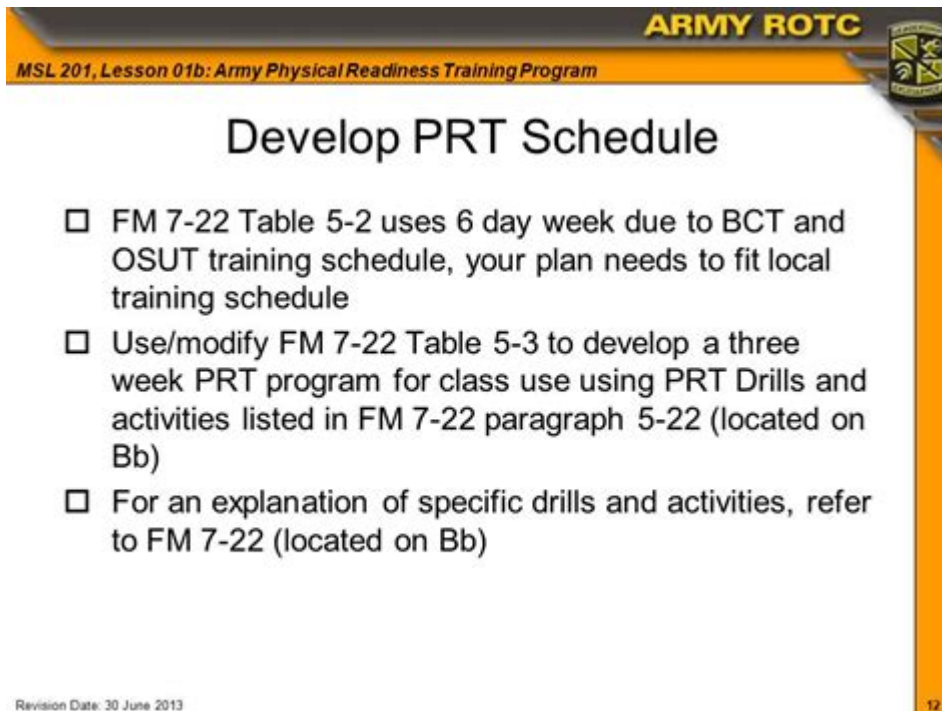


19d Osut Training Schedule



ARMY ROTC

MSL 201, Lesson 01b: Army Physical Readiness Training Program

Develop PRT Schedule

- ☐ FM 7-22 Table 5-2 uses 6 day week due to BCT and OSUT training schedule, your plan needs to fit local training schedule
- ☐ Use/modify FM 7-22 Table 5-3 to develop a three week PRT program for class use using PRT Drills and activities listed in FM 7-22 paragraph 5-22 (located on Bb)
- ☐ For an explanation of specific drills and activities, refer to FM 7-22 (located on Bb)

Revision Date: 30 June 2013

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19D OSUT Training Schedule is an essential component of the U.S. Army's training regimen for soldiers assigned to the 19D MOS (Military Occupational Specialty), which specializes in cavalry scouts. The One Station Unit Training (OSUT) format combines both Basic Combat Training (BCT) and Advanced Individual Training (AIT) into a cohesive program designed to prepare soldiers for their specific roles within the cavalry units. Understanding the structure and components of the 19D OSUT training schedule is crucial for recruits, their families, and anyone interested in the Army's training processes. This article will delve into the various aspects of the training schedule, providing an overview of the curriculum, timelines, and essential skills learned throughout the program.

Overview of 19D OSUT

The 19D OSUT program is a comprehensive training path that spans approximately 22 weeks. During this time, soldiers undergo rigorous physical and mental training to prepare them for the demands of their role as cavalry scouts. The training is designed to instill the Army values, develop essential soldiering skills, and equip recruits with the necessary knowledge to perform their duties effectively.

Structure of the Program

The 19D OSUT training schedule consists of two primary phases:

1. Basic Combat Training (BCT) - This initial phase typically lasts around 10 weeks and focuses on foundational military skills.
2. Advanced Individual Training (AIT) - Following BCT, soldiers transition into AIT, which lasts for approximately 12 weeks and concentrates on specialized skills specific to the cavalry scout role.

Key Components of Training

Throughout both BCT and AIT, the training encompasses various essential components, including:

- Physical Fitness: Soldiers participate in daily physical training (PT) sessions to develop strength, endurance, and overall fitness levels.
- Weapons Training: Recruits learn to operate and maintain a variety of weapons systems, including rifles, machine guns, and grenade launchers.
- Land Navigation: Soldiers receive instruction on map reading, compass use, and terrain association to navigate effectively in different environments.
- Tactical Operations: Training includes lessons on reconnaissance, surveillance, and enemy engagement tactics.
- First Aid: Basic medical training is provided to ensure soldiers can administer first aid in combat situations.
- Teamwork and Leadership: Soldiers engage in exercises that promote teamwork, leadership skills, and decision-making under pressure.

