colmenar de Oreja a ...

### **Colmenar de Oreja - Turismo Madrid**

La localidad de Colmenar de Oreja se encuentra en el sureste de la región madrileña, en la llamada Comarca de las Vegas, surcada por los cauces de los ríos Tajo, Tajuña y Jarama. Con apenas 8 ...

### **Colmenar de Oreja, qué ver y donde comer en el sur de Madrid**

Situado al sureste de la Comunidad de Madrid, encontramos la villa de Colmenar de Oreja, una bella localidad famosa por su plaza porticada (que nada tiene que envidiar a la de su vecino ...

### **Colmenar de Oreja | VisitMadrid**

Situado en la vega del Tajo, cultiva y elabora vinos, aceites y quesos artesanos, y ofrece una gastronomía muy característica, basada en ingredientes de producción propia. Su origen está ...

### **Colmenar de Oreja: Qué ver y hacer, dónde alojarse y cómo llegar**

Aquí encontrarás información detallada sobre qué ver y hacer, dónde alojarte y cómo llegar a Colmenar de Oreja. Además, te proporcionaremos consejos y trucos únicos para que tu ...

### Colmenar de Oreja - Comunidad de Madrid

Algunos de sus monumentos más importantes son la Iglesia de Santa María la Mayor, la ermita del Cristo del Humilladero, el Convento de la Encarnación del Divino Verbo, el Teatro Municipal ...

### **Colmenar de Oreja - Página Oficial Turismo ARACOVE**

Esta tradición de fabricar grandes tinajas, así como, el trabajo de la célebre piedra de Colmenar, se pueden visitar y conocer, de primera mano, en el Museo de la Piedra.

### **Player 374 | Squid Game Wiki | Fandom**

Player 374 was a contestant who participated the 33 rd Squid Game in 2020. Player 374 was in heavy debt and chose to enter a high-risk competition to win money. He managed to survive the first game, Red Light, Green Light, where most of the contestants were wiped out.

### **Player 374 (2020) | Squid Game' Players Wiki | Fandom**

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### *Player 374 : r/squidgame - Reddit*

Nov 27, 2023 · In games like Survivor and Big Brother, the players who aren't interested in winning often get dragged to the end as a goat. It doesn't work when there's still a massive cast because people are looking for an easy inoffensive choice when deciding their ...

### **Player 430 Vs Player 374 #squidgame #roblox - YouTube**

No description has been added to this video.

### **Andy Glass | Squid Game: The Challenge Players Wiki | Fandom**

Andy Glass, otherwise known as "Player 374", was a contestant on Season 1 of Netflix's Squid Game: The Challenge. He was eliminated in a dorm test. "Andy is from Brooklyn and has been a ball boy in the US Open. He's most excited to play Dalgona and says his advantage is ...

### *Player 374 | Squid Game Minor Players Wiki | Fandom*

Player 374 was a contestant in the 33rd Squid Game. Player 374 was in heavy debt and chose to enter a high-risk competition to win money. After waking up in a large room with 455 other people, signed a contract and took his photo. He managed to survive Red Light Green Light, after most of ...

### **player 374 die in squid game - YouTube**

No description has been added to this video.

### *Player 374 (37th Squid Game) | Squid Game Wiki | Fandom*

Appearances Gallery Player 374 after Player 100's debt is revealed. Player 374 watching players get slapped. Player 374 watching as Players 007 and 149 quarrel. Player 374 after signing the player

consent forms. Player 374 having her photograph taken. Player 374 shortly after the ...

### **I Spent 24 Hours With Squid Game's Player 374 - YouTube**

squid game, survival games, game analysis, squid game theories, squid game season 2 review, survival analysis, squid game season 2 ending, squid game predict...

### **Squid game 1 Player 374 In scenepack - YouTube**

fate: Tug of warmistakes: Same as icon player 220passed: RLGL sugar honeycomb Special gamebackstory: player 374 was debt salesman playing ddakji slapping Off...

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