

# Ama Style Guide Cheat Sheet

## AMA Style Guide

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This is a guide to the most frequently used reference types, based on the *AMA Manual of Style: A Guide for Authors and Editors*, 10<sup>th</sup> edition, 2007. It is an adaptation of a guide produced by Terri Jankowski, librarian and assistant director of user experience at the University of Washington Health Sciences Library, and is posted here with her permission.

If you don't see an example for your type of reference, consult the complete *AMA Manual of Style* located in the reference section of OBU's library at REF 808.06661 A479m.

### When to Cite

You need to cite when:

- using a direct quotation, even if it is in quotation marks.
- using facts that are not common knowledge (what the reader can reasonably be expected to know).
- paraphrasing or rewriting the author's ideas.
- summarizing the data or argument of an author.
- using the key words or phrases from the author or using synonyms.
- mentioning the author's name in your text.
- writing a sentence that mostly consists of your own thoughts, but you have made a reference to another author's ideas.

When in doubt, err on the side of caution, and cite.

**AMA style guide cheat sheet** is an essential resource for anyone involved in academic writing, particularly in the fields of medicine, health sciences, and related disciplines. The American Medical Association (AMA) style provides a standardized format for writing research papers, articles, and other scholarly documents. This article will serve as a comprehensive guide, summarizing key rules and guidelines from the AMA Manual of Style, helping writers produce clear and consistent work.

## Understanding the AMA Style

The AMA style is designed to facilitate clear communication in medical and scientific writing. It emphasizes concise language, proper citation, and ethical considerations, making it essential for researchers, healthcare professionals, and students in the medical field.

## Key Features of AMA Style

- **Clarity and Precision:** The AMA style requires writers to present information clearly and accurately, using straightforward language without unnecessary jargon.

- Citations and References: Proper citation is crucial in AMA style, ensuring that sources are acknowledged, and intellectual property is respected.
- Ethical Considerations: The AMA Manual emphasizes the importance of ethical practices in research and publication, including issues of plagiarism and authorship.

## Formatting Guidelines

The formatting of a document is critical in AMA style. Adhering to specific guidelines ensures that your work is professional and meets publication standards.

### General Formatting

- Font: Use a standard font, such as Times New Roman, in 12-point size.
- Margins: Set 1-inch margins on all sides of the document.
- Line Spacing: Use double-spacing throughout the text, including references.
- Paragraphs: Indent the first line of each paragraph by 0.5 inches.

### Title Page and Abstract

- Title Page: Include the title of the paper, the author's name, and institutional affiliation. The title should be concise and informative.
- Abstract: Provide a brief summary (150-250 words) of the research, including the purpose, methods, results, and conclusions. The abstract should not contain citations.

## Citations and References

One of the most critical components of the AMA style is the proper citation of sources. This section will outline the different types of citations and how to format them correctly.

### In-Text Citations

- Use superscript numbers for in-text citations, placing them after the relevant information or quote.
- If citing multiple sources, separate the numbers with commas (e.g., 1,3,5).

### Reference List

The reference list should be formatted according to AMA guidelines. Here are some key rules:

- Order: List references numerically in the order they are cited in the text.
- Authors: List up to six authors. If there are more than six, list the first three followed by "et al."
- Journal Articles: Format: Author(s). Title of Article. Abbreviated Journal Name. Year;Volume(Issue):Page Numbers. DOI or URL.
- Books: Format: Author(s). Title of Book. Edition (if not the first). Publisher; Year.

# Writing Style and Language

When writing in AMA style, it is important to maintain a professional tone and adhere to specific language guidelines.

## Voice and Tone

- Active Voice: Prefer active voice over passive voice to enhance clarity (e.g., "The researcher conducted the study" instead of "The study was conducted by the researcher").
- Technical Terminology: Use medical terminology appropriately but aim for clarity. Avoid excessive jargon that may confuse readers.

## Abbreviations and Symbols

- Define abbreviations on first use, followed by the abbreviation in parentheses (e.g., "The Centers for Disease Control and Prevention (CDC)").
- Use standard abbreviations for units of measurement (e.g., mg for milligrams, mL for milliliters).

## Ethical Considerations in AMA Style

Adhering to ethical standards is paramount in medical writing. The AMA style guide emphasizes several important ethical considerations.

## Plagiarism

- Always give proper credit to the original authors of ideas, data, and research findings.
- Use quotation marks for direct quotes and cite the source.

## Authorship and Contributions

- Ensure that all individuals listed as authors have made significant contributions to the work.
- Include a statement of contributions to clarify each author's role in the research.

## Common Mistakes to Avoid

Even seasoned writers can make mistakes when it comes to following AMA style. Here are some common pitfalls to watch out for:

- **Inconsistent Citation Format:** Ensure that all citations follow the same format throughout the document.

- **Neglecting Ethical Guidelines:** Always adhere to ethical writing practices and avoid plagiarism.
- **Improperly Formatted References:** Double-check that references are formatted according to AMA guidelines, including punctuation and order.
- **Overuse of Jargon:** Strive for clarity by avoiding unnecessary technical terms that may confuse readers.

## Resources for Further Learning

To deepen your understanding of the AMA style, consider utilizing the following resources:

- AMA Manual of Style: The official manual is the most comprehensive resource for AMA style guidelines.
- Online Workshops and Webinars: Many universities and organizations offer workshops on AMA style writing.
- Citation Management Tools: Software like EndNote or Zotero can help manage references and citations efficiently.

## Conclusion

In summary, the **AMA style guide cheat sheet** serves as a valuable tool for anyone involved in medical writing. By following the guidelines outlined above, writers can produce clear, ethical, and professionally formatted documents that adhere to the standards set by the American Medical Association. Whether you are a seasoned researcher or a student new to academic writing, mastering the AMA style will enhance your writing and improve your chances of publication success.

## Frequently Asked Questions

### What is the AMA Style Guide?

The AMA Style Guide is a set of guidelines for writing and formatting research papers and articles in the field of medicine and health sciences, published by the American Medical Association.

### What are the key components of the AMA citation format?

Key components of the AMA citation format include the author's last name and initials, the title of the work, the source (journal name, book title, etc.), publication year, volume number, issue number, and page range.

## **How do I format journal articles in AMA style?**

In AMA style, journal articles are formatted with the author's last name followed by initials, the title of the article in sentence case, the journal name in italics, the publication year, volume number, issue number in parentheses, and page range.

## **What is the correct way to reference a book in AMA format?**

To reference a book in AMA format, you include the author's last name followed by initials, the title of the book in italics, the edition (if not the first), the publisher, and the year of publication.

## **What are the rules for in-text citations in AMA style?**

In AMA style, in-text citations are represented by superscript numbers corresponding to the full citation in the reference list, with numbers assigned in the order of citation.

## **How should I format a reference list in AMA style?**

The reference list in AMA style should be formatted as a numbered list, with entries in the order they are cited in the text, including complete citation details for each source.

## **Are there specific guidelines for citing online sources in AMA style?**

Yes, when citing online sources in AMA style, include the author's name, title of the document, website name, URL, and the date of access if the content is subject to change.

## **What are some common mistakes to avoid when using the AMA Style Guide?**

Common mistakes include incorrect author name formatting, not using italics for journal titles, improper citation of electronic sources, and neglecting to use superscript for in-text citations.

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Unlock the essentials of academic writing with our AMA style guide cheat sheet. Perfect your citations and references today! Learn more for expert tips.

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