Detailed Training Schedule

A typical week during the 19D OSUT training program is structured to maximize efficiency and learning opportunities. Below is a breakdown of what a training week may look like.

Week 1-5: Basic Combat Training Phase

During the first five weeks, the focus is on basic soldiering skills. The training schedule may include:

- Monday to Friday:
 - 0500: Wake-up and physical training (PT)
 - 0630: Breakfast
 - 0730-1200: Classroom instruction (Army values, drill and ceremony)
 - 1200-1300: Lunch
 - 1300-1700: Field training exercises (FTX), including land navigation and basic marksmanship
 - 1700-1800: Evening meal
 - 1800-2100: Continuing education (tactical training, first aid)

- Saturday:
- 0800-1700: Full-day field exercise (applying skills learned during the week)
- Sunday:
- Rest and recovery day (optional study sessions)

Week 6-10: Transition to Advanced Individual Training

As the program progresses, soldiers begin to focus more on their specific roles as cavalry scouts:

- Monday to Friday:
- 0500: Wake-up and physical training (PT)
- 0630: Breakfast
- 0730-1200: Advanced classroom instruction (cavalry tactics, reconnaissance techniques)
- 1200-1300: Lunch
- 1300-1700: Practical exercises (weapons handling, vehicle operations)
- 1700-1800: Evening meal
- 1800-2100: Team-building activities and leadership development
- Saturday:
- 0800-1700: Large-scale field training exercise simulating real-world scenarios
- Sunday:
- Rest and recovery day (optional study sessions)

Week 11-22: Advanced Individual Training Phase

The final phase of the 19D OSUT program is dedicated to honing the skills required for the cavalry scout MOS:

- Monday to Friday:
- 0500: Wake-up and physical training (PT)
- 0630: Breakfast
- 0730-1200: Specialized training (vehicle operations, reconnaissance, and surveillance)
- 1200-1300: Lunch
- 1300-1700: Simulated missions and tactical operations
- 1700-1800: Evening meal
- 1800-2100: After-action reviews and debriefings to assess performance
- Saturday:

- 0800-1700: Comprehensive field exercise, emphasizing real-world application of skills learned

- Sunday:

- Rest and recovery day (optional study sessions)

Skills Acquired During 19D OSUT Training

Throughout the duration of the 19D OSUT training schedule, soldiers acquire a multitude of skills that are crucial for their success as cavalry scouts:

1. **Reconnaissance Techniques:** Learning to gather information about enemy positions, movements, and terrain.
2. **Combat Operations:** Understanding and executing various combat roles and missions.
3. **Vehicle Operations:** Gaining proficiency in operating military vehicles, such as the HMMWV (High Mobility Multipurpose Wheeled Vehicle).
4. **Communication Skills:** Mastering effective communication protocols, both in the field and during operations.
5. **Survival Skills:** Developing the ability to survive in diverse environments through proper planning and resource management.

Conclusion

The 19D OSUT training schedule is a critical pathway for soldiers aiming to serve as cavalry scouts within the U.S. Army. By integrating both Basic Combat Training and Advanced Individual Training into a single program, recruits gain a comprehensive skill set that prepares them to meet the challenges of their military roles. Through rigorous physical conditioning, specialized instruction, and practical application of learned skills, soldiers emerge from the program ready to contribute effectively to their units.

Understanding this training schedule not only helps recruits prepare for their journey but also provides insight into the dedication and commitment required to serve in one of the Army's most dynamic and challenging roles.

Frequently Asked Questions

What is the 19D OSUT training schedule?

The 19D OSUT (One Station Unit Training) schedule is a comprehensive program for cavalry scouts in the U.S. Army, combining basic training and advanced individual training into a single course typically lasting about 22 weeks.

What are the key phases of the 19D OSUT training schedule?

The key phases of the 19D OSUT training schedule include basic combat training, advanced individual training focusing on cavalry scout skills, and field exercises that emphasize reconnaissance and surveillance.

How often does the training schedule for 19D OSUT change?

The training schedule for 19D OSUT can change periodically based on updates to Army standards, operational needs, and feedback from prior training cycles, but major changes are usually communicated in advance.

What physical fitness standards are required during 19D OSUT training?

Soldiers are expected to meet Army Physical Fitness Test (APFT) standards, which include push-ups, sit-ups, and a two-mile run, with specific performance benchmarks that must be achieved throughout the training.

What equipment is commonly used in the 19D OSUT training schedule?

Common equipment used in the 19D OSUT training includes rifles, tactical gear, communication devices, and vehicles such as HMMWVs (Humvees) for practical exercises and simulations.

How does the 19D OSUT training schedule prepare soldiers for deployment?

The 19D OSUT training schedule prepares soldiers for deployment by providing them with essential skills in reconnaissance, survival tactics, and decision-making in combat scenarios, along with hands-on experience in field exercises.

What are the graduation requirements from the 19D OSUT training?

Graduation requirements from the 19D OSUT training include successful completion of all training phases, meeting physical fitness standards, passing a series of tests on cavalry scout skills, and demonstrating proficiency in tactical operations.

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