# **Airborne Training Fort Benning**



Airborne Training Fort Benning is a rigorous and esteemed program designed to prepare Soldiers for airborne operations. Located in Fort Benning, Georgia, this training is a crucial component of the U.S. Army's commitment to maintaining a highly skilled and rapidly deployable force. The airborne training courses are renowned for their intensity and effectiveness, attracting both new recruits and seasoned service members looking to enhance their skills. This article explores the various aspects of airborne training at Fort Benning, including its history, structure, challenges, and significance in contemporary military operations.

## History of Airborne Training at Fort Benning

The establishment of airborne training at Fort Benning dates back to the early 1940s. Recognizing the need for specialized training in parachuting techniques, the Army began developing a dedicated program to prepare Soldiers for airborne missions.

- 1940s: The first parachute training school was established at Fort Benning, laying the groundwork for future airborne operations.
- World War II: The effectiveness of airborne units was demonstrated during major campaigns, which led to the expansion of training facilities and programs.
- Post-War Era: As the Army transitioned into the Cold War, airborne training continued to evolve, incorporating new techniques and technologies.

Today, Fort Benning remains a key site for airborne training, hosting thousands of Soldiers each year.

## Structure of Airborne Training

Airborne training at Fort Benning is divided into several key components, each designed to develop specific skills and competencies.

## Basic Airborne Course (BAC)

The Basic Airborne Course is the primary entry-level training for Soldiers aspiring to become airborne qualified. The BAC typically lasts three weeks and includes:

- 1. Ground Week: Soldiers learn the fundamentals of parachuting, including equipment preparation, parachute landing falls (PLFs), and basic parachute operations.
- 2. Tower Week: Trainees practice parachute jumps from a 34-foot tower, simulating the experience of jumping from an aircraft.
- 3. Jump Week: Soldiers complete a series of jumps from a C-130 or C-17 aircraft, culminating in a minimum of five jumps to earn their airborne wings.

## Advanced Airborne Training

Once Soldiers complete the BAC, they may have the opportunity to participate in advanced airborne training programs, including:

- Jumpmaster Training: This course trains Soldiers to become Jumpmasters, responsible for ensuring that airborne operations are conducted safely and effectively.
- Military Free Fall (MFF): This advanced course teaches Soldiers the techniques of free-fall parachuting, allowing them to jump from higher altitudes and navigate more effectively during descent.

## Challenges of Airborne Training

Airborne training at Fort Benning is known for its demanding physical and mental challenges. The following factors contribute to the intensity of the training:

## Physical Demands

- Fitness Requirements: Soldiers must maintain a high level of physical fitness to successfully complete the training. This includes endurance, strength, and agility.
- Injury Risk: The nature of parachuting involves inherent risks, and trainees must learn to manage these risks while maintaining focus and discipline.

#### Mental Resilience

- Overcoming Fear: Many trainees face fears related to jumping from aircraft and the uncertainties of free-fall. Building mental resilience is an essential part of the training process.
- Stress Management: The ability to perform under pressure is critical, and Soldiers are taught techniques to manage stress and maintain composure during jumps.

## Significance of Airborne Training

Airborne training at Fort Benning plays a vital role in maintaining the effectiveness and readiness of U.S. military forces. The significance of this training can be outlined in several key areas:

## Operational Readiness

- Rapid Deployment: Airborne units are capable of being deployed quickly to respond to crises around the globe. The training ensures that Soldiers are prepared for immediate action.
- Versatility: Airborne Soldiers are trained to operate in diverse environments, enhancing the Army's ability to conduct a wide range of missions.

## Teamwork and Leadership Development

- Cohesion: The shared experience of airborne training fosters strong bonds among Soldiers, enhancing unit cohesion and teamwork.
- Leadership Skills: Trainees are encouraged to take on leadership roles during exercises, helping to develop the next generation of military leaders.

## A Culture of Excellence

Airborne training at Fort Benning instills a culture of excellence and pride among Soldiers. The airborne wings are a symbol of achievement, and earning them represents a commitment to the Army's airborne mission.

- Tradition and Heritage: The airborne community has a rich history, and Soldiers are taught to honor the legacy of those who have served before them.
- Mentorship: Experienced airborne Soldiers often serve as mentors to new trainees, sharing their knowledge and experiences to help others succeed.

### Conclusion

In conclusion, airborne training at Fort Benning is a cornerstone of the U.S. Army's commitment to maintaining a highly skilled and rapidly deployable force. The rigorous training programs, steeped in history and tradition, prepare Soldiers for the challenges of airborne operations. From the Basic Airborne Course to advanced training, each phase is designed to develop the physical and mental skills necessary for success in the field. As the Army continues to adapt to evolving threats and challenges, the importance of airborne training at Fort Benning remains unwavering, ensuring that Soldiers are ready to meet any mission with confidence and competence.

## Frequently Asked Questions

## What is the purpose of airborne training at Fort Benning?

The purpose of airborne training at Fort Benning is to prepare soldiers for parachute operations and airborne missions, enhancing their tactical skills and readiness for deployment.

## How long does the airborne training program at Fort Benning last?

The airborne training program at Fort Benning typically lasts for three weeks, consisting of ground training, jump training, and actual parachute jumps.

# What are the requirements to enroll in airborne training at Fort Benning?

To enroll in airborne training at Fort Benning, soldiers must meet specific physical and medical requirements, including passing a physical fitness test and undergoing a medical evaluation.

# What types of jumps are taught during airborne training at Fort Benning?

During airborne training at Fort Benning, soldiers learn various jump techniques, including static line jumps, night jumps, and combat jumps, along with emergency procedures.

## What is the significance of Fort Benning in airborne operations?

Fort Benning is significant in airborne operations as it is home to the U.S. Army Airborne School, which has trained thousands of paratroopers and is a key facility for developing airborne tactics and leadership.

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